

#### **PRESCHOOL INTEREST LIST**

We look forward to the time when we can provide a great program for our youngest clients. We hope to start our preschool program in fall 2021 or maybe spring 2021. If you would like to receive information about our future preschool programs, please call the SeaTac Community Center at 206.973.4680. Or follow us on Facebook.

https://www.facebook.com/cityofseatac



ed at Valley Ridge Community Center - Open 7:30 to 4

While we take a break from virtual learning, we've put together 7 days of great games, cool crafts, and fun activities that we can all enjoy while still social distancing and being safe.



WEEK 1: DECEMBER 21-23 \*No Camp Dec. 24th & 25th

WEEK 2: DECEMBER 28-31

\*No Camp Jan. 1st

WFFK

WFFK 1

\$20 deposit due per week at time of registration \*Deposits are nontransferrable/nonrefundable

# Week One

Marshmallow Snowman Ornament, Winter Bingo & Minute to Win it Challenges

12/22

Festive Moose Craft, Playdough & Break the Ice Game

12/23

Grinch Grapes, Fireplace Ornament & DIY Christmas Memory Game

12/28

Snow Slime, Felt Candy Cane Mice & Winter Themed Team Challenge

12/29

Hockey Puck Pizza Bagels, Clay Melted Snowmen & Naturescapes

12/30

Mad Libs, New Years Party Hats & Giant Word Scramble

12/31

Snowman Donuts, New Years Day Activity Books & a Movie with Friends

01/01

Register your child online at https://secure.rec1.com/WA/city-of-seatac/catalog or call in your payment to our front desk at 206.973.4680. For more information regarding our winter break camp, contact us at camps@seatacwa.gov



HSD VIRTUAL LEARNING HAS BEEN EXTENDED

# weeks of November - January now open for registration!

(all 206.973.4680 to reserve your spot

·Limited
Space·

SeaTac Parks, Community Programs & Services

Scholgrahip Avgilgble for SegTgc Residents

# YOUTH RECREATION ENRICHMENT CLUB

weekly Fee: \$100.00

# Location:

Valley Ridge Community Center 4644 S. 188th St. SeaTac Wa. 98188

# Hours:

Open Monday - Friday 7:30 am - 4:00 pm

# Program Info

With the 20-21 school year beginning with remote learning, the Youth REC has been developed to support your child(ren) during their daily school tasks while also providing a recreation component. Staff are onsite to support youth and keep them on task while doing remote school work and to provide recreational activities such as crafts, cooking projects, outdoor fun & more!

We are implementing recommendations from our state & federal agencies in order to keep our participants & staff safe. See the back of this flyer for information on what we are doing to maintain a safe & healthy environment.



# How to Register

1.Call the SeaTac Community Center at 206.973.4680.

2.Pay yearly registration fee & update paperwork.

3.Put down your \$20/week holding fees for weeks attending\*
You must contact us to pay your holding fees and reserve
your weekly space(s)

4.\*AUTO-PAY REQUIRED\* Fill out an auto pay form. Weekly balances will be ran the Monday of the week prior.

\*Holding fees are nonrefundable, nontransferable

Our staff are not trained educators. This program is meant to give youth a safe space to do daily school work independently and provide recreation activities.

Questions? Contact Nicole, Ashley, or Jessica at camps@seatacwa.gov or give us a call at 206.973.4680

# YOUTH RECREATION ENRICHMENT PROGRAM IMPORTANT INFORMATION & PROCEDURES

## DROP-OFF/PICK-UP INFORMATION

- SeaTac Youth REC hours are 7:30-4:00 pm
- Drop-off & Pick-up will be outside of the Valley Ridge Community Center in the loading zone. Please pull up to the loading zone, look for signage and staff.
- Staff will greet you outside when you arrive for drop-off and pick-up.
- We ask that parents do not enter the program space.



