

# SEATAC

QUARTERLY

Fall 2018

**New Fire Services  
Contract Saves  
City Money**

**City Center  
Plan Update**

**Trick or Treating  
Safety Tips**

PRSRRT STD  
US Postage  
PAID  
Seattle, WA  
Permit No. 1  
ECRWSS  
Postal Customer

CITY NEWS

PUBLIC SAFETY

PARKS & RECREATION

## MESSAGE FROM THE CITY MANAGER



The schedule of my impending retirement has been slightly adjusted. The City Council has asked me to delay my retirement into 2019 while they conduct an updated city manager search (see article below). I have agreed to stay into the first part of the year.

So, as I was nearing my retirement, I realized that I have many positive things I'd like to say about my nearly six years with the City; the last half as the City Manager. There are a few highlights I'd like to share. The overall performance of the City organization is probably the biggest change, and the one you might not easily see. We have a dedicated team of staff who work to provide services to our community, efficiently, and with spirit. Working together, with the support of the City Council, the City's Leadership Team has implemented department alignment and staffing changes, streamlined procedures and regulations, created a more transparent and trackable budget process, and used technology to improve customer services and experiences both in-person and online.

We have stabilized the City's budget, secured sustaining revenues, placed the City in a financially strong position, built healthy reserve funds for the future, implemented meaningful financial policies, and established measurable performance objectives. After years of negotiations, we have an Interlocal Agreement with the Port of Seattle that is truly based on long-term cooperation and mutual benefit, both financially and in addressing community impacts and issues, such as additional police services and addressing residential parking problems. We have negotiated successfully with Sound Transit to insure that City residents are not asked to pay for continued expansion through our City.

I am proud of my role in helping these things happen, but I know it was only possible because of the commitment and effort of the department heads, other members of the Leadership Team, and City staff, the dedication of our community volunteers and committee members, and the strong support of the City Council. Thanks all!

**JOSEPH SCORCIO, AICP**  
*City Manager*

### City Manager Recruitment Update

In the next few months, the City Council will renew the search for the next SeaTac City Manager, to replace Mr. Joe Scorcio upon his retirement in early 2019. The recruitment strategy and timeline, facilitated by Scorcio and Human Resources Director Vanessa Audett, will likely reflect the recent 2018 process and will allow opportunities for community input and participation of both residents and business owners, in the review and selection process.

Scorcio originally set a retirement date of late 2018. When the selected candidate withdrew in late August, the Council opted to recruit again. At the Council's request, Scorcio has agreed to delay his retirement and extend his administrative duties with the City until a new City Manager is on-board in 2019. Scorcio has spent nearly six years with the City of SeaTac including time as the Community and Economic Development Director.

## CITY DIRECTORY Area Code 206

**CITY HALL**  
973.4800

City Clerk  
973.4661

City Council  
973.4810

City Manager  
973.4810

Code Compliance  
973.4567

Finance & Systems  
973.4880

Inspection Line  
973.4764

Fire Department  
253.856.4300

Emergency Management  
973.4745

Garbage and Recycling  
973.4763

Government Relations  
& Communications  
973.4812

Human Resources  
973.4650

Community Services  
973.4815

Job Line  
973.4655

Maintenance Facility  
973.4770

Municipal Court  
973.4610

Community & Economic  
Development  
973.4750

Police Non-emergency  
296.3311

Police Department  
973.4900

Public Records  
973.4663

Public Works  
973.4720

SeaTac Community Center  
973.4680



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#### COVER PICTURE

PHOTO COURTESY OF:  
ADOBE STOCK



## LIVE IN THE YELLOW



The City of SeaTac is in its 28th year of cityhood and is maturing nicely. As a resident of SeaTac, and a third-term City Councilmember, I consider safety for our residents and visitors as job one!

We have a great police force, and as I learned at the SeaTac Community Police Academy, a good way to be safe and help our police help us, is to 'live in the yellow.' Simply stated that means be aware of our surroundings wherever we are and do not be the unwitting target for a bad guy.

So, how can we live in the yellow? Get to know our neighbors! My husband and I know many of our neighbors because I am a Block Watch Captain and we have hosted a National Night Out Against Crime event at our home for the past 10 years. We have always watched out for our elderly neighbors, and now, some of our younger neighbors watch out for us.

Keep phone numbers of neighbors at hand and occasionally do a neighborly check-in. If you notice things like newspapers piled up on a neighbor's porch or a neighbor's car that has not moved for longer than usual, check it out. If you still feel something is wrong, do not hesitate to call 911 and ask to have an officer perform a welfare check.

If you notice an unfamiliar vehicle cruising the street or stopping at mailboxes, get a license number, vehicle description, and call 911 to report this suspicious activity.

When out in the yard, or going to the mailbox and you notice someone unfamiliar, nod or wave. That way they will know that they were noticed. They will likely move along if they are up to no good.

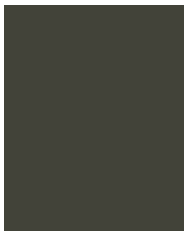
If a stranger comes to the door looking for a lost pet or asking for the name of someone unknown to you, he or she could be scoping out the neighborhood; do not hesitate to call 911. If a stranger knocks on the door but you don't want to answer, the police recommend to at least say, "Please leave, I am calling 911" or ask, "Who is there?" The point is to let the stranger know that someone is home.

When banking, ask the teller to quietly count out your cash so others do not overhear. Do not count your money in public; do not leave valuables in the car; and if you have a home safe, do not talk about it where strangers might overhear.

