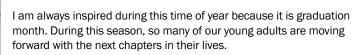


# **Message From The City Manager**



I have personally witnessed the Highline School District's remarkable dedication to our children. As a City, I believe we should follow their lead and demonstrate the same level of commitment to our young residents. While the school district's role is to prepare our children for the future, I believe we, as a City, have the important duty to take the necessary steps to create a safe environment for our youth, and enhance the City's infrastructure to support these young residents well into the future.

In order to do that, we, as a City, plan and execute projects that will leave young adults with a vibrant community that is capable of sustaining and growing them even further. I, and other City staff, observed and participated in a number of activities designed to prepare our youth for the future. Over the past few years, SeaTac City staff has engaged in student Mock Trials and job interview preparation. In addition, the City staff incorporated Tyee High School DECA students into the Comprehensive Plan review process. Through these interactions, your City staff demonstrated public service to our youth and exposed our graduates to public sector jobs and careers that may not have been on their radar.

I remember my high school graduation and what my plans were at the time. I can assure you, I had no idea I would be your City Manager 30-plus years after graduation. While being City Manager wasn't on my radar three decades ago, I couldn't be happier with the outcome.

It is important to remember that life is a journey and sometimes even the best laid plans upon graduation are rarely achieved. Occasionally, our current realities cause us to lose sight of some important facts. The truth is, the future can always be brighter and the secret to success is to never give up. I like to paraphrase a saying by Thomas Jefferson in which he pointed out that regardless of the magnitude of any failure, your best chance of success is always to do a little bit better today than you did yesterday.

Congratulations to every student who met their goals and experienced success. And for those of you that haven't reached all your goals, do not be too hard on yourself, just try to be a little bit better today than you were yesterday. This mindset will increase your chances of achieving your dreams.

**CARL COLE** • City Manager

## Appointed SeaTac Citizens

The City Council appointed or re-appointed the following individuals to a SeaTac Citizen Advisory Board/ Committee. We value their civic interest and willingness to be a part of the working team of our City.

#### COMMUNITY SERVICES ADVISORY COMMITTEE

Charrise Oden - 03/26/19 (re-appointed)

Jennifer Corona - 03/26/19 (effective 04/01/19)

Ruth Solero - 03/26/19

Jo Ann Hill - 03/26/19

PLANNING COMMISSION

Andrew Ried-Munro – 03/26/19
Teivir Basra – 04/09/19 (re-appointed)

SENIOR CITIZEN ADVISORY COMMITTEE

Charline Faulkner – 03/26/19

SIDEWALK ADVISORY COMMITTEE

**David Korthals** – 04/23/19 (re-appointed) **Kathleen Brave** – 04/23/19 (re-appointed)

AIRPORT ADVISORY COMMITTEE

**Doris Cassan** – 05/28/19 (re-appointed) **Craig Baker** – 05/28/19 (re-appointed)

### CITY DIRECTORY

Area Code 206

**CITY HALL** 973.4800

**CITY CLERK** 

973.4661

**CITY COUNCIL** 973.4810

CITY MANAGER 973.4810

**CODE COMPLIANCE** 973.4567

COMMUNITY & ECONOMIC DEVELOPMENT 973.4750

**COMMUNITY SERVICES** 973.4815

**EMERGENCY MANAGEMENT** 973.4745

FINANCE & SYSTEMS 973.4880

**FIRE DEPARTMENT** 253.856.4300

GARBAGE & RECYCLING 973.4763

**GOVERNMENT RELATIONS** & COMMUNICATIONS 973.4812

**HUMAN RESOURCES** 973.4650

INSPECTION LINE 973,4764

**JOB LINE** 973.4655

MAINTENANCE FACILITY 973.4770

MUNICIPAL COURT 973.4610

POLICE DEPARTMENT 973.4900

POLICE NON-EMERGENCY 296.3311

PUBLIC RECORDS 973.4663

PUBLIC WORKS 973.4720

**SEATAC COMMUNITY CENTER** 973.4680



#### **COVER PICTURE**

Sunflowers in the SeaTac Community Garden
PHOTO COURTESY OF:
CITY OF SEATAC/JANNA KUSHNERYK



#### **SEATAC CITY HALL**

4800 S. 188th Street SeaTac, WA 98188 www.seatacwa.gov

#### **CITY HALL MAIN LINE**

206.973.4800

#### **PRINTING**

Consolidated Press, Inc.

#### **EDITOR**

Kyle Moore kmoore@seatacwa.gov

#### **GRAPHIC DESIGNER**

Janna Kushneryk

#### **PARKS ACTIVITIES**

Gwen Rathe

#### **EDITORIAL BOARD**

Lesa Ellis, Deb McClung, Kyle Moore, Janna Kushneryk, Gwen Rathe

#### **SUMMER 2019 ::** VOLUME 2 • ISSUE 3

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### City in Excellent Financial Condition

Being a SeaTac City Councilmember at this time in the City's history is a wonderful thing. In 2015, the City was in financial trouble. The end of the year budget projections included a \$33

million total budget with \$4.7 million more expenses than revenue which would have put the City into a deficit.

Today, SeaTac is in a far different financial position. The City has a robust and growing budget of \$78 million across all funds, no projected deficit, and more than four months of contingency budget in the bank. In addition, with this new budget, the City was able to add seven new police officers. Also, the City has multiple public works projects starting this year with plans for two sidewalk projects next year, which is twice the City's normal schedule. Also the City has created a fiscal policy to prohibit increasing property taxes when the contingency account is fully funded. The City has not increased City property taxes in four years. You should know the budget is balanced and is sustainable until at least 2022.

Since 2016, the City has reviewed all contracts and has put all renewals out for public bid, guaranteeing the taxpayer that the best deal is made to make your taxes do more! The City has changed the way it does business with developers and builders, making the City more "business-friendly" and the result has been a spurt of construction projects, which you might have noticed.

We are proactively addressing community issues, such as the parking issue happening on 34th Avenue S. That community was plagued by people going to, or working at, the airport and parking for extended time in that area. Currently, we are implementing a Parking Permit Program to limit parking in that community while protecting residents' rights. We have also implemented a new Traffic Enforcement Team with two police officers on motorcycles who will be patrolling SeaTac's roads to keep them safer.

Much of these changes are happening because so many residents have taken the time to help the City by communicating issues that impact their lives. There are many ways for residents to participate in communicating with the City. Every City Councilmember has a phone contact and email address listed on the City website to make it easier for you to directly contact us, or email the council body at CityCouncil@seatacwa.gov. The City directory on the website lists the department heads if you would like to reach them. If you spot something you wish to report to the City for action, you can use our phone app, "See-Click-Fix" (and you can make reports anonymously).

Consider coming to a council meeting to share your thoughts with the entire council, during the public comment section. Or attend a council meeting to learn about ongoing actions and discussions that might affect you! This is your City and we appreciate the time a resident takes to contact us!

In closing, I thank all the residents who have taken the time to reach out to the council on matters which impact your life. It truly helps the council if we know what you think!

JOEL WACHTEL . Councilmember

### **Your City Council**



**ERIN SITTERLEY** Mavor Councilmember Position No. 7 206.475.3113 esitterley@seatacwa.gov



**CLYDE HILL Deputy Mayor** Councilmember 206.247.4693 chill@seatacwa.gov



**RICK FORSCHLER** Councilmember Position No. 1 206.397.5752 rforschler@seatacwa.gov



JOEL WACHTEL Councilmember Position No. 2 206.247.4694 jwachtel@seatacwa.gov



PETER KWON Councilmember 206.418.8033 pkwon@seatacwa.gov



STANLEY TOMBS Councilmember 206.450.6410



**PAM FERNALD** Councilmember Position No. 6 206.552.4761 pfernald@seatacwa.gov

### City Council Meetings

PLACE: Council Chambers at City Hall

DATES: 2nd and 4th Tuesdays

TIME: Regular Council Meetings 6:00 PM

To view Council agendas and minutes, meeting times and dates, please visit the City's website at www.seatacwa.gov. Meeting dates and times may change. Please reference the city calendar online or call the City Clerk at 206.973.4661 for the latest information.

City Council Meetings are streamed live and archived online. From the homepage, click on the SeaTV Online button. Council meetings and other programming is also available to Comcast subscribers on SeaTV Channel 21.

If you have any questions regarding the Council Meetings, please contact the City Clerk at 206.973.4661.

# **RASKC Licensing Your Pet:** Kai's Story

#### LOSING A DOG CAN BE A SCARY EXPERIENCE, BOTH FOR THE PET AS

well as for the owner. Kai, a male, part heeler and part shepherd, suffers from anxiety after being abandoned during the catastrophic floods in Houston caused by Hurricane Harvey. SeaTac resident Cesceani Langaman adopted Kai after he was brought to Washington. The family, recognizing Kai's anxiety, spent a full day with a behaviorist, which included check-ins via video conference.

"You put in a lot of time and energy when you have a dog and to lose him...it's crazy," said Langaman.

#### " I WAS IN TEARS...LOSING HIM...IT'S LIKE MY CHILD"

Cesceani refers to an evening at the end of October 2018 when the family went out to the symphony. Their neighbor had kindly offered to come over and walk Kai, when he suddenly broke out of his leash and ran off.

"It happened around 7:30 PM, but we didn't get the message until around 8:30 PM because that was when there was intermission," said Langaman. "As soon as we heard, we all jumped in the car and went looking for him."

The family spent all night looking for him, driving around, using dog whistles and even setting laundry on the front door step hoping the smell would help guide him

"I was in tears" admits Langaman, "losing him... it's like my child... he's my baby. We were just heartbroken...".

Luckily, just a few blocks from where Langaman lives, a neighbor came across Kai and brought him to the Regional Animal Services of King County (RASKC), the municipal animal shelter located in Kent. The next day Cesceani visited the RASKC webpage to report Kai being lost. A RASKC staff member received the post and called Cesceani within an hour after making the match.

"I arrived to the shelter and everyone was really nice. Kai was calm and cool and just so happy to be with them," said Langaman. "Then of course they said 'Mom's here!' and he just went crazy."

When asked about licensing Lanagaman responded with, "... I just beat myself that I didn't license him beforehand. Because you never think that it's going to be your dog. Now that I know, you can't imagine it'll happen to you. Now that he has one, it's never coming off."





### The 5 Benefits that come with a pet license

- 1. Found pets are reunited quickly with their owner. The Pet License office number is on the license. If someone finds your pet, they will call the number, get your contact information, even after hours, and reunite you and your pet.
- 2. Your pet gets a free ride home the first time it is found. Our staff will attempt to deliver your pet home to you immediately, skipping a trip to the animal shelter.
- 3. Your pet gets a longer care period. When found, your licensed pet will be safely cared for at the Pet Adoption Center for a longer time.
- 4. You and your pet get the Vacation Pet Alert. When you leave home on vacation, call 206.296.2712 to register where your pet will be while you are on vacation, who will be taking care of your pet and where to reach you. We will call the correct number if your pet gets loose during your vacation.
- 5. License fees support the return of hundreds of lost pets to their homes and help adopt thousands of homeless pets to new families every year. Pet license fees also fund investigation of animal neglect and cruelty, spay/neuter programs to reduce pet over-population, and community education services.





Wednesday, July 17 6-7:30 PM **SeaTac Community Center** 

Please join us for an informative community meeting regarding the City's first veterans memorial. This memorial will pay tribute to men and women military veterans of the past and present for their service. It will incorporate engraved bricks as a lasting way to remember our loved ones who have passed away, been killed in the line of duty, or who currently serve our country.

