

2021 - 2022 Guide to Human Services Providers

Apprenticeship and Non-traditional Employment for Women (ANEW) 206.381.1384

Provides employment navigation, training and support services for anyone who would like to earn a family wage career in the construction trades. www.aneawaop.org

Asian Counseling 206.695.7600

Provides mental health services to Asian Americans, Pacific Islanders and other underserved communities.

www.acrs.org

Catholic Community Services

Emergency Assistance 253.850.2523

Provides emergency financial assistance to support basic needs including shelter, rent, utilities and local transportation and food. Fridays 10 AM - 12 PM www.ccsww.org

Catholic Community Services

Volunteer (Chore) Services 206.328.5787

Provides chore services to low income seniors and adults with disabilities to help them live independently; includes house and yard work, transportation and respite care.

www.ccsww.org

Child Care Resources 206.329.1011

Provides child care information and referral services to parents; provides technical assistance and workshops to Licensed childcare providers. www.childcare.org

Crisis Clinic

Community Info Help Line - Call: 2.1.1

24-Hour Crisis Line: 206.461.3222 www.crisisclinic.org

Teen Link: 1.866.833.6546 www.866teenlink.org

Congolese Integration Network 253-344-6090

Provides basic needs, referrals, mental health and counseling service to those with limited English skills. www.cinseattle.org

Consejo Counseling & Referral Services 206.461.4880

Provides outreach & engagement, information and referral services, advocacy-based counseling, safety planning, legal advocacy and support groups.

www.consejocounseling.org

Domestic Abuse Women's Network (DAWN)

Domestic Abuse-Community Advocates

24-hour Crisis Line, Shelter Services, Advocacy, and Children's Programs 425.656.7867

Provides a confidential phone line to answer calls 24-hrs, 7 days a week for victims of domestic violence in crisis and needing immediate resources. Provides confidential shelter and advocacy services for victims and their children.

www.dawnrising.org

Des Moines Area Food Bank 206.878.2660

22225 Ninth Ave. So. South, Des Moines

Provides food bank services, referrals, school weekend backpacks, monthly cooking classes and summer meals for kids. www.myfoodbank.org

Mondays, Wednesdays and Fridays 9-11:45 AM

3rd Tuesday of every month from 6-8 PM

3rd Tuesday of every month from 5-6 PM Dinner

HealthPoint

Primary Medical & Natural Medicine 206.277.7200

Midway Dental 206.870.3600

Provides health and dental services to low-income, uninsured and other City residents on a sliding scale fee.

Medicaid/Medicare/Private insurance accepted.

www.healthpointchc.org

Highline Area Food Bank

18300 Fourth Ave. S., Burien

206.433.9900

Provides food bank services and referrals.

Tuesdays from 12:30-2:30 PM

Thursdays from 10 AM-12:30 PM

2nd Tuesday of every month 5:30-7 PM

www.highlineareafoodbank.org

Hospitality House

Women's Shelter Program

206.242.1860

Provides a nine-bed shelter for homeless women including case management, food, social/life skills, employment support and advocacy. www.hospitalityhousesouthking.org

King County Bar Pro Bono Services Neighborhood Legal Clinics 206.267.7070

Provides 30 minutes of free legal advice with attorneys regarding civil issues at one of 39 clinics throughout King County. Clinics in both general and specialty areas are available. www.kcba.org

King County Sexual Assault Resource Center

Sexual Assault Services

1.888.998.6423

Provides crisis intervention, information, therapy and advocacy to victims of sexual assault all ages; 24-hour crisis line; prevention and education services. Services provided in English & Spanish. www.kcsarc.org

Lighthouse Housing

206.824.8581

Provides transitional housing programs to break the cycle of domestic abuse and safe housing and resources to victims of domestic violence. www.lighthousenw.org

SeaTac Police Community Service Officer

Officer Regina Burke 206.973.4917

or Human Services Coordinator Kim Cooper 206.973.4815 or dial 2-1-1 for more information

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Lutheran Community Services NW 206.816.3250

Family Resource Center

Provides a variety of family and community building activities (education, information, resources and support) to refugees, immigrants and the public. www.lcsnw.org

Mary's Place 206.621.8474

Provides women, children and families experiencing homelessness respite, nutrition, safety and shelter.

www.marysplaceseatle.org

Multi-Service Center

Emergency & Transitional Housing 2.1.1

Provides support services and housing to homeless families and individuals in crisis. www.mschepls.org

Emergency Assistance Program 253.838.6810

Provides emergency financial assistance for rent and utility assistance to residents. Tuesdays 9:30 AM-Noon

Energy Assistance Program

"24/7" Appointment line 253.517.2263

Provides emergency financial assistance to low-income households to pay energy bills. www.mschepls.org

Partners in Employment 206.429.3824

Provides language acquisition, housing stabilization, services and resources to refugees and immigrants to obtain overcome barriers.

www.partnerinemployment.org

Puget Sound Regional Fire Authority

FD CARES Program Message only 253.856.2273

The Fire Department Community Assistance, Referrals and Education Services program, referred to as FD CARES, is a fire agency-based community injury and illness prevention program. www.pugetsoundfire.org

Renton Ecumenical Association of Churches-REACH 206.425.277.7582

Provides emergency shelter, legal and referral services to single women and families. www.reachrenton.org

Safe Futures Youth Center - Comprehensive Case Management 206.938.9606 ext. 106

At-Risk Youth (ages 12-19) receive case management, explore career, and create an individual academic plan for long-term engagement in school. www.sfyc.net

Sound Generations 206.448.5767

Meals-on-Wheels

Delivery of nutritious meals on a regular basis to Eligible homebound residents over the age of 60.

www.soundgenerations.org

Sound Generations

Volunteer Transportation 206.448.5740

Volunteer drivers provide round-trip transportation to the seniors 60 years & older to medical and other essential appointments. www.soundgenerations.org

SW Youth & Family Services/New Futures

Child and Family Support Services 206.937.7680

Provides family support and after-school programs at Windsor Heights Apartments in SeaTac. www.swyfs.org

Tukwila Pantry 206.431.8293

Provides foodbank services. www.tukwilapantry.org
Tuesdays & Thursdays, 10 AM-2:30 PM

Westside Baby 206.767.1662

Provides basic needs for children and babies

Monday-Saturday, 9 AM-4:30 PM www.westsidebaby.org

City of SeaTac

Domestic Violence Prevention/Cases 206.973.4634

Provides case management, advocacy, referrals, and support to survivors of abuse and education about domestic violence.

City of SeaTac Recreation Scholarship

SeaTac City Hall 206.973.4680

Provides fee assistance for Parks and Recreation programs in brochure to income eligible residents.

City of SeaTac Minor Home Repair

SeaTac City Hall 206.973.4815

Provides a variety of home repair services to low and moderate-income homeowners in SeaTac.

King Co. Major Home Repair Program 206.263.9095

Provides major home repair for the City's low and moderate-income residents on a grant and/or loan.

SeaTac Police Community Service Officer

Officer Regina Burke 206.973.4917

or Human Services Coordinator Kim Cooper 206.973.4815 or dial 2-1-1 for more information