No need to be paranoid, just be aware and know what to do if necessary. Bottom line—maintain faith in humanity, live wisely, live healthy, and live in the yellow.

**PAM FERNALD**  
Councilmember

## YOUR CITY COUNCIL



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Councilmember  
Position No. 5



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Councilmember  
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### City Council Meetings

**PLACE:** Council Chambers at City Hall

**DATES:** 2nd and 4th Tuesdays

**TIME:** Regular Council Meetings  
6:00 PM

To view Council agendas and minutes, meeting times and dates, please visit the City's website at [www.seatacwa.gov](http://www.seatacwa.gov). Meeting dates and times may change. Please reference the city calendar online or call the City Clerk at 206.973.4661 for the latest information.

City Council Meetings are streamed live and archived online. From the homepage, click on the SeaTV Online button. Council meetings and other programming is also available to Comcast subscribers on SeaTV Channel 21.

If you have any questions regarding the Council Meetings, please contact the City Clerk at 206.973.4661.

**NEW FEATURE:**

## Searchable Public Records Portal

THE CITY OF SEATAC HAS MADE IMPROVEMENTS to the public records process. Requestors now have the ability to search and download records from previously submitted requests. In an effort to improve transparency and provide faster access to City records, we have established an online Public Records Request Portal where you can find responses dating back to January 1, 2016. Before submitting a new request try searching the portal first, you might find what you are looking for. The new portal can be found on the City website under the Records Request section and just follow the instructions.

**LEARN MORE**

If you have any questions on using the portal, please contact the Records Management Division at 206.973.4663.



## NOVEMBER 6 GENERAL ELECTION

Ballots for the upcoming November 6 General Election will be mailed out on October 16 and will not require a stamp to be returned.

SeaTac City Hall will no longer host a temporary drop box, however, there is a permanent ballot drop box located at the Valley View Library, 17850 Military Road S., SeaTac.

## Appointed Advisory Board/Committee Members

The following individual was appointed, or re-appointed by the City Council to a SeaTac Citizen Advisory Board/Committee. We value their civic interest and willingness to be a part of the working team of our City.

**HOTEL/MOTEL TAX ADVISORY COMMITTEE • Richard Whaley-06/26/18**

## Stay Informed in Two Easy Steps

Did you know that you can sign up for email alerts for calendar and news events of interest to you? Follow these simple steps on the city website:

[www.seatacwa.gov](http://www.seatacwa.gov)

■ **STEP 1:** Under the "How Do I..." pull down menu, click "Sign up for..." and click on "eNotifications". A box will appear. Enter your email address and name, then simply click on the categories of interest and click the "Submit" button.

■ **STEP 2:** You will receive a confirmation email from "SeaTac, WA" asking you to confirm your subscription. Be sure to respond to the email to activate your e-notification subscription. It is quick and easy. You can change or delete your preferences once you are a subscriber.





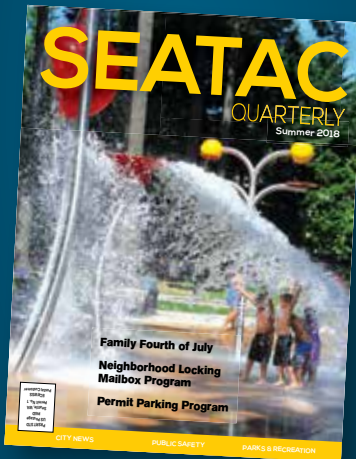
## NEIGHBORHOOD LOCKING MAILBOX PROGRAM

Fifty-five homes in SeaTac are enjoying the security of a new locking mailbox from the City of SeaTac. Owners of single-family residential units, duplexes and triplexes, as well as business property owners that have individual mailboxes, are eligible to participate in the program. The boxes cost \$108 each and the City will provide a free standard installation. A low-income discount is available.

For more information, contact Mason Giem at 206.973.4763 or visit: [www.seatacwa.gov/MailboxProgram](http://www.seatacwa.gov/MailboxProgram)

# Support SEATAC

Looking to advertise?  
Contact Greg Borland to discuss  
how to maximize your exposure to  
residents of SeaTac



206-979-6928  
[greg@philipspublishing.com](mailto:greg@philipspublishing.com)

## INOPERABLE VEHICLES

Tired of looking at those inoperable vehicles in your neighborhood? Just what is an inoperable vehicle? In the SeaTac Municipal Code section 7.25.100, inoperable vehicles are defined as wrecked, dismantled or partially dismantled, inoperative, or unlicensed and uninsured vehicles. These cars and trucks can be an eyesore in our community, so let us work together to get them out of SeaTac and make the community more attractive.

If you own an inoperable vehicle and are unsure of how to get rid of it, here are some donation programs that will take them off your hands. Generally, there is no charge and you may even claim the vehicle's value as a charitable donation when you do your taxes. In order to donate your vehicle(s), you must provide the title or proof of ownership. ♦

SEATTLE GOODWILL	
Website: <a href="http://www.seattlegoodwill.org">www.seattlegoodwill.org</a>	Toll Free Phone: 1.877.999.8322
JUNK A CAR	
Website: <a href="http://www.junkacar.com">www.junkacar.com</a>	Toll Free Phone: 1.800.303.9971
KARS 4 KIDS	
Website: <a href="http://www.kars4kids.org">www.kars4kids.org</a>	Toll Free Phone: 1.866.372.0879
WHEELS FOR WISHES	
Website: <a href="http://www.wheelsforwishes.org">www.wheelsforwishes.org</a>	Toll Free Phone: 1.877.431.9474



# City Center Plan Update: Project News



**T**HE CITY WILL BE RAMPING UP WORK on the City Center Plan Update Project this fall and throughout next year as part of the 2019 Comprehensive Plan Amendment Process. Comprehensive planning is a process that determines community goals and aspirations in terms of community development and both expresses and regulates public policies on transportation, utilities, land use, recreation, and housing.