John Barker, Landscape Architect from Forrest Gardens, LLC, will provide conceptual design concepts to share with the community. The project will be completed by Veterans Day on November 11, 2019 for a ribbon cutting ceremony. In addition, we will share information about and examples of the engraved bricks that will be available for community members to purchase to honor their loved ones. For more information, please contact Lawrence Ellis, Parks, Community Programs & Services Director, at 206.973.4681.





### Please Do Not Feed the Waterfowl PROTECTING WILDLIFE AND COMMUNITY HEALTH & SAFETY

#### Waterfowl Poo is "Fowl"!

Large wildfowl populations leave a lot of droppings behind. A single Canada Goose can create as much as two to three pounds of waste per day. Between their heavy grazing of grass and ornamental plants, and their significant amounts of waste generation, a large flock of geese can make a backyard or park a very unpleasant place for people to spend time. These droppings are not only unsightly, they can also make people sick by adding bacteria, like E. coli, to our lakes and streams. Waterfowl feces can contribute to water quality problems such as summer algae blooms, and bacteria can accumulate to levels that make contact with the water unsafe.

#### Feeding of Wild Waterfowl Can Lead to:

**DELAYED MIGRATION** - Canada geese will completely change their migratory habits and take up permanent residence when conditioned by routine feeding.

MALNUTRITION - A normal diet for ducks and geese would consist of grass, seeds, and aquatic plants. Human foods lack the nutrients provided by these food sources. So when you feed bread, popcorn, and other foods to young waterfowl, it can literally result in bone deformities that can cripple them and keep them from ever being able to fly.

**PUBLIC SAFETY CONCERNS** - Feeding is not only potentially harmful to wildlife; it can also lead to significant health and safety risks for humans and domesticated pets as well. As wildlife becomes conditioned by human feedings, many species will actually alter their natural behaviors, resulting in adverse consequences. Interactions with humans during feeding can also lead to a loss of natural instincts to retreat from people. In fact, wildlife can actually exhibit more aggressive and territorial tendencies when conditioned to view people as a source for food.

IMPACTS ON PARK MAINTENANCE – Flocks of geese and the droppings they leave behind make surfaces very slippery and dangerous for park visitors. Extra time must be taken to clean up walkways to keep them safe. Sandy beach areas are especially difficult to clean. Once the sand is contaminated with feces, recreational enjoyment is severely impacted. The grassy lawn areas provide a food source for the geese. A flock feeding on the grass can leave large bare areas of dirt. These areas must be seeded with grass continually or weeds will germinate and grow. Large patches of weeds in lawn areas are unsightly and increase the frequency of herbicide applications to control the weeds.

Feeding of waterfowl is not beneficial - it has negative ecological, environmental, and social consequences. Please do not feed the waterfowl.

### **HIGHLINE'S HISTORY GETS A NEW HOME**

#### **Highline Heritage Museum Opens**



Soon, Southwest King County will be home to a new cultural institution—the Highline Heritage Museum, From exhibits to public programming, the new museum will connect the Highline

community to the rich history of the Highline area encompassing the same jurisdictions served by the Highline School District.

"We are creating a bridge from Highline's earliest history to the newest immigrant stories," says Highline Heritage Museum Executive Director Nancy Salguero McKay. "We are creating a place where visitors can connect with these stories and with each other. We envision ourselves sitting at a round table where no one is the leader and stories are heard respectfully regardless of gender, age, sexual orientation, disabilities, or ethnicity. History is a personal matter to everyone."

The exhibits will help visitors connect history to their own life experiences as well as encourage people to contribute their own stories. The Museum has collected 300 oral histories of Highline residents, including the stories of several "Lost Boys of Sudan" who were adopted by families in SW King County. The new museum will include "heritage trees," an interactive exhibit that invites people to share their own personal heritage. The Museum will also house a Densho exhibit, where people of Japanese descent can contribute their own family's history to a large database of Japanese history.

The Pacific Northwest Railroad Archive, located on S.W. 153rd Street, is contributing materials about the Toonerville Trolley, a small passenger train that ran up and down on what is today Ambaum Boulevard from Burien to White Center to Seattle. A rotating exhibit featuring Highline School District collections will be on display, as well as a 65-foot long timeline of the Highline School District from 1870 to the present. And a World War I memorabilia exhibit will tell the story of the Des Moines Memorial Drive living highway and World War I memorial.

When asked what makes Highline's history unique, Cyndi Upthegrove, former Board of Trustees president and Burien Citizen of the Year, says "people had to be self-sufficient in Highline's early days. We have heard many stories of resilience from those who were alive during the Great Depression."

Visitors to the Museum will be greeted by a City of SeaTac sponsored lifesize replica of the megalonyx jeffersonii (Giant Sloth) discovered during the construction of Sea-Tac Airport. Visitors will be given maps to where it was discovered.

But the Museum will house much more than physical artifacts. The Museum will open in the mornings for school groups and activities for children. The Museum will also offer genealogy classes, a children's story hour, and more! The space will also be available to rent for special functions.

The Highline Heritage Museum opened June 14, 2019 and is located at 819 SW 152nd Street, Burien, WA 98166.

To learn more about the museum or see the hours of operation go to this link https://highlinehistory.org.

### SeaTac Partners with State on **Business Licenses**

The City is excited to announce its partnership with the state Business Licensing Service (BLS). BLS is a clerical services clearinghouse that handles application and renewal processing and payments in a simplified process for businesses. The City completed the transition to BLS June 13, 2019.

BLS benefits to businesses:

- One-stop, online business licensing for hundreds of state and City license types
- Intuitive licensing "wizard" for new applicants
- Fast online application and renewal
- Multiple payment options, including "e-check" with no payment-processing fee
- City limits locator (GIS) to ensure licensing with the appropriate city or cities
- On-demand license printing
- No trip to City Hall
- Toll-free and online customer service

Apply online at: www.bls.dor.wa.gov

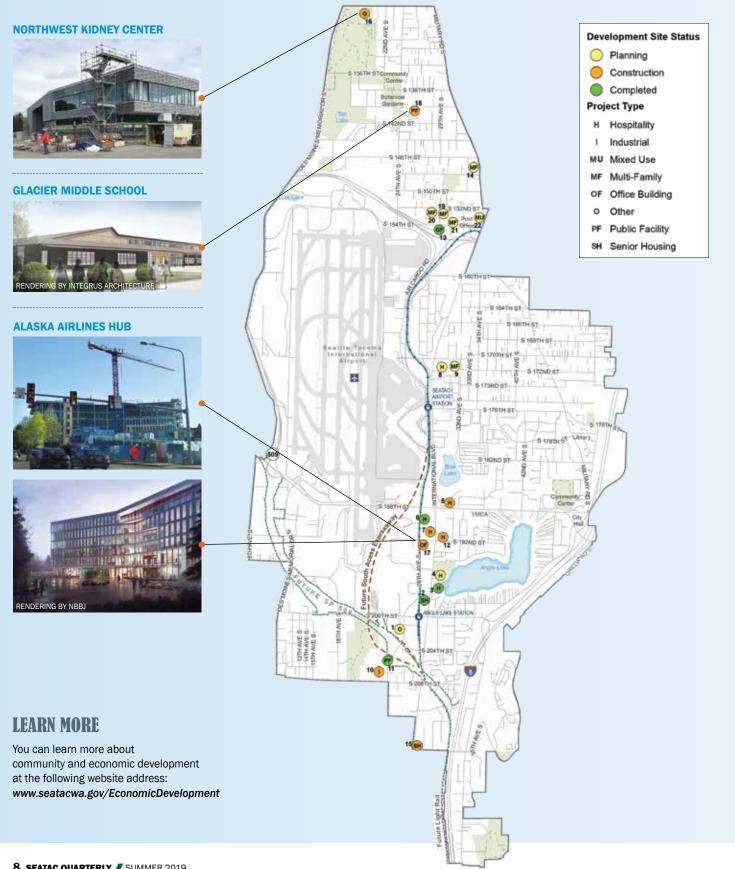


Council positions up for election in 2019. Information on the candidates, registering to vote, and upcoming election dates can be found at www.kingcounty.gov/depts/elections.aspx.

# **Holiday Closure**

SeaTac City Hall and Community Center will be closed on Thursday, July 4th, for Independence Day.

### UNDER CONSTRUCTION



#### CHECK OUT SEATAC'S COMMERCIAL DEVELOPMENT ACTIVITY

#### RECENT PROJECTS IN THE REAL ESTATE DEVELOPMENT PIPELINE

The list below highlights a few projects you will see around the City that are actively undergoing construction.

#### **HOSPITALITY**

 Wingate Hotel by Wyndham International Blvd, close to S. 192nd Street

#### **HOUSING**

• Vintage Retirement Homes S. 211th Street, east of the Des Moines Safeway

#### **PUBLIC**

 New Glacier Middle School on former high school site 2450 S. 142nd Street

#### COMMERCIAL

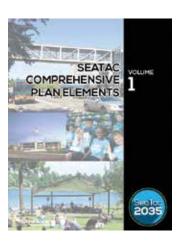
- Alaska Airlines Hub corporate campus expansion project S. 192nd Street and International Blvd.
- NW Kidney Center 12901 20th Avenue S.

#### **SEA-TAC INTERNATIONAL AIRPORT**

• The Airport has multiple projects currently under construction. You can find more information at the following website address: www.portseattle.org/projects/ airport-projects

#### **MAP KEY**

- 1. Wright Runstad
- 2. Reserve at SeaTac 289 Senior Apt. Units (2017)
- 3. Marriott Residence Inn 165 Rooms (2018)
- 4. Hotel (TBD)
- 5. Hilton Garden Inn 152 Rooms (Spring 2019)
- 6. ALOFT Hotel 143 Rooms (2018)
- 7. Wyndham Wingate Hotel 128 Rooms (2019)
- 8. Hyatt Place and Hyatt House 381 Rooms (2020)
- 9. Apartments 90 Units
- 10. IAC Commerce Center (Spring 2019)
- 11. 28th Avenue Extension Project (2017)
- 12. Country Inn Expansion 120 Rooms (2019)
- 13. Scoccolo Office Building
- 14. New Apartments 18 Units
- 15. SeaTac Senior Housing 170 Units (2019)
- 16. Northwest Kidney Center (2019)
- 17. Alaska Airlines Hub
- 18. Glacier Middle School (2019)
- 19. Highlane Townhomes 24 Units
- 20. Victoria Townhomes 12 Units
- 21. WP Townhomes 4 Units
- 22. Inland Group Mixed Use 680 Units



# **MAJOR PLANNING PROJECTS**

#### 2019 Comprehensive Plan **Amendment Process**

The Planning Commission and Planning & Economic Development (PED) Committee started reviewing 11 amendment proposals in May. Next steps include the City Council's establishment of the Final Docket in July, and additional review and analysis of the proposals through the summer.

To find out more about these planning projects, please see: www.seatacwa.gov/ planningprojectsunderway

#### **City Center Plan Update**

City staff continues to work with the area's business and residential communities to re-examine the Plan and update its 20-year vision and growth strategy. See the project website at the link above for opportunities to share your ideas.

### **LEARN MORE**

For more information about these projects, contact Kate Kaehny at 206. 973.4750, or kkaehny@seatacwa.gov, or come to City Hall and talk to Planning Division staff.

# PUBLIC WORKS CONSTRUCTION **UPDATES**

#### **MILITARY ROAD S. & S. 152ND STREET PROJECT**

**LOCATION:** Military Road S. (between S. 150th Street & S. 152nd Street)

**PROJECT DETAILS:** This project will construct sidewalks and bike lanes on both sides of the street, new lighting, landscaping, new traffic signal at Military Rd S. & S. 152nd Street, and a new mid-block flashing pedestrian crosswalk. Construction started in early June. For more information, please contact Kamal Mahmoud at 206.973.4742 or kmahmoud@seatacwa.gov.