## SAFETY & HEALTH SCREENING MEASURES

- Health questionnaire & temperature check for all staff at the beginning of their shift each day and for all participants prior to entry each day.
- MASKS REQUIRED to be worn by both staff & participants at all times- other than lunch/snack.
- Social distancing/Limited sharing of supplies.
- Extra implemented cleaning.
- 1:10 ratio





#### PROGRAM ACTIVITIES

- Independent study time for remote learning, crafts, cooking projects, outdoor games & enrichment activities have been prepared to engage the participants in fun while following physical distancing and safety recommendations.
- Participants will have their own table space, cubby for personal belongings and box of craft supplies.
- Afternoon snack provided.

## WHAT TO BRING WITH YOU

- Lunch (Refrigeration/Microwave not available)
- Chromebook/school Issued computer
- Headphones
- School work
- A book to read during daily chill zone time
- A water bottle







#### **TEEN CENTER**

The Teen Center is currently closed. It may resume when schools reopen with in-person learning. The schedule provided below is for informational purposes only.

Location: Valley Ridge Community Center/Teen Center

DATES	DAYS	TIME	GRADES	FEE
Ongoing	M-Th	2:30-5 PM	7-12	Free
Ongoing	F	1-3 PM	7-12	Free



Oct. 15

(Thu)

4:30 PM

**RSVP FOR ZOOM INVITE** 

# THEME: INTRO & ROY A

Join us every Thursday for some leisure tween social hour, all you need is Zoom & Kahoot!



FOR QUESTIONS & TO RSVP 206-973-4680



#### **SEATAC COMMUNITY CENTER**

The SeaTac Community Center is currently closed to the public.

13735 24th Ave. S., SeaTac, WA 98168 206.973.4680

Hours:

Monday-Friday, 8:30 AM-5:00 PM Saturday - Closed Sunday - Closed

Holiday Closures:

Thanksgiving Holiday - November 26 & 27 City Furlough Day - December 24 (All City facilities closed.) Christmas Holiday - December 25 New Year's Holiday - January 1, 2021

#### **WEIGHT ROOM**

Weight room is currently not available.

#### **LOCKER ROOMS**

Locker rooms are not available at this time.

#### SENIOR PROGRAMS

#### Location

SeaTac Senior Program 13735 24th Avenue S. SeaTac, Washington 98168

The Senior Program is located adjacent to the community center.

#### **■ Phone Numbers**

#### 206.973.4690—Senior Desk

Senior desk is staffed by volunteers. Please call this number for general information about the Senior Program or to speak with Senior Program staff.

#### Hours of Operation

The senior center is closed until further notice due to Covid-19. Much thought and consideration went into this decision. Please see the current Senior Flyer for up-to-date information. The City will continue to monitor the updates and will resume normal programming as soon as possible.

#### Online Resources

#### Subscribe to SeaTac Senior Flyer Online!

Get all the latest news from the Senior Program delivered to your email inbox by signing up for eNotifications on the City of SeaTac website. Visit http://www.seatacwa.gov/how-do-i/sign-up-for/ enotifications/enotifier, fill in the form, click the envelope icon next to "Senior Newsletter", and submit. You'll be notified when our bimonthly flyer is posted, and you can unsubscribe at any time.

#### **Facebook**

Find us on Facebook at www.facebook.com/seatacseniorcenter.

#### **CONNECT WITH US BY EMAIL**

Would you like to receive the Senior Flyer and other updates by email? Keeping up to date with local happenings can be awfully difficult right now, but with circumstances changing day to day it's more important than ever to stay connected. If you use email, we want to connect with you! We'll send you the digital version of the Flyer with helpful links and keep you informed of changes in our programs and services as soon as they happen. Don't worry, we promise not to spam you! Just email aoliverson@seatacwa.gov and let us know you'd like to be added to our email list.

#### **LUNCHES TO GO**

Your SeaTac Café team is offering alternate meals for pickup three days a week. Our "drive-thru" will be open Tuesday, Wednesday, and Thursday each week from 11:45 AM to 12:30 PM, handed out on a first come, first served basis. Please enter the parking lot from the entrance on 24th Avenue S. and pick up your meal in front of the Senior Program doors. We will be waiting with your packaged meal for you to take home and eat. Meals are for 60 and over only and the suggested donation is \$4.50. We have 10-meal punch cards available for a suggested donation of \$45.00, which we encourage you to purchase in order to minimize cash handling at this time. (Please have checks ready, made out to CCS.)