## ■ ABOUT THIS PROJECT

In 1999, the City Council adopted the City Center Plan, which is a growth and development document for SeaTac's central commercial core. This project's main goals are to re-examine the plan's vision and growth strategy. Some key questions the project will explore include:

- Is "City Center Plan" the right name for this plan?
- Can SeaTac have a true city center?
- If so, what should be in a city center?
- If not here (see site map), where should SeaTac's City Center be located?

## ■ NEXT STEPS

City Planning staff are currently creating a project schedule that will align with the 2019 Comprehensive Plan Amendment Process. It will include multiple opportunities for community and stakeholder involvement in reshaping the vision and plan for how this area should grow and develop in the next twenty years. ♦

## ▶ LEARN MORE

To find out more about this project and how to get involved, contact Senior Planner Kate Kaehny at [kkaehny@seatacwa.gov](mailto:kkaehny@seatacwa.gov) or go to the City Center Plan web page at [www.seatacwa.gov/CityCenterPlan](http://www.seatacwa.gov/CityCenterPlan)

# SOUND TRANSIT UPDATE



Sound Transit is moving forward with its plans to extend light rail from SeaTac's Angle Lake

Station to the Federal Way Transit Center. Three contractors were selected by Sound Transit and invited to submit an extensive and detailed construction packet that will include cost estimates for the construction of this monumental project. The City will be involved throughout this process and is currently wrapping up its agreements with Sound Transit. This will allow for the construction and operation of light rail in SeaTac as it continues to Federal Way.

The contractor selected will also be tasked with constructing the 509 tunnel where it crosses International Boulevard. This process will minimize the potential for disruptions during this construction period.

The 7.8 mile alignment will include three stations that will be located:

- Near Kent Des Moines Road
- At S. 272nd Street
- At the Federal Way Transit Center

The three stations are expected to be open for service in 2024. ♦

## ▶ LEARN MORE

Sound Transit has released a helpful 'fly through' animation of the project that can be found at [www.soundtransit.org/Projects-and-Plans/Federal-Way-Link-Extension](http://www.soundtransit.org/Projects-and-Plans/Federal-Way-Link-Extension)



# “What’s Up with All the Big Construction Projects?”

Recent Projects in the Real Estate Development Pipeline

**Y**OU MAY HAVE NOTICED QUITE A FEW CONSTRUCTION PROJECTS around town and have wondered what is going on around here? There are many commercial buildings under construction throughout the City. From Glacier Middle School, to a large manufacturing warehouse, from a multi-story retirement home project, to a new kidney dialysis center; and of course multiple new hotels. In this article, we highlight the recently completed projects and the ones that are under construction.

## RECENTLY COMPLETED

The beginning of summer brought the ribbon cuttings and grand openings of two prominent hotels: Aloft and Residence Inn by Marriott. Aloft brings a modern and stylish lodging alternative for active professionals. Residence Inn provides a comfortable extended stay option with a small kitchenette in every room, and common area amenities to feel at home—especially for those who stay awhile. Both hotels feature bars and food venues open to the public.

## CURRENTLY UNDERWAY

As the Airport keeps growing, the City is prospering in its own right and keeping pace in attracting new development. The list below highlights a few of the sites you will see actively undergoing construction. ♦

**▶ LEARN MORE**

You can learn more about community and economic development at the following website address:  
[www.seatacwa.gov/business/economic-development](http://www.seatacwa.gov/business/economic-development)



Credit: Huitt-Zollars, Inc.

## HOSPITALITY

- **Hilton Garden Inn Hotel** – on S. 188th Street east of the DoubleTree Hotel
- **Wingate Hotel by Wyndham** – on International Blvd close to S. 192nd Street
- **Hyatt Place & Hyatt House** hotel projects – on the former Jet Motel site

## HOUSING

- The **Vintage Retirement Homes** – S. 211th Street, east of the Des Moines Safeway

## PUBLIC

- New **Glacier Middle School** on former high school site



Rendering by NBBJ

## COMMERCIAL

- **Alaska Air Group Copper River corporate campus** expansion project at S. 192nd Street and International Blvd
- New **Northwest Kidney Center** building on S. 128th Street
- **Trammell Crow / IAC Commerce Center**– Industrial building on 24th Avenue S. at S. 208th Street



Credit: Don Wilson/Port of Seattle

## SEA-TAC INTERNATIONAL AIRPORT

- **International Arrivals Facility**
- **North Satellite Terminal** – Alaska Airlines