#### IN DESIGN: S. 200TH STREET SHARED USE PATH

LOCATION: S. 200th Street (between 12th Place S. & the Des Moines Creek Trailhead)

**PROJECT DETAILS:** Construction of a new separated shared use path along S. 200th Street that will provide a pedestrian connection to street improvements that are being constructed at the intersection of Des Moines Memorial Drive S. & S. 200th Street, and a connection to existing pedestrian and bicycle facilities accessing the Angle Lake Light Rail Station. Construction will begin in summer 2020. For more information, please contact Colum Lang at 206.973.4744 or clang@ seatacwa.gov.

#### 2019 OVERLAY PROJECT

**LOCATION:** Des Moines Memorial Drive S. (between S. 128th Street and S. 136th Street).

PROJECT DETAILS: This project will overlay new pavement along Des Moines Memorial Drive S. between S. 128th Street and S. 136th Street. Construction started in late May and will be complete by the end of August 2019.

# DES MOINES MEMORIAL DRIVE S. & S. 200TH STREET INTERSECTION PROJECT

**PROJECT DETAILS:** In conjunction with the City of Des Moines, intersection improvements will include traffic signal improvements, turn pockets, sidewalks, bike lanes, utility undergrounding and drainage improvements. Construction is scheduled to start in summer 2019. For more information, please contact Colum Lang at 206.973.4744 or clang@ seatacwa.gov.

#### COMPLETED:

S. 166TH SIDEWALK SAFE ROUTES TO SCHOOL PROJECT

LOCATION: S. 166th Street between 34th Avenue S. & Military Rd S.



## Planning a Car Wash Fundraiser?

By checking out a FREE fish-friendly car wash kit from the City, fundraising groups can help keep harmful soaps and toxic metals from running into the Puget Sound. Or consider a professional car wash organization (e.g. Puget Sound Car Wash Association or Brown Bear Car Wash) charity ticket program for your fundraising event.



**Contact Water Quality Technician Tom George** at 206.973.4753 tgeorge@seatacwa.gov for more information or to reserve a FREE car wash kit. For more information regarding the problems facing the Puget Sound, along with workable solutions that we can adopt into our everyday actions to reduce pollution of the waters, visit www.pugetsoundstartshere.org.

### **Spring Recycling Event** a Success!!

The City hosted the Spring 2019 Recycling Event on April 6, 2019 and despite the rain had a 61% increase in participation from the previous event. Residents were excited to bring newly accepted items, Compact Fluorescent Light Bulbs (CFL's) and latex paint as well as all the other normal items: shredding, batteries, tires, scrap metal, electronics, used motor oil, and porcelain to the event. Be sure to watch your mail for the Fall Recycling Event announcement.



# **Curb Marker Program** Volunteer Opportunities Available

It is a very common misconception that stormwater is treated before it reaches streams and lakes. Installing stormwater curb markers reminds people that storm drains are for rainwater only. Curb markers are easy to install and are available to volunteer groups from May 1-October 31. For more information, contact Mason Giem at 206.973.4763.



# Recycling Upďate

The recycling world is changing. China continues to not accept recycling and the impact is being felt right here in SeaTac. Other countries that accept American recycling materials are reducing their levels of acceptable contamination. This forces recycling sorting facilities, like ours at Recology CleanScapes, to do a better job at reducing contamination in the recycling stream. Recology is investing in new sorting equipment and slowing down their sorting line. You can help by making sure only empty, clean and dry recyclable items are put into the recycling containers. To learn more visit: https://www.recology.com/ recology-cleanscapes/seatac

#### LITTER CLEAN UP KITS AVAILABLE

Take pride in the cleanliness of your neighborhood and organize a litter pick-up event. The City offers garbage pickers, gloves, safety vests, and garbage bags for any person or group willing to help pick up litter in SeaTac. Contact program manager Mason Giem at 206.973.4763 to learn more.



#### **GRASS AND TRASH**

With summer arriving, now is the time to enjoy the great outdoors. To nobody's surprise, we are not the only ones that love to embrace the sun. Others that love to thrive in the heat are our grasses, trees, flowers, and even those pesky weeds that we work so hard to get rid of. It's important to continue to maintain and control the vegetation on our properties, so remember to keep your grass cut and the weeds down in order to comply with the 12-inch maximum height allowed by our municipal code.

The summertime also welcomes fun and festivities, and with festivities comes an abundant amount of trash. During the summer season, the City receives an increase in complaints about garbage and rodents. As good neighbors, let's work to keep the rubbish away and the rodents at bay, all while maintaining our vegetation and disposing of our refuse. Please help us to control the waste that you produce by keeping it in cans with tight-fitting lids, and dump your garbage more frequently if you self-haul your waste.

Learn More: For more information call 206.973.4567 or visit the Code Compliance webpage at www.seatacwa.gov/codecompliance



# Community Police Academy (Adult)

The Community Police Academy is a 12-week course for community members aged 18 and older, to learn about law enforcement. The course allows community members, who live or work in SeaTac or Burien, to gain a better understanding of the criminal justice system, to learn about the challenges facing law enforcement today, and to understand the resources utilized by officers in the area. The Academy also provides community members an understanding of how to assist officers and increase safety in their neighborhoods. Topics covered include: K-9 search and rescue, air support, marine operations, crisis negotiations, defensive and de-escalation tactics, and many more. Classes are from 6-9 PM on Wednesdays from September 11 to November 30, 2019. If you wish to apply for this session, please download an application at: www.seatacwa.gov/ CommunityPoliceAcademy or pick up an application at the SeaTac or Burien Police Departments.

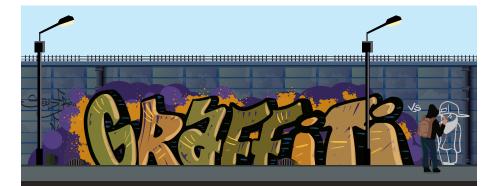
## **Teen Police Academy**

The Police Academy is a one-week course for teens to learn about law enforcement. The course provides community members, aged 14-18 who attend school in the Highline School District, a better understanding of the criminal justice system, increased knowledge about the challenges facing law enforcement today, and the awareness of resources utilized by officers in the area. It also provides teens an understanding of how to assist officers and increase safety in their neighborhoods. The course is also a good introduction for those interested in pursuing a career in law enforcement. Topics covered include: K-9 search and rescue, air support, marine operations, crisis negotiations, defensive and de-escalation tactics, and many more. The academy will be held the week of August 5-9, 2019 and applications are being accepted now. If you wish to apply for this session, please download an application www.seatacwa.gov/TeenPoliceAcademy or pick up an application at the SeaTac or Burien Police Departments.

#### NEW MOTORCYCLES FOR SEATAC POLICE

Congratulations to Deputy Kevin Shoblom and Deputy Matt Chapman, Washington State's two newest motorcycle or Motor Officers. The two officers proudly represented the City of SeaTac/King County Sheriff's Office and earned Motor Wings in a very demanding Certification Course. The bikes, and the officers on them, were paid for through the Interlocal Agreement with the Port of Seattle. These Motor Officers are actively addressing traffic problem areas within the City.





### **GRAFFITI SHOWING UP AROUND TOWN**

Graffiti is unauthorized writing or artwork made on fences or walls in places viewed by the public. Some may be related to gangs who mark their "territory" and can cause neighborhoods to be perceived as undesirable. It is becoming an increasingly common reported code violation within the City.

Graffiti is a form of vandalism, defacing public and private properties. Please call 9-1-1 if you see graffiti or "tagging" in progress.

As a reminder, per City Code, the affected property owner is responsible for removing or painting over graffiti on their property. If you have become a victim of graffiti, please do your best to remove it immediately. Community Service Officers (CSO) offer graffiti removal kits, which work great for cleaning small smooth surfaces (such as a mailbox). You can contact a CSO at 206.973.4900. Larger affected areas (like a fence) will require a more significant effort. If your neighbor has become a victim of graffiti, consider helping them out with both paint and your labor.

#### **SWIM SAFE IN SEATAC**

Some of the best parts of living in, or visiting, the Northwest are the easily accessible lakes and rivers, and the recreation they provide. Unfortunately those same bodies of water can pose a hazard to the unwary.

Each year across the nation, more than 3,000 people die from drowning. In King County, an average of 31 people drown every year. In addition, drowning is the leading cause of unintentional injury death for children ages one to 17. One in five people who die from drowning are children 14-years-old or younger, and for every death, five children are seen in emergency rooms.

> The City has several lakes and numerous hotel pools that can pose a potential hazard to the unwary. Help your firefighters keep our residents and visitors safe by observing some basic water safety rules:



- Supervise children at ALL TIMES.
- Take swimming lessons and never exceed your abilities.
- Go to bodies of water that you are familiar with.
- Always wear a well-fitting Coast Guard approved life jacket when near or in water.
- Remember that boating/swimming and alcohol are a dangerous combination.
- Always swim with a buddy.
- Notify others of your plans to be on the water and a return time.
- Take a cell phone with you.

- Obey boating laws and rules for the particular lake you are on.
- Watch for swimmers, those fishing, and other boats/watercraft.
- Know ahead of time about any underwater obstructions such as tree roots or branches.
- Swim at lakes that have life guards.

#### **POOLS**

- Swim at pools with life guards.
- Supervise children at all times.
- Floating or inflatable toys are not a safe substitute for a life jacket.

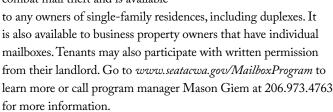


The Permit Parking Program has officially begun. On May 1, 2019, the City started enforcing new three-hour parking standards in the McMicken Heights neighborhood. Look for the new signs to be sure you are not parking in the zone without a permit for longer than three hours. Only residents or business owners in the zone are allowed to get a permit. To learn more about the program, visit: www.seatacwa.gov/PermitParkingProgram



LOCKING MAILBOX **PROGRAM** 

The Locking Mailbox Program continues to be a success with more than 181 mailboxes sold. In a recent survey, more than 80% of respondents said they would recommend the program to others. The Locking Mailbox Program helps combat mail theft and is available







# **Events**



# Link the WORLD A Music & Arts Festival

Come and join us at the Angle Lake Light Rail Station on Saturday, June 29 from 12–6 PM for our first annual 'Link the World' music and arts festival. This event will feature an assortment of art from local artists, a variety of musical entertainers, and local dance groups. In addition, amazing food will be available to purchase from local entrepreneurs through the Food Innovation Network. Check out the event webpage at <a href="https://www.seatacwa.gov/LinkTheWorld">www.seatacwa.gov/LinkTheWorld</a> for more information.

#### **Entertainment Schedule**

Noon **Tim Oliverson** – Opening Event (Scottish Highland Bag Pipes)

12–1:30 PM James Whetzel (Sarod/Palm Wine Guitar/Beats Stuff)

1:30–2 PM Spoken Word

2–3:30 PM Byron Street Swing (Gypsy Jazz)

4–5:30 PM Alfredo Chavez (Latin American & World Music)



#### YMCA PASSES FOR SEATAC RESIDENTS

SeaTac residents may swim at the YMCA by purchasing a punch card for \$7. Punch cards can be purchased at the SeaTac Community Center by showing proof of residency (valid driver's license and a recent utility bill.) Each punch card has ten punches for individual visits to the Matt Griffin YMCA. Limit of six punch cards per household per year. For more information, call the SeaTac Community Center at 206.973.4680.



### **FAMILY FOURTH OF JULY**

THURSDAY, JULY 4 • ANGLE LAKE PARK

CHILDREN'S BOUNCERS

Bouncer Hours: Noon-8 PM

LIVE ENTERTAINMENT

Hours: 1-10 PM

FIREWORKS SHOW • 10 PM

For event information, see back cover.

