City of SeaTac
2013 - 2014 Guide to Human Services Providers

SeaTac Police - Community Service Officer
Officer Eloise Kruger 206.973.4915
Officer Mechee Burnett 206.973.4917

Crisis Clinic
Community Info Help Line **Call: 2-1-1**
24-Hour Crisis Line **206.461.3222**
Website **www.crisisclinic.org**
Teen Link **206.461.4922**

Community Schools Collaboration
After School/Parent Involvement **206.901.2503**
After-school program at Tyee Service Area Schools to promote academic achievement and enrichment opportunities for SeaTac youth.

Catholic Community Services
Emergency Assistance **253.850.2532**
Provides emergency financial assistance to support basic needs, including shelter, rent, utilities and local transportation. **Fridays 10 AM - 12 PM**

Catholic Community Services
Volunteer Chore Services **206.328.5787**
Provides chore services to low income seniors and adults with disabilities to help them live independently; includes house and yard work, transportation and respite care.

Child Care Resources **206.329.5544**
Information & Referral **206.329.5333**
Provides child care information and referral services to parents; provides technical assistance and workshops to providers.

Domestic Abuse Women's Network (DAWN)
24-hour Crisis Line, Shelter Services & Advocacy
425.656.7867
Provides a confidential phone line to answer calls 24-hours, 7 days a week for victims of domestic violence in crisis and needing immediate resources.
Provides confidential shelter and advocacy services for victims and their children.

Des Moines Area Food Bank **206.878.2660**
22225 Ninth Ave. South, Des Moines
Provides food bank services and referrals.
Mondays, Wednesdays and Fridays 9 - 11:45 AM
3rd Tuesday of every month from 6 - 8 PM
3rd Tuesday of every month from 5 - 7 PM Dinner

HealthPoint
Primary Medical & Natural Medicine **206.277.7200**
Midway Dental **206.870.3600**
Provides health services to low-income, uninsured, and other City residents on a sliding scale fee. Medicaid/Medicare/Private insurance accepted.

Children's Therapy Center **253.854.5660**
South King Early Intervention Program
Provides therapy services for ages birth to twenty-one with developmental delays and disabilities.

Highline Area Food Bank
18300 Fourth Ave. S., Burien **206.433.9900**
Provides food bank services and referrals.
Tuesdays from 12:30 PM to 2:30 PM
Thursdays from 10 AM to 12 PM
2nd Tuesday of every month 5:30 PM to 7:00 PM

Hospitality House
Women's Shelter Program **206.242.1860**
Provides a nine-bed emergency shelter for homeless women including case management, social/life skills, employment support and advocacy.

Institute for Family Development
Parents and Children Together **253.874.3630**
Provides in-home family counseling to improve parenting skills, child behavior and overall family functioning.

Kent Youth & Family Services
Clinical Programs **253.859.0300**
Provides professional counseling services for youth and their families. Therapeutic work addresses risk factors and increases protective factors to allow individuals and families achieve optimal health

King Co. Bar Association **English 206.267.7090**
Housing Justice Project **Spanish 206.267.7091**
Walk-in clinic located in King County Superior Courthouses providing free legal assistance to low income residential tenants facing eviction
Monday – Friday; 8:00 - 10:30 AM

King County Bar Pro Bono Services Neighborhood Legal Clinics **206.267.7070**
Provides 30 minutes of free legal advice with attorneys regarding civil issues at one of 39 clinics throughout King County. Clinics in both general and specialty areas are available.

King County Sexual Assault Resource Center
Sexual Assault Services **1.888.998.6423**
Provides crisis intervention, information, therapy and advocacy to victims of sexual assault; 24-hour crisis line; prevention and education services.
Services provided in English & Spanish

Lutheran Community Services NW 206.816.3241
Village at Angle Lake Family Resource Center
Provides a variety of family and community building activities (education, information, resources and support) to refugees, immigrants and the general public.

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Literacy Source
ELL Services 206.782.2050
Provides learner centered instruction to adults in English literacy and basic life skills.
No Pre-registration required

Multi-Service Center
Emergency & Transitional Housing 2.1.1
Provides support services and housing to homeless families and individuals in crisis.

Emergency Assistance Program 253.398.2010
Provides emergency financial assistance for rent and case management services to assist residents.
Mon, Tues, Thurs & Friday, 9:00 AM – Noon

Energy Assistance Program
"24/7" Appointment line 1.800.348.7144
Provides emergency financial assistance to low-income households to pay energy bills.

Navos - Ruth Dykeman Children's Center
Outpatient Counseling Services 206.248.8226
Provides counseling services to families in crisis in the home, school or other community location.

New Futures at Windsor Heights - Southwest
Youth & Family Services 206.901.0180
Child and Family Support Services
Provides family support and after-school programs at Windsor Heights Apartments in SeaTac.

Refugee Women's Alliance 206.957.2029
Refugee/Immigrant Family Support Services
Provides intensive case management including referral and follow-up system navigation, and social services including emergency services.

SafeFutures Youth Center - Comprehensive Case Management 206.938.9606 ext. 106
Youth (ages 12-19) explore career and job readiness skills with the outcome of creating an individual academic plan for long-term engagement in school.

City of SeaTac Domestic Violence Prevention/
Cases 206.973.4634
Provides case management, advocacy, referrals, and support to survivors of abuse and education about domestic violence.

City of SeaTac Minor Home Repair
SeaTac City Hall 206.973.4815
Provides a variety of home repair services to low and moderate-income homeowners in SeaTac

City of SeaTac Recreation Scholarship
SeaTac City Hall 206.973.4815
Provides fee assistance for Parks and Recreation programs in brochure to income eligible residents.

King Co. Major Home Repair Program
206.263.9095
Provides major home repair for the City's low and moderate-income residents on a grant and/or loan basis.

Senior Services of Seattle/King County
Meals-on-Wheels 206.448.5767
Delivery of nutritious meals on a regular basis to eligible home-bound residents.

Senior Services of Seattle/King County
Volunteer Transportation 206.448.5740
Volunteer drivers provide round-trip transportation to the seniors 60 years & older to medical and other essential appointments.

Somali Community Services Coalition
General Social/ Employment Svcs. 206.431.5141
Provides services to refugees including family/youth support, housing assistance, counseling, employment support, advocacy/translation services, information and referrals.

Somali Youth & Family Club
Shah-Shah Early Foundations 206.246.5443
Program supports and builds the learning ability of pre-school aged children that stay home with parents and caregivers. Thursdays, 10:00 AM – 12:00 PM

South King Council of Human Services
Capacity Building 206.462.6644
Assists South King County agencies with technical issues; Connects funders to agencies; Brings other capacity builders to South County; Supports SKC coalitions and policy makers.

Tukwila Pantry
3118 South 140th Street 206.431.8293
Provides food bank services and referrals.
Tuesdays -Thursday & Saturday 12:30 - 2:30 PM
Tuesday Dinner 5:30 - 6:30 PM

Washington Women's Employment & Education
REACH Program 253.859.3718
Provides a five-week job readiness and computer training class to upgrade skills, work habits, attitude and employability of low-income residents.

YMCA Matt Griffin
Youth Programs 206.244.5880
Provides individuals and families access to nutrition and healthy activities.

YWCA
Transitional Housing Program 2.1.1
Provides emergency shelter and transitional housing to SeaTac homeless families.

Call 206.973.4815 or dial 2-1-1 for more information