# Development & Activity Pipeline 2016 - 2019



### DEVELOPMENT ACTIVITY

1. Wright Runstad
2. Even Hotel / 90 Rooms (Mid 2019)
3. Reserve at SeaTac / 269 Senior Apartment Units (2017)
4. Marriott Residence Inn / 165 Rooms (Early 2018)
5. Cambria Suites Hotel / 150 Rooms (TBD)
6. Angle Lake Reserve / 10 Single Family Residences (2017)
7. Hilton Garden Inn / 152 Rooms (Early 2018)
8. ALOFT Hotel / 143 Rooms (Early 2018)
9. Wyndham Wingate Hotel / 128 Rooms (Mid 2019)
10. Hyatt Place and Hyatt House / 381 Rooms (Early 2019)
11. Apartments / 90 Units
12. Trammell Crow
13. Mountain View / 40 Single Family Residences
14. 28th Avenue Extension Project (2017)
15. Country Inn Redevelopment / 120 Rooms (2016)
16. Scoccolo Office Building
17. New Apartments / 14 Units
18. SeaTac Senior Housing / 170 Senior Apartment Units
19. Hotel/Retail/Park and Fly Lot / 130 Rooms
20. Northwest Kidney Center
21. Hilton Home 2 / 90 Rooms (Mid 2019)
22. Alaska HQ Campus
23. Middle School
24. Disisto Townhomes / 3 units
25. Highlane Townhomes / 24 units
26. Victoria Townhomes / 12 units
27. WP Townhomes / 4 units

#### LEGEND

**Development Status (with Project Number)**

- Planning Stage
- Under Construction
- Completed

**ProjectType**

- Hospitality
- △ Housing
- ⊕ Industrial
- ⊕ Mixed Use
- ⊕ Office Building
- ⊕ Senior Housing
- ★ Public Facility
- ⊕ Other

# PUBLIC WORKS CONSTRUCTION UPDATES

## 2018 OVERLAY PROJECT

**LOCATION:** Military Road S. between S. 209th Street and the I-5 Bridge Overpass

**PROJECT DETAILS:** This project will reconstruct Military Road S. between S. 209th Street and the I-5 bridge overpass. Work will include rubblization of the existing concrete road and overlaying with hot mix asphalt, storm water improvements, pedestrian facilities, bicycle lanes, signal upgrades, and permanent signage.

**LOCATION:** S. 200th Street/26th Avenue S. Intersection Project

**PROJECT DETAILS:** The scope of work includes the grind and overlay of the intersection at S. 200th Street and 26th Avenue S., installation of ADA compliant sidewalks and ramps, and pedestrian signal upgrades.

**Construction began in July and will continue until spring 2019.**

## S. 166TH STREET SIDEWALK PROJECT

**LOCATION:** S. 166th Street (from 34th Avenue S. to Military Road S.)

**PROJECT DETAILS:** This Safe Routes to School grant-funded project includes construction of sidewalks, curb and gutter, storm drainage facilities, enhanced crosswalk, pedestrian lighting, and radar speed or feedback signs. Construction began in late August and will continue through the fall.





### Curb Marker Program Volunteer Opportunities Available

It is a very common misconception that stormwater is treated before it reaches streams and lakes. Installing stormwater curb markers reminds people that storm drains are for rainwater only. Curb markers are easy to install and are available to volunteer groups from May 1–October 31. For more information contact Stormwater Asset Management Coordinator Jon Kulju at 206.973.4766.



## DID YOU KNOW?

You can get your damaged garbage, recycling, and compost carts exchanged for brand new clean ones one-time per year, for FREE! Just contact Recology at 206.767.1166 or email [seatac@recology.com](mailto:seatac@recology.com)

# Mold and Moisture— What can you do?

**E**XPOSURE TO MOLD CAN CAUSE COLD-LIKE SYMPTOMS, respiratory problems, nasal and sinus congestion, watery eyes, sore throat, coughing and skin irritations. It can also trigger asthma attacks. Children, the elderly and people with existing respiratory sensitivities are at higher risk for adverse health effects from mold.

If you can smell or see mold, you have a mold problem.

Mold can be removed from these surfaces:

- Hard surfaces such as hard plastic, glass, metal, and countertops by scrubbing with a soap or detergent
- Porous surfaces such as paper, sheetrock (drywall), and carpet padding by removing and discarding the material
- Wood by sanding then sanitizing the area using a chlorine bleach and water solution or other biocide

#### PLUMBING LEAKS

Check under sinks, dishwashers and other locations that may have hidden moisture.

#### BATHROOM EXHAUST FAN

Run the bathroom exhaust fan during, and for a few minutes after, showers and baths to exhaust the moisture. Keep surfaces dry to prevent mold growth.

#### CLOSETS

Closets on exterior walls will be higher in humidity than the rest of the house during the heating season. Keep the closet warm by storing things away from the outside wall to allow air circulation. Leave closet doors open during very cold weather.

#### RENTERS

If you are a renter, and have asked that mold issues be fixed, and your landlord has not addressed the problem, please contact the City's Code Compliance Program at 206.973.4567. ♦

## PLANNING A CAR WASH FUNDRAISER?



By checking out a FREE fish friendly Car Wash Kit from the City, fundraising groups can help keep harmful soaps and toxic metals from running into the Puget Sound. Contact Water Quality Technician Tom George at 206.973.4753 for more information or to reserve a FREE car wash kit.

# SeaTac Saves \$91,000 with New City Fire Services Contract

**I**N AN ONGOING EFFORT TO PROVIDE THE BEST AND MOST ECONOMICAL FIRE PROTECTION to the residents of SeaTac, in August 2018, the City Council approved an amended fire contract with the Puget Sound Regional Fire Authority (PSRFA). The amended fire contract reduced City costs by \$91,000 and more clearly defined the services PSRFA delivers to the residents of the City. The PSRFA has been serving the SeaTac community since 2014.