### NEIGHBORHOOD FUN IN THE SUN

August 14, 12-3 PM

McMicken Heights Park

Free Community event for all ages.

Magician | Bouncers | Face Painter

Lunch is available at 11:30 AM for kids up to 18 years of age provided by Des Moines Area Food Bank.

### MUSIC IN THE PARK

#### **SUMMER CONCERT SERIES 2019**

#### ANGLE LAKE PARK

19408 INTERNATIONAL BLVD. **SEATAC • 6:30-8 PM** 

#### WEDNESDAY, JULY 10 **COPASTETIC**

A high energy charismatic band. Playing ol'school funk/RB, dance party hits with some classics. They definitely get the party started.

#### WEDNESDAY, JULY 17 **BIRCH PEREIRA &** THE GIN JOINTS

With Birch Pereira's old soul tenor voice and his skilled bass playing, the Gin Joints offer captivating arrangements of well-crafted originals and well-chosen covers. The band features skilled and versatile musicians who share the same love of the American song traditions and the desire to offer fresh interpretations.

#### WEDNESDAY, JULY 24 **BLACK STAX**

Black Stax "stacking all forms of black music", has a unique urban sound that successfully blends and bends a myriad of genres to defy classification. Their thoughtfully and theatrically produced performances showcase songs that carry messages of social justice and community uplift.

#### **RIVERTON HEIGHTS PARK**

**3011 S. 148TH STREET** SEATAC • 6:30-8 PM

#### WEDNESDAY, AUGUST 7 **CHAMPAGNE HONEYBEE**

Singer/songwriter, Rani Weatherby, her trusty ukuleles, and talented backing band, is a mix of contemporary jazz, blues, folk, and ukulele soul.

#### **WEDNESDAY, AUGUST 14 PLATINUM SOUL**

A musical ride full of funky hits, cool grooves, and good times, generating excitement and enthusiasm that will have you on your feet dancing.



Black Stax

CULTURE 4Culture.

Concerts are sponsored by the City of SeaTac and supported by

### **COMMUNITY KITCHEN NIGHTS**

#### WEDNESDAY, JULY 24 • OPEN AT 6:00 PM HIGHLINE SEATAC BOTANICAL GARDEN

Community Kitchen Nights are a partnership program with the Food Innovation Network (FIN) and an opportunity to come and enjoy an amazing meal composed of dishes from around the world. During this popular event, our chefs will share the history of the dish and culture that they represent. Join us for an amazing cultural event where we learn about our neighbors and eat some incredible food. This is a free event, but pre-registration is required at the SeaTac Community Center. Please call 206.973.4680 to register.

Are you interested in helping prepare the dishes? There are limited kitchen assistant spaces available for everyone 15 years and older. Contact the SeaTac Community Center to register.

# **Seattle Storm Community Practice**

TUESDAY, JULY 30 5:30-7:30 PM

Tyee High School 4424 S. 188th St., SeaTac

The WNBA World Champions Seattle Storm are returning to the City of SeaTac to conduct their community practice. Come see Sue Bird, Brianna Stewart, and the other players up close and personal. Girls and boys, ages 6-14 can participate in games and contests, win prizes, receive autographs from Storm players and Doppler, and watch the Storm Dance Troupe perform on court. First 200 fans will receive a free t-shirt, basketball, and tickets to StormFit Night on August 25 vs. Indiana Fever presented by Kaiser Permanente. This is a free event brought to you by Seattle Storm and Kaiser Permanente and hosted by the City of SeaTac and Seattle Southside Regional Tourism Authority.







#### THEATRE IN THE PARK

Bring a blanket or lawn chair to enjoy these theatre performances. Please note that we are offering performances both at Angle Lake Park and Riverton Heights Park. For performances at Angle Lake Park, additional parking is available at Alaska Airlines located north of the park during the show only.



#### **■ ROMEO AND JULIET** FRIDAY, JULY 19, 7:00 PM **ANGLE LAKE PARK**

From first shy glance, to a stolen moment away from disapproving eyes, to whirlwind romance that races to a dire conclusion, two love-struck teenagers risk

everything to be together. Caught between their feuding families, Romeo and Juliet struggle to overcome generations of hatred and build a world where their love can thrive. Twists and tragedy hinder their desire to be together until they decide to take a chance on a daring scheme that hurtles them to their final fate.

#### ■ TWELFTH NIGHT

#### FRIDAY, JULY 26, 7:00 PM **RIVERTON HEIGHTS PARK**

After a shipwreck separates Viola from her twin brother. so begins a whirlwind of mistaken identities and unrequited love on the coast of Illyria. Ever resourceful, Viola disguises herself, sets out to conquer this strange land, and starts serving as a go-between for two lovesick



households. When she falls in love with her employer, Viola gets caught up in a romantic knot that she must untangle. Just when things stretch to the brink of bedlam, her twin appears and the puzzle pieces come together.

#### ■ THE IMPORTANCE OF BEING EARNEST

#### FRIDAY, AUGUST 9, 7:00 PM ANGLE LAKE PARK

Burien Actors Theatre is presenting a production transporting Oscar Wilde's wonderfully witty masterpiece, The Importance of Being Earnest, from Victorian London in the 1890s to Seattle in the 1980s. Both time periods saw big changes in politics, women's rights and fashion. This will be a one-act version of the play.



**FREE TICKETS TO WOODLAND PARK ZOO** 

> The Parks, Community Programs and Services Department has partnered with the City of Seattle Woodland Park Community Access Program, where they provide free admission tickets to low income communities to visit Woodland Park Zoo. Complimentary tickets are now available at the SeaTac Community Center, while supplies last. The limit is four tickets per household. For more information, please contact the SeaTac Community Center at 206.973.4680.

### **Free Summer Meals and Snacks for Children**

The City of SeaTac and Des Moines Area Food Bank are collaborating to provide healthy lunches and snacks for kids and teens ages 1-18 in SeaTac. Monday through Friday, meals and snacks are available at different locations throughout the City.

Below are the locations and times. These times are tentative and may change.

Please visit the Des Moines Area Food Bank website at www.MyFoodBank.org/summermeals.html to confirm locations and times.

LOCATION	MEAL/TIME
ANGLE LAKE PARK	LUNCH 12:00-2:00 PM
19408 International Blvd.	SNACK 2:00-3:30 PM
MCMICKEN HEIGHTS PARK	LUNCH 11:30-11:55 PM
S. 166th St. & 40th Ave. S.	SNACK 3:00-3:10 PM
NORTH SEATAC PARK	LUNCH 12:15-12:45 PM
Corner of Des Moines Memorial Drive & S. 128th St.	SNACK 2:50-3:10 PM
VALLEY RIDGE PARK	SNACK 8:40-8:55 AM
4644 S. 188th St.	LUNCH 12:15-12:30 PM

### **TOUCH-A-TRUCK**

SATURDAY, SEPTEMBER 7 10:00 AM-1:00 PM

#### **VALLEY RIDGE PARK**

See and touch the vehicles that provide safety and services to the community. There will be vehicles from Fire, Police, Parks, and Public Works Departments along with others from the community.



#### JURIED PHOTOGRAPHY EXHIBIT

OCTOBER 7-25

#### **SEATAC COMMUNITY CENTER**

Exhibit is open during regular building hours. Reception with light refreshments will be held Wednesday, October 16, 6:00 p.m.

The City is presenting this exhibit to show quality photography of regional photographers and to purchase photos for their permanent collection.

Entry fee is \$15 per entry. Maximum of two entries. Registration will be Monday, September 30 at SeaTac Community Center. To request an entry form or for more information, please call Marlon Olson at 206.973.4684 or email him at molson@ seatacwa.gov.



# SEATAC KID'S FEST

FRIDAY, AUGUST 2

The Fun Starts at 5:00 PM

Movie begins at dusk (approximately 8:30 PM)

#### **RIVERTON HEIGHTS PARK** 3011 S. 148th Street

Join us for our annual SeaTac Kid's Fest at Riverton Heights Park. We will have live entertainment, bouncy houses, face painting, craft tables, and more. When the sun goes down, we will watch the animated hit movie Lego Movie 2 on the big inflatable screen.

#### **SCHEDULE OF EVENTS**

5:00 PM .... Bouncy Houses and Craft Tables Open

5:30 PM .... "Mikey Mike the Rad Scientist" **Face Painting begins** 

6:00 PM .... Balloon artist throughout the park until 8 PM

6:30 PM .... "Triple Treat Band"

8:30 PM .... Movie will begin shortly!



# **Preschool Programs**

#### ABC... 123 PRESCHOOL

Registration is open for Fall 2019. Sign up now to ensure your spot.

In ABC...123 preschool, we want to help your child in their development through exploration of play, socialization, and education. Our preschool is a great place to introduce your child to a classroom setting and get them ready for school. They will make friends, learn how to function within a classroom, and learn some things they will need to know entering kindergarten.

All classes are first come, first serve, until they are filled. Registration fee for new preschool registrants is \$50, and \$25 for returning preschool students. Registration fees cover the entire school year. All registration fees are non-transferable and non-refundable. For more information please visit www.seatacpreschool.com.

#### 3 & 4 YEAR OLD CLASSES

Teacher: Jessica Ramirez

Location: SeaTac Community Center

LOCATION	DAYS	TIME	TUITION
SCC	T/Th	9:30 AM-Noon	\$1,050/yr or \$105/mo
SCC	M/W	9:30 AM-Noon	\$1,050/yr or \$105/mo
SCC	T/Th	1-3:30 PM	\$1,050/yr or \$105/mo

#### 4 & 5 YEAR OLD CLASSES

**Teacher:** Nina Zacharias

**Location:** Valley Ridge Community Center or SeaTac Community Center

LOCATION	DAYS	TIME	TUITION
VRCC	M/T/W/Th	9 AM-Noon	\$2,450/yr or \$245mo
SCC	M/W	1-4 PM	\$1,250/yr or \$125/mo



# **Youth Programs**



#### **THE GREAT SUMMER CAMP 2019**

#### For kids entering K-5th Grade

We are "The Great Summer Camp" and we have earned that title. Our camps are packed full of great activities, trips, and memories. This includes wild and crazy assemblies, favorite games, daily crafts, cooking, weekly field trips, and weekly swimming at the YMCA. In our camp, kids are found in great numbers, laughing, playing, and building memories that will last a lifetime. It's time to start thinking about the kind of summer you want your child to have. Will it be good, or will it be great?

All weeks of camp are first come, first serve, until they are filled. \$30 registration fee for new registrants and \$20 for returning students. Annual Registration fees covers June–June. All registration fees are non-transferable and non-refundable.

GRADES	DAY	DATE	TIME	FEE
K-5	M-F	Weekly	6 AM-6 PM	\$150*

\* \$10 non-transferrable/non-refundable holding fee saves your child's spot per week. Full payment due one week prior to week attending.

DATES	FIELD TRIP/EVENT
July 1-5*	Seattle Storm Kids Day
July 8-12	Woodland Park Zoo
July 15-19	Northwest Trek
July 22-26	Pacific Science Center
July 29-Aug. 2	Remlinger Farm
Aug. 5-9	Roller Skating at Pattison's West/Celebration Park
Aug. 12-16	Field Day
Aug. 19-23	МоРор
Aug. 26-30	Bowling & the Beach / Annual BBQ & Talent Show

\*No camp on July 4.

Trip dates and activities are subject to change.

 $For more information \ please \ visit \ \ www. The \textit{GreatSummerCamp.com}.$ 

# SEATAC'S BEFORE AND AFTER SCHOOL PROGRAM

Our before and after school program is packed full of organized and exciting options that will provide your child a fun and safe place to be throughout the school year. We don't just watch your children, we engage them in recreational and educational activities that will make you feel confident that your child is safe and having a great time. Serving Bow Lake, Madrona, McMicken, Hilltop\* and Parkside Elementary.

