SENIOR CITIZEN ADVISORY COMMITTEE Meeting Minutes

June 20, 2023 9:00 AM SeaTac Community Center 206.973.4680

CALL TO ORDER: The Senior Citizen Advisory Committee meeting was called to order at 9:00 AM.

ROLL CALL: Present: Wayne Morgan, Judy Beste, Teresa Powell, Cynthia Sipes, Veena Mehta, Delores Parks, and Vicki Lockwood.

ADMINISTRATIVE STAFF: Linda Croasdill, Recreation Supervisor, and Angel Taherazer, Community Outreach Strategist

APPROVAL OF MINUTES: Minutes dated May 16, 2023, were approved as written.

SEATAC CAFÉ UPDATE: Senior van lunch pickups have increased. Five to seven people are being picked up daily. Wednesdays and Thursdays are becoming quite busy. On Thursdays there are typically 35 to 40 SeaMar clients. The Father's Day Lunch was very successful with 118 attendees. Ice Cream Treats for the luncheon were provided to us from Heights by Vintage SeaTac. Serving help from recreation and city hall staff was greatly appreciated.

Catholic Community Services will no longer allow menu changes outside of holiday meals. All sites must serve the same meals on the same days.

MONEY MANAGEMENT UPDATE: Reviewed the April statement for the City of SeaTac Senior Program Renton Regional Community Foundation. There have been no contributions since the last statement was issued.

PURCHASES: No current purchases needed at this time.

NEW BUSINESS: Teresa asked to change the description and name of the Indoor walking group to Seniors Working Out. The Summer Activity Guide has already gone to print, but it will be updated on the calendar and senior flyer.

There will be a new Meet and Greet activity for seniors new to the Senior Program. It will be held every first Friday at 10:00 AM to answer questions, introduce ourselves, and have a little fun with our new participants. This is a drop-in activity, and everyone is welcome to attend.

Emergency Response "Code Red" for Seniors: individuals can call and make an appointment with Amy or Linda to assist them with getting connected with Code Red. This service is for keeping the public updated with the most current information in the event of a disaster.

OLD BUSINESS: The committee viewed the Open Public Meetings Act training video.

The new adult services librarian at Valley View Library, Beatriz Esparragoza, will be leading a writing class on the second Friday of each month at 10:00 AM, starting July 14. She will also offer tech help appointments on the same afternoon.

The August advisory committee meeting is cancelled.

FUTURE TOPICS: Develop a survey for the seniors and discover their current interests.

OTHER INFORMATION:

ADJOURNMENT: Meeting adjourned at 10:05 AM.

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