“We are happy to continue our partnership with PSRFA,” says City Manager Joseph Scorcio. “After five years of service, we were able to work together to improve the cost

of providing emergency services,” said Scorcio.

The City reviewed the contract as part of an ongoing effort to search for efficiencies in budget items. The cost reduction came, in part, as a result, of

the City of Maple Valley joining the PSRFA that reduced the City’s portion of payment for services. Additionally, the City added new language to review the contract every two years to align with City biennial budget years.



## ASSIST YOUR PUBLIC WORKS DEPARTMENT PREVENT LOCALIZED FLOODING

Leaves and debris can cause localized flooding when they cover storm drains in the street or block pipes located in open ditches. Blowing or raking fallen leaves onto the street and into ditches creates a safety and storm water hazard to your property and surrounding neighborhood. The storm drains and ditches catch and convey the rainwater into the nearest stream, helping to keep excess water away from your property and reduce flooding.

- Check to make sure storm drains in your neighborhood are clear of debris before major storm events
- Rake fallen leaves into your yard waste bin, not into the street or ditch
- Use leaves as mulch on garden beds and landscaped areas



# HALLOWEEN SAFETY TIPS

Halloween is a very exciting time for children. For months, they look forward picking out costumes, and getting ready for the big night. Their excitement is contagious.

During this big children's holiday, it is important to take safety precautions to protect your loved ones while trick-or-treating. One of the big dangers is pedestrian and car interactions. The SeaTac Police Department has assembled some safety tips to ensure you have a safe and joyous Halloween holiday:

- When selecting a costume make sure it is the right size to prevent trips and falls. Masks can obstruct your child's view; instead apply non-toxic face paints. Make sure oversized hats, helmets, or headpieces won't interfere with their vision. Choose bright colors that make your child more visible in the dark.
- Make your child easy to see by adding reflective tape or stickers to their costumes. Give your child a flashlight with fresh batteries, or glow sticks to wear for greater visibility.
- Trick-or-treat in neighborhoods known to you and your children. Attempt to trick-or-treat while it's still light out, and visit houses ready for trick-or-treaters, by advising your child to go only to homes with outside lights on. Establish a pre-planned route and curfew for kids over 12.
- Remind your child of everyday pedestrian safety tips such as using crosswalks and looking left, right, and left again before crossing the street. Never assume a driver will give you the right-of-way. Make every effort to make eye contact with the driver of a stopped or approaching vehicle before entering the roadway.

Kids should stay on sidewalks and use crosswalks if available.

Trick-or-treat in groups for increased safety, visibility and fun.

STAY SAFE  
AND HAVE  
FUN! HAPPY  
HALLOWEEN!



## PERMIT PARKING PROGRAM COMING SOON

The City of SeaTac is actively working to reduce the effect of airport parkers on local neighborhoods. Everyone should be aware of significant street parking changes coming soon, specifically to the McMicken Heights and Sue-Linda Park neighborhoods.

In order to address the effects of airport growth on parking in our neighborhoods, the City Council has authorized a two-year pilot program that will restrict parking in certain neighborhoods. Enforcement of the regulations will be accomplished through the hiring of Parking Compliance Officers. Details of the pilot program are still being worked out. If successful, the program will be expanded to other neighborhoods that have similar parking issues. This is the culmination of years of work between the City and residents and should result in much needed relief in the neighborhoods most affected by the airport.

## LEARN MORE

For More information, please see the webpage at [www.seatacwa.gov/PermitParkingProgram](http://www.seatacwa.gov/PermitParkingProgram)

# Are You Prepared?

**H**AVE YOU EVER THOUGHT ABOUT HOW MUCH THINGS CAN CHANGE IN A MOMENT? What if a catastrophic disaster occurred today, maybe while you're reading this message? What would be your first priority in the moments following that event? How would you reach those closest to you if your phone no longer worked? Have you prepared those people, which rely on you, to deal with the aftermath of a catastrophic event, if you were unable to help them? If one or more of these questions has left you wondering, then you are not prepared for a disaster.

Personal preparedness is a subject many of us are hesitant to tackle. To some, it may be scary to consider how this kind of event would change their daily routine. Others may not be ready to think through how they will be personally effected after a significant earthquake or large-scale weather event. The truth is we have no control over when a major emergency or large-scale disaster occurs. Our best tool for getting through these events is to be ready.

## THINK

What if a disaster happens right now, what should you do?

- Keep calm, take time to think, give assistance where needed
- Turn on your radio for official information and instructions
- Sign up for ALERT King County for emergency notifications
- Use the telephone only for emergency calls



## SAFETY ACTIONS FOR AN EARTHQUAKE

### INSIDE A BUILDING

- **DROP** – Drop down on the floor away from windows, hanging objects, and tall furniture
- **COVER** – Take cover under a piece of furniture or against an interior wall and protect your head and neck with your arms
- **HOLD** – If under furniture, hold on to it and be prepared to move with it.
  - Hold that position until the ground stops shaking
  - Wait 60 seconds after shaking stops
  - Evacuate outside building (no use of elevators)
  - Account for family members and/or coworkers

### IN A VEHICLE

- Pull over to the side of the road
- Stay away from overhead utility lines, bridges, and overpasses
- Stay inside your vehicle



## PREPARING FOR AN EMERGENCY

**MAKE A PLAN** – How will you escape your workplace or home if necessary? Where will you reunite with coworkers or family members after evacuating? How will family members reach out to other family members if reuniting is not an option? It is easy to develop a plan that addresses these questions; the important part is to share and practice that plan. Have an out-of-area contact.