Location: Bow Lake Elementary, SeaTac Activity Room

DATES	DAYS	TIME	GRADES	FEE
Ongoing	$M-F^1$	6 AM-6 PM <sup>2</sup>	K-6	\$5.25/hr <sup>3</sup>

<sup>&</sup>lt;sup>1</sup> You choose the days.

#### **NO SCHOOL DAYS**

School's out, but we are 'in'. Send your child to us for a great day of games and play. We want your child to have some fun so sign up early. Campers need to bring a sack lunch. Minimum of ten campers needed.

Location: Bow Lake Elementary School, SeaTac Activity Room

DATES	DAY	TIME	GRADES	FEE
Sept. 4	T	6 AM-6 PM	K-5	\$40
Oct. 11	F	6 AM-6PM	K-5	\$40



#### \$30 Registration Fee

Participation in our youth program requires an annual \$30 registration fee. This fee goes from June to June. The fee includes receiving a program t-shirt that is required to be wom when we go off-site on field trips. Returning youth students who do not need a new t-shirt can opt to pay a \$20 registration fee. If needed, replacement shirts are \$15. All registration fees are non-transferable and non-refundable.

#### Recreation Scholarship Program

This program is to provide financial assistance to youth and teen residents for recreational services. Please call Parks, Community Programs & Services at 206.973.4680 for more information or pick up an application at the SeaTac Community Center.

#### **DROP IN CHESS NIGHT**

Thursdays, 6-9 PM • SeaTac Community Center Open to all ages!

This is a free drop-in opportunity for players of all levels to come and play some games. There will be one oversized chessboard open to play on and some boards that can be checked out. Bring your board and get your game on. Checkmate!

#### **SEATAC UNITED**

SeaTac United works directly with the City of SeaTac to provide top quality youth development programs (such as soccer and chess) to youth throughout SeaTac. They foster cooperation between families, cultures and local organizations to offer programs that focus on youth development in a fun and supportive environment.

For current information, please check out the SeaTac United website at www.seatacunited.org.

<sup>&</sup>lt;sup>2</sup> You choose the hours. (Closed during school hours.)

<sup>&</sup>lt;sup>3</sup> You pay only for the hours they attend with a one hour minimum per day

<sup>\*</sup> Hilltop has limited transportation available.

#### **YOUTH CLASSES**

# CELEBRATE MINIATURE GOLF DAY WITH LEGO® MATERIALS

Did you know that September 21 is officially known as Miniature Golf Day? Join Play-Well

TEKnologies to celebrate this day by creating your own LEGO® golfer and designing epic miniature golf courses, while also learning about the engineering concepts that make it all work.

**Instructor:** Play-Well TEKnologies Location: SeaTac Community Center

DATE	DAY	TIME	AGES	FEE
Sept. 21	Sa	10 AM-12 PM	5-12	\$29

# SPOOKTACULAR HALLOWEEN WORKSHOP WITH LEGO® MATERIALS

With Halloween just around the corner, it's time to get out your decorations and prepare for trick-or-treaters! Build spooky ghosts and other moving decorations, learning about gear drives and additional engineering concepts along the way. With tens of thousands of LEGO® bricks, we know your Halloween display will be simply "gourd-geous!"

**Instructor:** Play-Well TEKnologies **Location:** SeaTac Community Center

DATE	DAY	TIME	AGES	FEE
Oct. 19	Sa	10 AM-12 PM	5-12	\$29



#### Adult Volunteers Needed

If you have a special interest/skill you would like to share or if you would like to be involved with one of the following programs, we are interested in meeting you. We are looking for volunteers to help with our growing chess program. We are also looking for a person or persons to be the lead with "SUMA" (SeaTac United Math Academy). Please contact Marlon at molson@seatacwa.gov if interested in volunteering or for more information.

# **Teen Programs**



#### **TEEN CENTER**

Our Teen Center has something for everyone. Meet with friends, play some Playstation 4, Kinect, ping pong, or board games. You can also work on homework, or just hang out. We have special activities such as crafts, cooking projects, and competitions. Transportation is available on a limited basis. Call the SeaTac Community Center at 206.973.4680 for details.

Location: Valley Ridge Community Center/Teen Center

DATES	DAYS	TIME	GRADES	FEE
Opens in Sept.	M-Th	Afterschool-5 PM	6-12	Free
Opens in Sept.	F	Afterschool-3 PM	6-12	Free



#### **TEEN CENTER PARTNERS**



#### ■ King County Library Systems

Rachel, the Teen Services Librarian holds a book circle twice a month and by participating, the teens can have a snack and a book to add to their personal library. The librarian also connects the student to special events and resources available at Valley View Library.



#### ■ SeaTac United

Provides Castle Orange, this includes chess instruction, equipment, tournaments and a chance to compete at the state chess tournament. Castle orange follows the Chess4life curriculum. They teach students how to improve in chess and important life skills. The SeaTac teens periodically play matches against other high school chess teams.



#### ■ YMCA

Provides afterschool tutoring at Tyee High School. They also assist in serving hot meals to the participants of the afterschool programs.



#### Des Moines Area Food Bank

Bridget educates the community about nutrition and gardening. She brings the On the Grow Garden Truck to the Teen Center for students to fertilize, plant, and harvest from the garden. She also leads fun cooking projects the students can eat, and craft projects they can take home.

#### ■ Recreation Scholarships Program

This program is to provide financial assistance to teen residents of SeaTac for recreational classes and camp activities. Please call us at 206.973.4680 for more information.

#### ■ Teen Volunteer Hours

Do you need volunteer hours for school or want to build your resume? Come help out at our Young Adult Socials. If you enjoy working with kids, volunteer as a referee for youth soccer or volunteer as a chess coach. Don't worry if you have no experience, we will provide training. Contact us at 206.973.4680 for information.

#### ■ How Old Are You?

Teen Programs are for students in grades 7–12. Student ID is required for most activities. Call the Teen Program at 206.973.4680 for more information.

#### Other Classes Available to Teens

Check specific class info for age requirements.

Total Body Fitness, Belly Dancing, Zumba, Yoga, Karate, Archery, Fencing, Rapier Sword, Cooking, Piano Lessons

#### YOUNG ADULT SOCIALS

The City of SeaTac, in collaboration with the local cities of Tukwila and Burien, offers monthly socials for teens eligible for the Specialized Recreation program. The cost is \$7 per event. Food or snacks provided.

DATES	LOCATION	THEME	TIME
Sept. 6	Hi-Line Lanes	Bowling	5-6:30 PM
Oct. 4	Tukwila	Game Night	5-7 PM
Nov. 1	Hi-Line Lanes	Bowling	5-6:30 PM

#### Y.E.T.I. SEA KAYAKING

Join Y.E.T.I. and the City of SeaTac this summer to learn how to Sea Kayak! The program has three parts and will take place in the months of July and August. Part One is a Skills Weekend Workshop where participants will learn how to safely operate a sea kayak. Skills include: boat set-up and care, paddling techniques, bracing, edging, wet exit, assisted rescue, and more. Part Two is all about putting these skills to the test on a day trip. Lastly, we will go on a four-day expedition in the Puget Sound. Participants will circumnavigate Vashon Island while staying at remote campsites only accessible by boat. This camping experience will be unlike anything you've had before. Registration is open to students ages 14–18. Cost for the full program is \$280. Scholarships available. Dates are subject to change.

Part 1 July 20 & 21/Skills Weekend Workshop

Part 2 Aug. 21/Day Trip

Part 3 Aug. 30-Sept. 2/Circumnavigate Vashon Island



#### **TnT (TWEEN & TEEN) SUMMER CAMP 2019**

Same trips as other camps, just for a whole lot less!

Our TnT is going to be exploding with fun, active trips, and activities to make this a summer to remember. TnT camp goes off-site most days. Some days we will do bigger trips, like Laser Tag, Wildwaves, or a baseball game. Some days, we may go hiking or to a local park for games or swimming or we might stay at Valley Ridge for cooking and crafts. Each day explodes with new activities and adventures. Location: Valley Ridge Community Center, Teen Room

ENTERING GRADES	DAYS	TIME	FEE
6-8	M-F	7:30 AM-6 PM	\$115

DATE	FEATURED FIELD TRIPS				
July 1-5*	WhirlyBall				
July 8-12	Family Fun Center				
July 15-19	LaserQuest				
July 22-26	Highline Bears Game				
July 29-Aug. 2	Dave & Busters				
Aug. 5-9	Flying Circus				
Aug. 12-16	Wildwaves				
Aug. 19-23	The Tag Zone				
Aug. 26-30	Snohomish Aquatic Center				
Trin dates and activities are subject to change					

Trip dates and activities are subject to change.

\$10/per week holding fee holds your spot. This fee is applied towards the weekly rate and is non-transferrable and non-refundable.

# **EXTENDED CARE FOR THT SUMMER CAMP** (BEFORE CAMP)

We have an extended care option for participants of our TnT Summer Camp. This will be held at Bow Lake Elementary in conjunction with our Youth Summer Camp. Teens must sign up for the entire week and must follow youth camp policies while on site (sorry no phones or electronics).

GRADES	DAYS	TIME	FEE
6-8	M-F	6-7:30 PM	\$25





#### **SUMMER FIELD TRIPS FOR 6TH-8TH GRADERS**

(Those registered in TnT Camp do not need to sign up for these trips)

DATE	DAY	ACTIVITY	TIME	FEE
July 2	T	WhirlyBall*	7:30 AM-6 PM	\$35
July 11	Th	Family Fun Center	7:30 AM-6 PM	\$35
July 18	Th	LaserQuest	7:30 AM-6 PM	\$35
July 23	T	Highline Bears Game	7:30 AM-6 PM	\$35
July 31	W	Dave & Busters	7:30 AM-6 PM	\$35
Aug. 8	Th	Flying Circus	7:30 AM-6 PM	\$35
Aug. 15	Th	Wildwaves	7:30 AM-6 PM	\$35
Aug. 22	Th	The Tag Zone	7:30 AM-6 PM	\$35
Aug. 27	T	Snohomish Aquatic	7:30 AM-6 PM	\$35

Note: All trips run in conjunction with our Summer TnT Camp program. Participants will go with TnT Camp to the field trip and take part in TnT Camp during non-trip hours. Number of spaces will be limited depending on camp enrollment.

#### \*WHAT IS WHIRLYBALL?

Agility, speed, strength, none of these qualities will be of any use in the highly-competitive world of WhirlyBall. Although it combines lacrosse, hockey, and basketball with bumper cars, WhirlyBall has caused great athletes of every stripe to laugh and holler their way to a crushing defeat. If you choose to accept the challenge, you will use hand-held scoops to propel whiffle balls at your scoring target. In a team of five, you will have a bang-up time trying to outscore the competition.

<sup>\*</sup>No camp Thursday, July 4.

# **Adult Programs**

#### **ADULT FITNESS**

#### **TOTAL BODY FITNESS**

Join the fun of working all your major muscle groups for toning and strengthening, plus get in your cardio workout all in one hour. Set for every age and fitness level, you'll experience invigorating music with easy to follow choreography. The class uses a variety of equipment and athletic moves to help improve your overall fitness and requires minimal coordination or experience.

Instructor: Teresa Kuzmer

Location: SeaTac Community Center, Gym

DATES (CLASSES)	DAYS	TIME	AGES	FEE
Aug. 6-Oct. 31 (26)	T/Th	5:30-6:30 PM	16+	\$78
Aug. 6-29 (8)	T/Th	5:30-6:30 PM	16+	\$36
Sept. 3-26 (8)	T/Th	5:30-6:30 PM	16+	\$36
Oct. 1-31 (10)	T/Th	5:30-6:30 PM	16+	\$45

#### **ZUMBA**

#### Ditch the workout... join the party!

The Zumba program fuses hypnotic Latin rhythms and easy-tofollow moves to create a one-of-a kind fitness program that will blow you away.