#### THANKSGIVING LUNCHEON • TUES., NOVEMBER 17

Reservation required. A suggested donation of \$4.50 for everyone 60 & over. (Curbside service only.)

#### **MEALS ON WHEELS**

The City of SeaTac delivers Meals on Wheels to eligible persons living in SeaTac who are homebound and 60+ years of age. For more information, call the Senior Program staff at 206.973.4680.

#### **FOOD ASSISTANCE**

If you need food assistance, we have some nonperishable food items available at the senior program from a food pantry we have started. We also have other community based programs we are working with to help individuals get through this crisis. Please call us and we can give you more information, 206.973.4690. Please leave a message if we are not able to answer the call. We will get through this together!

#### **FACE COVERINGS AVAILABLE FOR SENIORS**

Free face coverings are available for seniors who are 55 and over. These face coverings are reusable and can be washed with soap and water, hang to dry and reuse. You can pick up two free face coverings per senior by car during our curbside lunch service hours, Tuesday-Thursday, 11:45 AM - 12:30 PM in the senior parking lot while supplies last. For more information, please call 206.973.4690.

#### VIRTUAL PROGRAMS

#### **ZOOM SOCIAL HOUR**

Fridays, 10:00-11:00 AM Click here to join on Zoom. To join by phone, call 1.253.215.8782 and when prompted, enter Meeting ID: 975 0052 7347.

#### **GRAB-N-GO CYBER CRAFTS**

Every other Monday, 1:00-2:00 PM Pick up a fun, easy craft kit from the Community Center, then craft with us on Zoom. Call 206.973.4690 to arrange a time to pick up your kit. Click here to join the meeting on Zoom. To join by phone, dial 1.253.215.8782 and enter meeting ID number 983 0319 7157.

- November 2 Autumn Acorn Napkin Rings
- November 16 Winter Sock Gnomes
- November 30 Holiday Wreath

#### **ONLINE CLASSES**

Comfort Keepers of South King County and their partners are offering online classes to help seniors improve all aspects of health and wellness.

To register for a class, email <u>southseattle@comfortkeepers.com</u> or call 1.253.945.1400 for more information.

#### **DOWNSIZING & MOVE MANAGEMENT**

Thursday, November 5, 11 AM

Presented by: Rightsizing for Seniors

Sponsored by: Comfort Keepers In-Home Care of South King County

- Do you own things, or do they own you?
- Reduce clutter by knowing how to start the process.
- Proven strategies to maximize your homes marketability.
- How to ease the physical process of moving.

# LEGAL APPOINTMENT RETURNING TO SENIOR PROGRAM

Free legal assistance with Mary Henderson, Attorney at Law. Mary Henderson returns to provide local seniors with a 30-minute appointment for free legal assistance. You must call the Senior Desk and make an appointment, 206.973.4690. There will be no drop-in appointments available at this time.

# SHIBA APPOINTMENTS FOR OPEN ENROLLMENT OR INSURANCE QUESTIONS ARE AVAILABLE

Steve Lewis, SHIBA volunteer is available to assist with open enrollment and other insurance questions you may have regarding your insurance coverage. Steve is currently making telephone appointments. (This may change in the near future to one on one appointments.) If you need an appointment, please call 206.973.4690 to schedule a time. Appointments usually take one hour. There is also the State Office of Insurance Commission available to assist you at 1.800.562.6900.

#### **FOOT CARE SERVICES NOW AVAILABLE**

Tina Williams, RN has returned to provide foot care services. Please call the Senior Desk to schedule an appointment, 206.973.4690. The cost of the appointment is \$35.

# SENIOR PROGRAM LIBRARY AND PUZZLE CHECKOUTS

Looking for an engaging read or new puzzle to keep you busy? Give us a call! We've got a wonderfully curated library with a wide variety of authors and genres. Let us know what you like and we'll find you a great read. We've also got oodles of puzzles of various difficulty we're happy to lend.

#### **WEIGHT ROOM**

The weight room is currently not available.