**BUILD A KIT** – Having the resources needed to maintain your well-being is vital to surviving any disaster. At a minimum, every family member should have his or her own emergency go-kit. A personal go-kit should contain all the food, water, hygienic needs, clothing and medications necessary to sustain that person for seven to ten days. Store battery powered radios, flashlights, and spare batteries where they are readily accessible. Cash is another important item following a disaster. Banks can be closed and ATM's may not be working after a disaster. Keeping cash readily available can make the difference if you have the opportunity to purchase additional supplies.

**HELP EACH OTHER** – You probably do not realize the resources you have in your community. However, you can reach out to neighbors and work together to plan your recovery process. Work together to identify area hazards and mitigate what you can. Identify the specialized skills some neighbors possess that may offset the dangers of a disaster. Take a first aid course, learn CPR, and consider joining a Community Emergency Response Team (CERT) in your area.

### LEARN MORE

For more information, please contact City of SeaTac Emergency Management Program Manager Will Lugo at 206.973.4745 or [wlugo@seatacwa.gov](mailto:wlugo@seatacwa.gov)



## STAY INFORMED DURING EMERGENCIES

During a real-life emergency, have you ever wondered how you will find out about important emergency notifications? In order to survive a disaster or emergency, community members need to receive timely potential hazard or local safety notifications.

To help community members deal with a disaster, the City of SeaTac along with King County have instituted the ALERT King County community notification system powered by CodeRED. It is an ultra-high-speed communication service for emergency notifications. This system allows the City of SeaTac and first responders to pass important emergency notification alerts to residents by several methods:

- Voice
- Email
- Text

In addition, the system can target areas of the City for situations that require immediate action, such as boil-water notices, missing child notifications, or evacuation notices. However, this system is only as good as the telephone number database that supports it. King County's reverse 911 system will only notify your landline unless you OPT IN and add your cell phone number or email to the ALERT King County database. Both individuals and businesses can add their own phone numbers directly into the system's database. No one should automatically assume his or her phone number is included.

Individuals should register who have:

- A cellular phone or Voice over Internet Protocol (VoIP) phone as their primary number
- Unlisted phone numbers
- Changed their phone number or address within the past year

All individuals and businesses should follow the link below to the "ALERT King County" page.

- <https://public.coderedweb.com/CNE/en-US/BF0D5C5CC09C>

There is no charge to register for or use the ALERT King County and your personal information is kept confidential.

Also, remember to add the following ALERT King County incoming call numbers to your caller ID:

- 866.419.5000—Emergency Calls
- 855.969.4636—General Calls

ALERT King County is a geographically based system that requires street addresses to ensure emergency notification calls reach the right phone number. The system also works for cell phones, but residents must OPT IN their street addresses to their cell phone number for ALERT King County to provide relevant messages. The data collected will only be used for emergency notification purposes.

For those without Internet access or needing more information please contact the City of SeaTac Emergency Management Program Manager Will Lugo at 206.973.4745 or [wlugo@seatacwa.gov](mailto:wlugo@seatacwa.gov)

## City Celebrates Park Improvements to Valley Ridge Sports Complex

**Location:** Valley Ridge Park, 4644 S. 188th Street  
**Date & Time:** Saturday, October 20, 2018, 10:00 AM

Come celebrate the upgraded sports complex with us. The improvements include new synthetic turf on three existing sportsfields; the fourth field has been upgraded with synthetic turf, and an LED lighting system. We also added a new restroom building with a concession area, park maintenance storage, and perimeter landscaping. These upgrades have made the Valley Ridge sports complex a premier destination for sport enthusiasts in South King County.



## Community Garden Registration

Do not miss your opportunity to get a plot in the City's Community Garden located adjacent to the Highline SeaTac Botanical Garden. Entering our second full-year, we expect that the plots will sell quickly. SeaTac residents and returning plot holders have priority and can register beginning January 2, 2019. For more information call the SeaTac Community Center at 206.973.4680 or go online at [www.seatacwa.gov/communitygarden](http://www.seatacwa.gov/communitygarden)

## PORT OF SEATTLE COMMUNITY GRANT North SeaTac Park Disc Golf Enhancements

Discovering Open Spaces organization received \$10,000 from the Port of Seattle Community Grant program to improve the quality of North SeaTac Park by enhancing and improving the disc golf course. The project will reduce garbage and litter in the park, remove non-native vegetation to conserve the native, healthy ecosystem, support tree care, and maintenance. In addition, the work will improve the overall aesthetics and amenities of the disc golf course. Discovering Open Spaces has a Park User Agreement to operate the disc golf course. They anticipate the enhancements will be completed by the spring of 2019.



## New Play Equipment at Angle Lake Park

Parks, Community Programs & Services staff are working with King County Director's Association (KCDA) to purchase new play equipment for Angle Lake Park. Originally installed in 1998, the existing play equipment is now 20 years old. Staff routinely inspects play equipment in our parks and repairs or replaces items that need attention. The new equipment is scheduled to be installed by December.

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## Parking Lot Overlay Projects

We appreciated the public's patience as we completed maintenance on the parking lots in our parks this summer. Parking lot work was done at Angle Lake Park, Des Moines Creek Trailhead, North SeaTac Park, and Valley Ridge Park. The weather cooperated fully and we now have safe and welcoming lots. Parking lot maintenance will be performed at City Hall in the spring of 2019.