Instructor: Lynne Deines

Location: SeaTac Community Center, Gym

DATES (CLASSES)	DAYS	TIME	AGES	FEE
Aug. 5-Oct. 30 (25)*	M/W	5:45-6:45 PM	16+	\$87.50
Aug. 5-28 (8)	M/W	5:45-6:45 PM	16+	\$36
Sept. 4-30 (8)*	M/W	5:45-6:45 PM	16+	\$36
Oct. 2-30 (9)	M/W	5:45-6:45 PM	16+	\$40.50

<sup>\*</sup>No class September 2 due to holiday closure.

# TOTAL BODY FITNESS/ ZUMBA COMBINATION REGISTRATION

This registration allows you to participate in both Zumba on Mondays and Wednesdays and Total Body Fitness on Tuesdays and Thursdays.

DATES (CLASSES)	DAYS	TIME	AGES	FEE
Aug. 5-Oct. 31 (51)*	M-Th	5:30-6:45 PM	16+	\$132.60

<sup>\*</sup>No class September 2 due to holiday closure.

#### **HATHA YOGA**

The consistent practice of Hatha Yoga's various disciplines, combined with meditation will add clarity, vitality, and focus to your life. The postures (asanas) and deep breathing (pranayams) in yoga help to combat stress, strain and fatigue. Students are encouraged to bring their own mats and a small blanket.

Instructor: Sandra Gomez

Location: SeaTac Community Center

DATES	DAY	TIME	AGES	FEE
Aug. 7-Oct. 30	W	8:30-10 AM	16+	Punch Pass

#### **Punch Pass Options:**

5 visits~\$35 (Good for 3 months from date of purchase)
10 visits~\$70 (Good for 6 months from date of purchase)
20 visits~\$140 (Good for 6 months from date of purchase)

Single class drop-in fee~\$8

#### **BEGINNING BELLY DANCE**

Learn the art of belly dancing, including its history and culture. Beginners will concentrate on learning and combining basic moves and zill patterns. Learn to increase balance, flexibility, and gain self-confidence. Bring your yoga mat.

Instructor: Marjhama (Petey Dunlap)

Location: SeaTac Community Center, Room 106

DATES (CLASSES)	DAY	TIME	AGES	FEE
Aug. 6-Oct. 29 (13)	T	5-6:30 PM	15+	\$52
Aug. 6-27 (4)	T	5-6:30 PM	15+	\$20
Sept. 3-24 (4)	T	5-6:30 PM	15+	\$20
Oct. 1-29 (5)	T	5-6:30 PM	15+	\$25

#### INTERMEDIATE/ADVANCE BELLY DANCE

The class is perfect for students adding layering, shimmies, and more complex step combinations and developing choreography for group and solo routines. Students wishing additional challenges and fun can join the Oasis Student Troupe Community Performances. Learn to increase core control, balance, and flexibility and just have fun. Bring your yoga mat.

Instructor: Marjhama (Petey Dunlap)

Location: SeaTac Community Center, Room 106

DATES (CLASSES)	DAY	TIME	AGES	FEE
Aug. 6-Oct. 29 (13)	T	6:30-8 PM	15+	\$44
Aug. 6-27 (4)	T	6:30-8 PM	15+	\$20
Sept. 3-24 (4)	T	6:30-8 PM	15+	\$20
Oct. 1-29 (5)	T	6:30-8 PM	15+	\$25

#### **ARCHERY FOR EVERYONE**

This is an open range with a dedicated instructor. All levels of archers welcome. Bows, arrows and safety equipment for beginners will be provided. The emphasis will be on good form and safety in a relaxed environment. Instructor held punch card available for the fee of \$70 for 10 classes.

Instructor: Chris Konker

Location: SeaTac Community Center, Gymnasium

DATES/(CLASSES)	DAY	TIME	AGES	FEE
Aug. 8-Oct. 31 (13)	Th	7-9:15 PM	15+	\$65
Aug. 8-29 (4)	Th	7-9:15 PM	15+	\$26
Sept. 5-26 (4)	Th	7-9:15 PM	15+	\$26
Oct. 3-31 (5)	Th	7-9:15 PM	15+	\$32.50

#### **DROP IN ARCHERY**

The range is open when available, dependent on the number enrolled in the class. Compound bows are allowed using standard target points only. \$8 drop-in fee per archer.

#### **RAPIER SWORD COMBAT**

Learn the centuries-old art of rapier combat. Over the course of the instruction you will develop the skills and discipline necessary to compete in the forms of single sword, sword and dagger, and more. Drop-in fee is \$6.

Instructor: Jason Prendergast

Location: SeaTac Community Center, Room 105

DATES/(CLASSES)	DAY	TIME	AGES	FEE
Aug. 7-Oct. 30 (13)	W	7-9 PM	12+	\$50

#### **NW PICKLEBALL TRAINING**

Training is in group and individual sessions. Check our online catalog at <a href="https://secure.rec1.com/WA/city-of-seatac/catalog">https://secure.rec1.com/WA/city-of-seatac/catalog</a> for more information and dates of upcoming classes. Interested in private lessons? Contact instructor Tom Grubb at <a href="https://www.NWPBtrain@gmail.com">NWPBtrain@gmail.com</a> to arrange a time. Tom is a IPTPA Certified Trainer who has specialized training for beginners, advanced beginners, and 4.0–4.5 rated players.

#### YMCA PASSES FOR SEATAC RESIDENTS

SeaTac residents may swim at the YMCA by purchasing a punch card for \$7. Punch cards can be purchased at the SeaTac Community Center by showing proof of residency (valid driver's license and a recent utility bill.) Each punch card has ten punches for individual visits to Matt Griffin YMCA. Limit of six punch cards per household per year. For more information call SeaTac Community Center at 206.973.4680.

#### **ADULT RECREATION**

#### **PRIVATE PIANO LESSONS**

Individual 30-minute lessons catered to each student's level. Lessons will emphasize musical theory, physical technique and different styles (classically based, but also including jazz and ethnic music). All ages and skill levels welcome. Instruction times are to be arranged with the instructor, generally Wednesday or Thursday afternoons.

Instructor: Kevin Johnson

Location: SeaTac Community Center

DATES/(CLASSES)	DAY	TIME	AGES	FEE	
AugOct. (12)	W or Th	TBD	6+	\$240	

#### **DROP IN CHESS NIGHT**

# Thursdays, 6-9 PM • SeaTac Community Center Open to all ages!

This is a free drop-in opportunity for players of all levels to come and play some games. There will be one oversized chessboard open to play on and some boards that can be checked out. Bring your board and get your game on. Checkmate!

#### **BOULDERING**

This free two-hour session instructed by local climber Jeff Smoot will provide an introduction to Bouldering (a sub-sport of rock climbing). Topics covered will include bouldering techniques and safety.

Instructor: Jeff Smoot

Location: SeaTac Community Center, Boulder in

Neighborhood Park

DATES/(CLASSES)	DAY	TIME	AGES	FEE
Aug. 1 (1)	Th	7-9 PM	8+	None

#### **WRITING COURSE**

A monthly, free writing course open to aspiring and experienced writers ages teen to adult. A different genre is explored each month. Drop-in to learn, share, but most of all write.

Instructor: Jeff Smoot

Location: SeaTac Community Center

DATES/(CLASSES)	DAY	TIME	AGES	FEE
July 18 (1)	Th	7-9 PM	Teen/Adult	None
Aug. 15 (1)	Th	7-9 PM	Teen/Adult	None
Sept. 19 (1)	Th	7-9 PM	Teen/Adult	None

#### **ABOUT THE INSTRUCTOR**

Jeff Smoot is a lawyer, writer, and photographer primarily known for his hiking and climbing guidebooks. He has contributed to several outdoor magazines as well as the Western American Literature journal and The Writer's Workshop Review. His nonfiction book, Hangdog Days, was published in April 2019.

# **Senior Programs**

#### Location

#### SeaTac Senior Program

13735 24th Avenue S., SeaTac, Washington 98168
The Senior Program is located adjacent to the community center.

#### **■ Phone Numbers**

#### 206.973.4690—Senior Desk

Senior desk is staffed by volunteers. Please call this number for general information about the Senior Program or to speak with Senior Program staff.

#### 206.973.4680—SeaTac Community Center

Please call this number to register for a trip or class, or to inquire about your status on a trip.

#### Hours of Operation

8:30 AM to 4 PM, Monday through Friday.

#### Participation

Independent individuals, 55 years of age or older, are eligible for participation at the SeaTac Senior Program. This includes classes, drop in activities, and trips. Those requiring assistance to use the restrooms, who have issues with roaming, or who need respite care or adult day care services are welcome to participate but need to have a caregiver present while at the Senior Program. The Senior Program does not provide care giving services.

Visits from adult family homes and assisted living facilities are encouraged but require advance notice and accompanying staff.

Meals on Wheels and our lunch program operate with Federal guidelines which set the age of eligibility at 60, with some exceptions.

If you have any questions, please feel free to contact staff at 206.973.4690.

#### ■ Online Resources -

#### Subscribe to SeaTac Senior Flyer Online!

Get all the latest news from the Senior Program delivered to your email inbox by signing up for eNotifications on the City of SeaTac website. Visit <a href="http://www.seatacwa.gov/how-do-i/sign-up-for/enotifications/enotifier">http://www.seatacwa.gov/how-do-i/sign-up-for/enotifications/enotifier</a>, fill in the form, click the envelope icon next to "Senior Newsletter", and submit. You'll be notified when our bimonthly flyer is posted, and you can unsubscribe at any time.

#### Facebook

Find us on Facebook at www.facebook.com/seatacseniorcenter.

#### SENIOR SERVICES & TRANSPORTATION

# ALZHEIMER'S ASSOCIATION CAREGIVER SUPPORT GROUP

Caring for someone with memory loss? Alzheimer's Association caregiver support groups provide a consistent and caring place for people to learn, share, and gain emotional support from others who are also on a unique journey of providing care to a person with memory loss. Meetings are for unpaid care partners, family members, and friends. For more information, contact group facilitator Gerry Crouch at 206.632.3985.

Location: SeaTac Community Center

Upcoming Meeting Dates: July 18, August 15, and September 19

DATE	DAY	TIME	AGE	FEE
See above	Th	1-2:30 PM	AII	None

#### **FREE LEGAL ADVICE**

Mary Henderson, Attorney at Law, will be here once a month to answer legal questions for seniors. These include issues regarding wills, Power of Attorney, Elder Law, Landlord-tenant issues and the Vulnerable Adult Protective Act. Thirty minute afternoon appointments are available on the first Thursday of each month. For an appointment please call the senior desk at 206.973.4690. By appointment only.

**Upcoming Dates:** July 11\*, August 1, and September 5. \*Closed July 4th.

# STATEWIDE HEALTH INSURANCE BENEFITS ADVISOR

Questions about Medicare? Looking for options for help with prescription costs? Under 65, planning early retirement and not eligible for Medicare? Looking for long-term care options or concerned about fraud? Our Statewide Health Insurance Benefits Advisor volunteer can help. If you want unbiased information about options for health insurance and related matters, call 206.973.4690 to make an appointment for the third Thursday of each month, 1:00–3:00 PM.

Upcoming Dates: July 18, August 15, and September 19

#### **TRANSPORTATION**

**SeaTac Residents:** The SeaTac senior van provides lunch pick-ups each day there is a lunch. See staff for details. Reservations are required by 9 AM of the morning you need a ride. 206.973.4690.

