How to contact us:

AL Family Resource Center 4040 S 188th St., Ste 100 SeaTac WA 98188

> Located in the Angle Lake Community Services Building

Hours: 10:00 a.m.— 4:00 p.m.

Monday through Thursday Other hours by appointment

Telephone: (206) 816-3240 **Fax:** (206) 244-7547

Staff: Zac Eskenazi Ext-3241

zeskenazi@lcsnw.org Yo Hablo Español

Website: www.lcsnw.org



The Family Resource Center is a program of Lutheran Community Services serving families living in the City of SeaTac and surrounding communities.

LCS Family Support Centers...

Along with the Family Resource Center at The Village at Angle Lake, Lutheran Community Services manages five other Family Support Centers in King and Snohomish Counties and is looked to as an advocate and leader in the development of these centers. The professional staff at LCS works with residents to strengthen the communities. This results in people working together to mobilize their talents and resources and build stronger, more closely knit communities.

Lutheran Community Services
Northwest partners with individuals,
families and communities for health, justice
and hope.

Lutheran Community Services Northwest



Angle Lake
Family Resource
Center
Centro de Recursos
Familiar

Family Resource Center

Creating, Connecting, and Shoring Up Resources for Families

The Family Resource Center is:

- * A dynamic community-based, strengthbased program supporting the health and well-being of individuals and families through community partnerships.
- * A gathering place or "hub" where individuals, children, and families learn and grow, share support and information, connect and build friendships, access formal and informal resources, and together create a sense of community.
- * A grassroots program that fosters ownership and planning from the neighbors and community it serves.



What we promote:

Family Stability—We offer support programs that foster the well-being of children and families.

Community Connections—We build cohesive relationships between community and families through partnership.

Parenting Wisdom—We offer education programs that develop parent competencies and confidence.



The Family Resource Center has a beautiful kitchen available for cooking demonstrations.

The facility is available for use by groups and organizations looking to build community connections or offer service delivery .

We'd love to have you stop by, introduce yourself and take a look around.

What we offer:

Activities available at the Family Resource Center include:

- * Enrichment activities for children and families
- Parent education
- Community building events
- * One-on-one support
- * Parent/child early learning groups
- * English language skill building

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How you can help:

Volunteers are the heart of the Family Resource Center. We need **YOU** to be a light of concern for others, to be a witness of goodness in a mixed up age.

If you would like to become involved, please contact Zac.

Como puedes tu ayudar:

Los voluntarios son el corazon de Centro de Recurso Familiar. Nosostros te necesitamos! y tener consideración por otros, y ser testigo de de la buena voluntad en diferentes niveles.

Si te gustaria participar y envolverte mas en esta causa porfavor contacta a Laila al Centro de Recurso Familiar para mas informacion. Gracias por la donacion de tu tiempo y te esperamos.