## Free Tickets to Woodland Park Zoo

The Parks, Community Programs and Services Department has partnered with the City of Seattle Woodland Park Community Access Program, where they provide free admission tickets to low income communities to visit Woodland Park Zoo. Complimentary tickets are now available at the SeaTac Community Center, while supplies last. The limit is four tickets per household. For more information, please contact

the SeaTac Community Center at 206.973.4680.

Tickets are good through December 2018.





## SPECIAL EVENTS

### JURIED FINE ART EXHIBIT

#### SEATAC COMMUNITY CENTER

OCTOBER 8–26

Monday–Thursday, 8:30 AM–9:30 PM

Friday, 8:30 AM–5 PM

Saturday, 8:30 AM–4 PM

October is Art Month! Please stop by the SeaTac Community Center during the month of October to view quality original pieces of art from regional artists. This exhibit displays two dimensional drawings, paintings and original prints. Selected pieces will be purchased by the City for our permanent collection.



### COMMUNITY KITCHEN NIGHTS

#### SEATAC COMMUNITY CENTER

WEDNESDAY, NOVEMBER 14

WEDNESDAY, JANUARY 30

Doors open at 6:00 PM

- NOVEMBER 14 – ART NIGHT: COME AND ENJOY FOOD AND ART FROM DIFFERENT CULTURES.
- JANUARY 30 – TRIVIA NIGHT: IN ADDITION TO GREAT FOOD, WE WILL HAVE TABLE TRIVIA.

Community Kitchen Nights are a partnership program with the Food Innovation Network (FIN) and an opportunity to enjoy an amazing meal composed of dishes from around the world. During this popular event, our chefs will share the history of the dish and culture that they represent. Join us for an amazing cultural event where we learn about our neighbors and eat some incredible food. This is a free event, but pre-registration is required at the SeaTac Community Center. Please call 206.973.4680 to register.

*Are you interested in helping prepare the dishes? There are limited kitchen assistant spaces available for everyone 15 years and older. Contact the SeaTac Community Center to register.*



### HOLIDAY BAZAAR

#### SEATAC COMMUNITY CENTER

SATURDAY, NOVEMBER 10 • 9 AM–3 PM

Each year, the Senior Program hosts a fantastic Holiday Bazaar at the SeaTac Community Center. Approximately 70+ vendors will be on hand selling hand-crafted items and commercial products. There will also be raffles, gift baskets and the Candy Cane Café will be open where you can purchase lunch. Get a jump start on your holiday shopping or just drop in to get in the holiday spirit. For more information, please call the SeaTac Community Center at 206.973.4680. For vendor registration, see page 26.



### TREE LIGHTING AND FESTIVE FUN

#### SEATAC COMMUNITY CENTER

THURSDAY, DECEMBER 6

Come and join us for our annual Tree Lighting and Festive Fun night at the SeaTac Community Center. A hugely popular event for families... there will be crafts, live entertainment, and of course, Santa!

#### EVENT SCHEDULE:

- 5–6:15 PM Holiday Crafts for Kids
- 5:30–6:15 PM Take your pictures with Santa
- 5:30–6:15 PM Entertainment in the Banquet Rm.
- 6:30–7 PM ABC...123 Preschool Performance
- 7 PM Tree Lighting with Santa

## Preschool Programs

### ABC... 123 PRESCHOOL

#### Current Classes

In ABC...123 preschool, we want to help your child in their development through exploration of play, socialization and education. Our preschool is a great place to introduce your child to a classroom setting and get them ready for school. They will make friends, learn how to function within a classroom, and learn some things they will need to know entering kindergarten.

All classes are first come, first serve, until they are filled. Registration fee for new preschool registrants is \$50, and \$25 for returning preschool students. Registration fees cover the entire school year. All registration fees are non-transferable and non-refundable. For more information please visit [www.seatacpreschool.com](http://www.seatacpreschool.com).

#### 3 & 4 YEAR OLD CLASSES

**Instructor:** Jessica Ramirez

**Location:** SeaTac Community Center

LOCATION	DAYS	TIME	TUITION
SCC	T/Th	9:30 AM–Noon	\$1050/yr or \$105/mo
SCC	M/W	9:30 AM–Noon	\$1050/yr or \$105/mo
SCC	T/Th	1–3:30 PM	\$1050/yr or \$105/mo

#### 4 & 5 YEAR OLD CLASSES

**Teacher:** Nina Zacharias

**Location:** Valley Ridge Community Center or SeaTac Community Center

LOCATION	DAYS	TIME	TUITION
VRCC	M/T/W/Th	9 AM–Noon	\$2450/yr or \$245/mo
SCC	M/W	1–4 PM	\$1250/yr or \$125/mo



## Youth Programs



### SEATAC'S BEFORE AND AFTER SCHOOL PROGRAM

Our before and after school program is packed full of organized and exciting options that will provide your child a fun and safe place to be throughout the school year. We don't just watch your children, we engage them in recreational and educational activities that will make you feel confident that your child is safe and having a great time. Serving Bow Lake, Madrona, McMicken, Hilltop\* and Parkside Elementary.

**Location:** Bow Lake Elementary, SeaTac Activity Room

DATES	DAYS	TIME	GRADES	FEE
Ongoing	M–F <sup>1</sup>	6 AM–6 PM <sup>2</sup>	K–6	\$5/hr <sup>3</sup>

<sup>1</sup>You choose the days.

<sup>2</sup>You choose the hours. (Closed during school hours.)