**SeaTac & Tukwila:** The Hyde Shuttle provides transportation in and about SeaTac and Tukwila. 206.727.6262.

**Greater Burien Area:** Senior Services operates a free transportation shuttle that will now bring individuals from the Burien area to the SeaTac Senior Program for lunch. 206.727.6262.

**ACCESS:** Metro's ACCESS program also provides transportation. An application is required. 206.205.5000.

#### **SENIOR FITNESS**

#### **WEATHER-PROOF WALKING**

The gym is currently open for walking on Mondays, Wednesdays and Fridays from 8:45–9:45 AM. This self-directed group walks and incorporates a variety of stretching and strengthening techniques. New participants are always welcome!

#### **WEIGHT ROOM**

The SeaTac Community Center has a fully equipped weight room with cardiovascular equipment, weight machines, free weights, exercise balls and a variety of other equipment.

**Drop in one time use:** \$2.75 (Senior resident) **Drop in one time use:** \$3.75 (Senior non-resident)

Monthly Pass: \$20 (Senior resident)
Monthly Pass: \$25 (Senior non-resident)

Fitness Maximizer: \$10 per month, concurrent with enrollment

in a fitness class.

#### **WEIGHT ROOM PASS**

We offer a free weight room pass to SeaTac residents who are 55 years of age or older. The pass can be used on Tuesday and Thursday mornings, 9–11 AM. To obtain a pass, see Senior Program staff with a current driver's license or WA State issued identification card and a recent utility bill.

#### YMCA PASSES FOR SEATAC RESIDENTS

SeaTac residents may swim at the YMCA by purchasing a punch card for \$7. Punch cards can be purchased at the SeaTac Community Center by showing proof of residency (valid driver's license and a recent utility bill.) Each punch card has ten punches for individual visits to Matt Griffin YMCA. Limit of six punch cards per household per year. For more information call SeaTac Parks, Community Programs & Services at 206.973.4680.

#### **SENIOR CLASSES**

#### **CREATE YOUR OWN GRAB & GO NOTEBOOK**

Class members will leave with a booklet to record and create an "In-Case-of-Emergency" everything document to keep you and your loved ones informed. You will receive a checklist to help you organize your personal information and records. You and your loved ones can have greater peace of mind knowing this information is collected and organized in one place so, if needed, your emergency contacts can easily be accessed. You must register for this class to ensure you get a notebook. Emergency planning notebook is free for the first 30 registrations, compliments of Boulevard Park Place.

DATE	DAY	TIME	AGE	FEE
Sept. 18	W	12:30 PM	55+	Free

#### MEDICARE OPEN ENROLLMENT

Unbiased Medicare Information from the Washington State Insurance Commissioner's Office. The enrollment date is coming soon. This class will help you compare information to make that yearly Medicare decision.

**Instructor:** Steve Lewis, Statewide Health Insurance Benefits Advisor (SHIBA)

DATE	DAY	TIME	AGE	FEE
Oct. 16	W	12:30 PM	55+	None

#### **DRIVER SAFETY**

Brush up on your driver safety skills in this one-day classroom workshop. AARP members receive a discounted rate of \$15.

Instructor: AARP Instructor

Location: SeaTac Community Center

DATE	DAY	TIME	AGE	FEE
Sept. 5	Th	9 AM-5:30 PM	55+	\$15/\$20
Nov. 7	Th	9 AM-5:30 PM	55+	\$15/\$20

#### **DROP-IN ACTIVITIES**

The Senior Program has several fun opportunities to play cards and games. Both our card room and lobby provide great venues for cards and games. Our groups are friendly and newcomers and beginners are always welcome. For more information, call the Senior Program at 206.973.4690.

BUNCO - 2nd Wednesday, 5 PM

CANASTA - Tuesdays, 12:30-3 PM

COMPUTER LAB - Monday-Friday, 9 AM-4 PM

CRAFTS - Tuesdays, 9-11 AM

CRIBBAGE - Fridays, 9:30 AM

MAH JONGG - Tuesday & Thursdays, 9:30-11:30 AM

NINTENDO WII - Fridays, 9 AM-3 PM PINOCHLE - Wednesdays, 12:30 PM

WOODCARVING - Wednesdays, 10 AM-Noon



#### **SENIOR MEALS**

#### **SEATAC SENIOR CAFÉ**

Join us for a delicious meal served Tuesday-Friday in our banquet room at the SeaTac Community Center. The meals are tasty, the atmosphere lovely and you'll be sure to find the company friendly and welcoming. The suggested donation for lunch is \$4 for those over 60 years of age. For individuals under 60, the cost is \$6. Menus are published in the SeaTac Senior Flyer. Lunch is served at 11:45 AM and is available on a first come, first served basis.

#### **GROUP LUNCH RESERVATIONS**

We love to have groups join us for lunch. In order to be able to accommodate groups of five or more individuals, the following guidelines apply:

- Reservations must be made in advance by calling 206.973,4686.
- Your reservation cannot be confirmed unless you speak directly with a Senior Program staff member.
- Groups of ten or more will need to make arrangements for advance payment of any lunch donation.
- A 10-day notice is required for group reservations.

#### **SALAD BAR**

Each Tuesday, Thursday and Friday we offer a delicious fresh salad bar. It is available before lunch from 11:15–11:40 AM unless there is a special event, entree salad or more than 70 people. Single serve salads are served during flu season.

#### **MEALS ON WHEELS**

The City of SeaTac delivers Meals on Wheels to eligible persons living in SeaTac who are homebound and 60+ years of age. For more information, call the Senior Program staff at 206.973.4680.

#### **SAVE THE DATE!**

#### **HOLIDAY BAZAAR**

NOVEMBER 2ND, 9 AM-3 PM



Mark your calendars for our highly anticipated holiday bazaar! This annual community event fills the SeaTac Community Center with more than 80 vendors offering an assortment of handcrafted items, unique gifts, and treasures. The Candy Cane Café will provide plenty of delicious food to keep shoppers energized. It's a great way to kick off your holiday shopping!

#### **HOLIDAY BAZAAR - VENDOR REGISTRATION**

Vendor registration for the November 2nd Holiday Bazaar is now open. You may register for a space without a table and provide your own for \$40, or we will provide a table for an additional \$5. All spaces are approximately 8x8 feet. For more information, contact Senior Program staff at 206.973.4690.

DATE	DAY	TIME	AGES	FEE
Nov. 2	Sa	9 AM	All	\$40/\$45

# **Senior Trips**

#### ■ Trip Registration Dates

Trip registration opens July 2 for SeaTac residents and July 3 for all others. Registration begins at 9:00 AM.

#### Activity Levels

Easy: No extended periods of walking or standing. Suitable for walkers and wheelchairs.

**Moderate:** Some periods of standing and/or walking (less than one mile), paved or mostly even terrain, generally suitable for walkers with wheels.

Challenging: Long periods of standing or walking, uneven terrain, not suitable for walkers.

If you have any questions about whether or not a trip is right for you, please don't hesitate to contact Senior Program staff at 206.973.4690.

#### **CRYSTAL MOUNTAIN GONDOLA RIDE**

Enjoy breathtaking views of Mt. Rainier and the Mt. Baker-Snoqualmie National Forest as we head to Crystal Mountain. Then all aboard the gondola which will take us on a 12-minute ride to the summit. Once there, you will enjoy your choice of a self-packed picnic or lunch at the Summit Restaurant. There will be plenty of time to bask in the unparalleled views from this incredible vantage point. Fee includes transportation and gondola ride.

#### Activity Level: Challenging

DATE	DAY	TIME	AGES	FEE
Aug. 19	M	8:30 AM	55+	\$30

#### **EVERGREEN STATE FAIR**

It just isn't summer without a trip to the fair, and the Evergreen State Fair has it all – animals, vendors, rides, exhibits, and all the classic fair food you can eat! Please be prepared for a long day outside. Fee covers transportation only.

Activity Level: Moderate to Challenging

DATE	DAY	TIME	AGES	FEE
Aug. 26	М	9 AM	55+	\$9

# THE CENTER FOR URBAN HORTICULTURE AT THE UNIVERSITY OF WASHINGTON

Part of the University of Washington's Botanic Gardens, The Center for Urban Horticulture includes the Miller Horticultural Library, rare seed vault, herbarium, display gardens, UW Sustainable Farm, Yesler Swamp board walk and the Union Bay Natural Area. We'll receive a guided tour and learn about the green buildings, the garden collections, and the history of the center.

#### **Activity Level: Moderate**

DATE	DAY	TIME	AGES	FEE
Sept. 12	Th	9:30 AM	55+	\$17

#### ■ Trip Registration Policy

- · Full payment is required upon trip enrollment.
- Registration may be done in person or by phone with a credit/ debit card.
- · We accept cash, check, and Visa and Mastercard.
- Individuals may only register for themselves or household members.
- Trip times subject to change. Individuals will be notified of any changes when reminder calls are made.
- Individuals who require special accommodations should notify staff at time of registration. For more information please call 206.973.4686.

#### **■ Trip Pickups**

All participants will need to be able to arrange for their own transportation to and from the community center for trips. Individuals who require transportation are encouraged to work with METRO ACCESS Services by calling 206.205.5000, the Hyde Shuttle at 206.727.6262 or see staff for assistance.

#### ■ Trip Cancellations

We are not able to process refunds or credits for cancellations made less than two business days (Mon.–Fri.) before a trip. Cancellations of trips involving advance purchased tickets or motorcoach transportation are not refunded, regardless of notice, unless someone buys your ticket. There is a non-refundable \$5 processing fee for all participant requested refunds.

#### ■ Trip Registration

Once you register for a trip, please check your receipt to ensure you registered for the trips you were interested in. Mistakes can sometimes happen and are difficult to remedy the day of the trip.

#### Wait Lists

Trips often fill up quickly. We always recommend getting on the wait list if a trip is filled. There is no fee involved to be on the wait list. We do our best to ensure those interested get on the trips. When we are able, we sometimes can add an extra van or extra day for a trip. If you're not on the wait list, we don't know you are interested.

#### Fragrance Free Trips

In consideration of fellow trip participants, we ask that individuals refrain from using perfumes and cologne while on a trip. Dueling fragrances can be overwhelming to individuals with allergies and sensitivities.

# MOUNT ST. HELENS JOHNSTON RIDGE OBSERVATORY

Get up close and personal with Washington's most famous mountain! We'll admire the changing fall foliage as we travel by motorcoach to the Mt. St. Helens National Monument. Relive the drama of the 1980 eruption and marvel at the mountain's rebirth as we explore the two visitor centers and see the crater from the heart of the blast zone at Johnston Ridge Observatory. Fee covers transportation, entrance fee, and lunch at the Fire Mountain Grill. **Activity Level:** Challenging

DATE	DAY	TIME	AGES	FEE
Sept. 16	М	7 AM	55+	\$71

#### ST. DEMETRIOS GREEK FESTIVAL

Immerse yourself in traditional Greek culture at the St. Demetrios Greek Festival. A Seattle tradition since 1960, the festival features music, dancing, wine tasting, church tours, and of course, lots of delicious food! Fee covers transportation only.

**Activity Level:** Easy

DATE	DAY	TIME	AGES	FEE
Sept. 20	F	11 AM	55+	\$7

# McMENAMIN'S ELKS TEMPLE & SEYMOUR CONSERVATORY

See the incredible renovation of the 1916 Elks Temple as we enjoy lunch at McMenamin's pub. This recently opened piece of Tacoma history has been described as amazing, luxurious, and magical. After lunch and a little exploring we'll take in another of Tacoma's historic gems, the W. W. Seymour Botanical Conservatory at Wright Park. Fee covers transportation only. Conservatory is free (\$3 donation suggested) and lunch is on your own.

