

SENIOR CITIZEN ADVISORY COMMITTEE

Meeting Minutes

April 16, 2024
9:00 AM

SeaTac Community Center
206.973.4680

CALL TO ORDER: The Senior Citizen Advisory Committee meeting was called to order at 9:02 AM.

ROLL CALL: Present: Vicki Lockwood, Veena Mehta, Judy Beste, Teresa Powell, Delores Parks, Wayne Morgan. Excused: Cynthia Sipes

ADMINISTRATIVE STAFF: Linda Croasdill, Recreation Supervisor; Amy Oliverson, Recreation Program Specialist; Angel Taherazer, Community Outreach Strategist; Nicole Jones, Recreation Manager

APPROVAL OF MINUTES: Minutes dated March 19, 2024, were approved as written.

SEATAC CAFÉ UPDATE: The Tuesday Multicultural Lunch started two weeks ago and is going very well. The meals are being prepared at Spice Bridge and picked up just prior to serving. We've had about 25 people each week and have received a lot of positive feedback about the food. We will need to figure out how to accommodate additional people on the Tuesdays that we have AARP classes.

Starting May 1, the SeaMar group will be attending lunch on Wednesdays as well as Thursdays. This will bring our Wednesday numbers to around 120 or more. We will inventory dishes to make sure we have enough.

MONEY MANAGEMENT UPDATE: The Senior Program Fund statement from March 2024 was reviewed by the Committee. There were no contributions or withdrawals in March.

PURCHASES: Linda purchased new bands for the exercise class.

NEW BUSINESS: A new Zumba Gold class is being offered on Thursday mornings at 10:00 AM. The class has been very well attended by SeaMar participants and others. It is open to all seniors and the instructor is bilingual in Spanish.

OLD BUSINESS: King County should be informing senior centers who will be receiving Veterans, Seniors & Human Services Levy grant funds by the end of April.

We have our first line dance party this Friday afternoon. We're expecting a great turnout with over 50 people signed up so far.

FUTURE TOPICS: We are hoping to schedule a bunco party on Wednesday, June 5, 2024.

ADJOURNMENT: Meeting adjourned at 9:29 AM.