**Activity Level:** Moderate

DATE	DAY	TIME	AGES	FEE
Sept. 26	Th	10 AM	55+	\$10

#### **SECRET GARDEN TEA**

Located in a beautiful Victorian mansion, the Secret Garden Tea Room in Sumner is always a delightful (and delicious) getaway. Our menu will include scones with Devonshire cream, jam and lemon curd, cup of soup, tea sandwiches, fresh fruit and petite sweets. Fee includes transportation and meal.

**Activity Level: Easy** 

DATE	DAY	TIME	AGES	FEE
Oct. 17	Th	9 AM	55+	\$42

#### **PAINT 'N' SIP PARTY**

Discover your inner artist while enjoying lively company and delicious wine! An instructor will take us step-by-step to create our very own masterpieces. Fee covers transportation and all painting supplies. Beverages and snacks are on your own.

Activity Level: Easy

DATE	DAY	TIME	AGES	FEE
Oct. 21	М	12 PM	55+	\$44



Senior trip to T-Mobile Park

#### **CASINO TRIPS**

A motorcoach takes us on each casino trip. Whether you enjoy table games, slot machines, or just the incredible buffets, it's your chance to win big (or at least have a great day out and lots of fun!). Please remember to bring valid picture identification and your players club card with you.

**Activity Level: Easy** 

#### **RED WIND CASINO**

DATE	DAY	TIME	AGE	FEE
Aug. 12	M	8:30 AM	55+	\$8

#### **TULALIP CASINO**

This is an exclusive casino trip, no leaving to the outlet mall to shop. We will need to see your players card at the time of check in at the community center.

DATE	DAY	TIME	AGE	FEE
Sept. 9	М	9 AM	55+	\$8

#### **LUCKY EAGLE CASINO**

DATE	DAY	TIME	AGE	FEE
Oct. 8	T	8:30 AM	55+	\$8

# **Registration Information**

#### **CONTACT US**

Parks, Community Programs & Services Department

SeaTac Community Center: 206.973.4680

13735 24th Avenue S. SeaTac, WA 98168

Senior Program: 206.973.4690

Parks Administration: 206.973.4670

Parks Maintenance: 206.973.4770

Parks, Community Programs & Services: www.seatacwa.gov/parks

#### **ONLINE REGISTRATION**

Online registration available at

https://secure.rec1.com/WA/city-of-seatac. There will be a \$1 convenience fee added to each transaction for all online registrations.

#### **BY MAIL**

#### Send form and payment to:

SeaTac Community Center

13735 24th Ave. S., SeaTac, WA 98168

Registration form can be found online at: http://www.seatacwa.gov/ ParksRegistrationForm

#### **WALK IN**

#### **SeaTac Community Center**

13735 24th Ave. S., SeaTac, WA 98168 Monday–Thursday, 8:30 AM–8:30 PM; Friday, 8:30 AM–4:30 PM; Saturday, 8:30 AM–4 PM

#### REGISTRATION

Registration will be on a first come, first served basis. Please register early before classes are filled. Classes with insufficient numer of registrants will be cancelled. Decisions to cancel classes will be made one week prior to the start of class.

Registration will be accepted during business hours, Monday–Thursday between 8:30 AM and 8:30 PM, Friday between 8:30 AM and 4:30 PM and Saturday from 8:30 AM until 4 PM. Please register at least one week prior to the first day of class.

Mail-in registrants are advised to call to confirm that your registration has been received. Your cancelled check is your receipt. If the class has been filled prior to receiving your registration form, we will call you. Be sure to provide a daytime phone number on the registration form.

Payment must be made at the time of registration. Make checks payable to "City of SeaTac." MasterCard and Visa are accepted. Participants under 18 years of age must have parental consent.

#### Non-Discrimination Policy

The City of SeaTac does not discriminate on the basis of race, sex, color, religion, national origin, age, disability, or veteran status in the provision of services, in programs or activities, or employment opportunities and benefits. Inquiries concerning the Americans With Disabilities Act of 1990, and requests for reasonable accommodation should be directed to City Hall 206.973.4800. Mail in inquires to should be directed to: City of SeaTac, Human Resources Department, 4800 S. 188th St., SeaTac, WA 98188.

#### Satisfaction Guaranteed

At the City of SeaTac Parks, Community Programs & Services Department, we are committed to providing the public with high quality recreation programs. Our residents and patrons are important to us and we feel they deserve quality at all times. We are so confident that our recreation classes are high quality that we are backing them with a Satisfaction Guaranteed Policy. If you are not satisfied, you can repeat that class at no charge, receive full credit that can be applied to any recreation class, or receive a full refund. Refund requests must be made within five business days of last class. This policy DOES NOT apply to excursions, adult sport leagues, preschool, camps and special events.

#### **■ Inclement Weather**

During a severe weather event, our programs and/or the SeaTac Community Center may close. If you are unsure about the weather, please call to confirm your activity.

#### **■ Retail Sales Taxes**

Retail sales tax will be added to applicable recreation programs.

#### ■ Refunds

You will receive a 100% refund if insufficient enrollment forces the cancellation of a class. Allow approximately three weeks for refund if enrollment fee was paid by check, cash or money order.

Classes cancelled due to inclement weather, or instructor cancellation will result in a credit to your family account.

Refunds for medical reasons will be pro-rated, if written verification from medical personnel is provided.

#### ■ Cancellations

In case of bad weather in which games or activities may be cancelled, participants or team representatives may call Parks, Community Programs & Services at 206.973.4680. Weather dependent cancellation decisions are made two to three hours prior to activity.

Cancellation decisions for specific programs are made one week prior to the start of the first class. Cancellations by registrants beyond this date will not be accepted.

Cancellation of specific programs may be necessary due to insufficient enrollment. The staff reserves the right to consolidate, postpone, reschedule or cancel any program due to lack of enrollment.

#### Photos of Participants

Occasionally, Parks, Community Programs & Services staff takes photos and/or video during our programs. If you wish not to have yours or your children's photo/video taken in conjunction with our programs, please notify any recreation staff member or your class instructor. Photos/video taken during Parks & Recreation activities are used in the promotion of future City programs.

# **SeaTac Community Center**

#### **SEATAC COMMUNITY CENTER HOURS**

Monday-Thursday	8:30 AM-9:30 PM
Friday	8:30 AM-5 PM
Saturday	
Sunday	Closed

#### **SENIOR CENTER HOURS**

Monday-Friday......8:30 AM-4 PM

#### **HOLIDAY CLOSURES**

July 4	Independence Day
September 2	Labor Day

#### **DROP-IN ACTIVITY FEES**

ACTIVITY	ADULT	SENIOR <sup>1</sup>
Archery	\$8	\$8
Open Badminton (Weekdays)	\$3.75	\$2.75
Open Badminton (Saturdays)	\$6.50	\$6.50
Open Pickleball	\$3.75	\$2.75
Indoor Flying	\$3.75	\$2.75

	RESIDENT <sup>1</sup>	NON RES	SENIOR <sup>2</sup>
Weight Room <sup>3</sup>	\$5	\$6	n/a
Weight Room Senior <sup>2</sup>	\$2.75	\$3.75	n/a
Weight Room (monthly pass)3	\$25	\$30	n/a
Weight Room (monthly pass) Senior2	\$20	\$25	n/a
Shower only <sup>4</sup> (towels not provided)	\$3	\$3	\$3

- 1 Resident of SeaTac.
- <sup>2</sup> Senior citizen must be at least 55 years old.
- <sup>3</sup> Participants for the weight/cardiovascular room must be at least 16 years of age.
- <sup>4</sup> Shower charge only if not participating in activity.

#### **DROP IN GYM ACTIVITIES**

Archery	Th 6:45-9:15 PM
Badminton	M7-9:15 PM
	Sa Noon-4 PM
Indoor Flying Time	F Noon-3 PM
Pickleball	T/Th 9 AM-3 PM
	F 10 AM-11:45 AM
Total Body Fitness	T/Th5:30-6:30 PM
Zumba	M/W5:45-6:45 PM

### **Parks**

#### **ANGLE LAKE PARK**

19408 International Blvd. • boat launch, fishing, open recreation area, performing stage, picnic shelters/barbecue areas, restrooms, swimming, playground equipment, water spray park, waterfront nature trail

#### **BOW LAKE PARK**

5040 S. 178th Street • open space, no public parking

#### **DES MOINES CREEK PARK**

2151 S. 200th Street • paved pedestrian and biking trail, trailhead parking

# GRANDVIEW OFF-LEASH DOG PARK

3600 S. 228th Street • fencing, trails, benches, kiosk, waste receptacles, open areas, sani-cans

#### HIGHLINE SEATAC BOTANICAL GARDEN

13735 - 24th Avenue S. (south of community center parking lot ) • walking path, water feature, variety of plant species, community garden, Japanese garden

#### MCMICKEN HEIGHTS PARK

S. 166th Street & 40th Avenue S. • tennis courts, open area, playground equipment, pickleball court

#### **NEIGHBORHOOD PARK**

13735 24th Avenue S. (at SeaTac Community Center) • half-court basketball, playground equipment, swings, climbing boulder, skate park

#### **NORTH SEATAC PARK**

S. 128th Street & 20th Avenue S. • baseball/soccer/softball fields, open area, restrooms, playground equipment, picnic shelter, outdoor basketball, paved walking trails, community center, BMX track, disk golf

#### **RIVERTON HEIGHTS PARK**

3011 S. 148th Street • half-court basketball, walking paths, play equipment, tables and benches, parking

#### **SUNSET PLAYFIELDS**

13659 - 18th Avenue S. • baseball/soccer/ softball fields, restrooms, tennis courts, paved walking trails

#### **VALLEY RIDGE PARK**

4644 S. 188th Street • synthetic turf baseball/soccer/softball fields, tennis courts, community center, skate park, playground equipment, hockey court, basketball courts, 1/2 mile paved walking path, restrooms





# **Program Facilities**

- Bow Lake Elementary School/ SeaTac Activity Room 18237 42nd Ave. S.
- SeaTac Community Center 13735 - 24th Ave. S.
- Valley Ridge Community Center 4644 S. 188th St.

# FACILITY AND PICNIC SHELTER RENTALS

Phone: 206.973.4680

Email: facilityrental@ seatacwa.gov Website: www.seatacwa.gov/

facilityrentals

#### **SEATAC COMMUNITY CENTER**

Banquet Room, Gymnasium, Multi-Purpose Rooms

#### VALLEY RIDGE COMMUNITY CENTER

Multi-Purpose Room with Kitchen

#### **ANGLE LAKE PARK**

Picnic Shelters, Performing Stage

#### **NORTH SEATAC PARK**

Picnic Shelter

# SPORT FIELD RENTALS FIELD SCHEDULING:

206.973.4770

#### FIELD CONDITIONS:

206.973.4679 Recorded Message

#### **WEBSITE:**

www.seatacwa.gov/sportfields



#### LIVE ENTERTAINMENT

Hours: 1-10 PM

**Entertainment Lineup** 

- Strangely Alright
- Tobias the Owl
- Amber Sweeney Trio
- Larry Mitchell Trio
- Paul Sawtelle
- Mr. Von
- Blues Redemption
- Late September Dogs
- Fireworks with National Anthem sung by Amber Sweeney

FIREWORKS SHOW • 10 PM

CHILDREN'S BOUNCERS • NOON-8 PM

Cost: Wristband - \$5 per child

WATER SPRAY PARK • 11 AM-8 PM

A fun, safe and free way to cool off.

#### **INFORMATION**

Please visit the Family Fourth of July webpage at www.seatacwa.gov/July4th for additional information including parking options.



**Sponsors:** We'd like to thank Alaska Airlines, Angle Lake Shore Club, MasterPark, and Recology CleanScapes for their generous sponsorship contributions and for their community spirit!



Angle Lake
Shore Club

TMasterPark