<sup>3</sup>You pay only for the hours they attend with a one hour minimum per day.

\* Hilltop has limited transportation available.

### NO SCHOOL DAYS

Schools out, but we are 'in'. Send your child to us for a great day of games and play. We want your child to have some fun so sign up early. Campers need to bring a sack lunch. Minimum of ten campers needed.

**Location:** Bow Lake Elementary School, SeaTac Activity Room

DATES	DAY	TIME	GRADES	FEE
Oct. 12	F	6 AM–6 PM	K–6	\$35 <sup>1</sup>
Nov. 12	M	6 AM–6 PM	K–6	\$35 <sup>1</sup>

<sup>1</sup> This is our early bird rate. Rate will increase by \$10 on October 5 and November 5.

### HOME SCHOOL GYM PROGRAM

Home school program is back for its 10th year! We play an assortment of fun and interactive gym games meant to teach basic group skills and to burn off as much energy as humanly possible.

**Location:** SeaTac Community Center, Gymnasium

DATES	DAY	TIME	GRADES	FEE
Ongoing	T	1:30–2:30 PM	Grades 1–9	\$5/child \$40/10 visit pass

**SEATAC UNITED’S–CASTLE ORANGE CHESS**

Castle Orange is for players of any skill level willing to commit to chess instruction for two days per week. The program also includes monthly mini-tournaments and online lessons allowing for home study for players wishing to advance more quickly. SeaTac United will also host a state qualifying tournament for our players. Castle Orange is free. Continued participation is based on effort.

**Location:** Bow Lake Elementary

DATES	DAYS	TIME	GRADES	FEE
Oct.–May	T/Th	3:10–4:30 PM	Grades 1–6	None
Oct.–May	T/Th	4:45–5:45 PM	Grades 4–8	None

**Location:** Hilltop Elementary

DATES	DAYS	TIME	GRADES	FEE
Oct.–May	T/Th	After School	Grades 1–6	None

**YOUTH CLASSES**



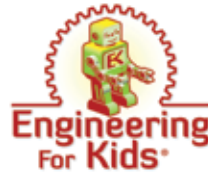
**NEW THIS FALL—INTRO TO STEM WITH LEGO® MATERIALS 6 WEEK PROGRAM**

Tap into your imagination with tens of thousands of LEGO® parts! Build engineer-designed projects such as: motorcycles, castles, airplanes, and monorails. Design, build, and explore your craziest ideas in a supportive environment with the guidance of an experienced Play-Well instructor. There are no prerequisites for this course.

**Instructor:** Play-Well TEKnologies

**Location:** Bow Lake Elementary School, SeaTac Activity Room

DATES (CLASSES)	DAY	TIME	AGES	FEE
Sept. 26–Oct. 31 (6)	W	3:30–5 PM	5–8	\$120



**ENGINEERING FOR KIDS! LEGO® ROBOTICS ONE DAY WORKSHOP: MISSION TO MARS**

**Instructor:** King County Engineering for Kids

**Location:** SeaTac Community Center

DATE	DAY	TIME	AGES	FEE
Oct. 13	Sa	10–11:30 AM	7–12	\$30

**ENGINEERING FOR KIDS! CHEMICAL ENGINEERING ONE DAY WORKSHOP: ICE CREAM FACTORY**

**Instructor:** King County Engineering for Kids

**Location:** SeaTac Community Center

DATE	DAY	TIME	AGES	FEE
Oct. 27	Sa	10–11:30 AM	7–12	\$30

**SPOOKTACULAR PARENTS VS KIDS DODGEBALL & HALLOWEEN NIGHT**

Lace up your sneakers, stretch those muscles out, throw on your Halloween costume and come over to the SeaTac Community Center for some good old-fashioned dodgeball. Halloween treats and goodie bags for youth players included between games.

**Location:** SeaTac Community Center, Gym

DATE	DAY	TIME	AGES	FEE
Oct. 26	F	6–8 PM	5–12 + Adult	\$5/participant

**■ \$30 Registration Fee**

Participation in our youth program requires an annual \$30 registration fee. This fee goes from June to June. The fee includes receiving a program t-shirt that is required to be worn when we go off site on field trips. Returning youth students who do not need a new t-shirt can opt to pay a \$20 registration fee. If needed, replacement shirts are \$15. All registration fees are non-transferable and non-refundable.

**■ Recreation Scholarship Program**

This program is to provide financial assistance to youth and teen citizens for recreational services. Please call Parks, Community Programs & Services at 206.973.4680 for more information or pick up an application at the SeaTac Community Center.

## CONFERENCE WEEK

Nothing says 'Thanksgiving' like you sending your kids to us and we send them back happy and tired. Just like all of our great camps, days will be packed full of a variety of fun and crazy activities that your kids will love.

**Location:** Bow Lake Elementary School, SeaTac Activity Room

DATES	DAYS	TIME	GRADES	FEE
Nov. 19–21	M–W	6 AM–6 PM	K–6	\$90*
Daily	M,T or W	6 AM–6 PM	K–6	\$35*

\* This is our early bird rate. Rate will increase by \$10 after November 13.

## WINTER BREAK CAMP

Wow... where did 2018 go? We are not sure about that, but we are sure that there is no greater place to end 2018 than at our annual Winter Break Camp. Choose one day, one week, or come for the whole time. Campers will be involved in crazy and fun crafts, silly games, field trips, and treats. Bring a sack lunch and warm clothes. No camp December 24, 25 and January 1.

**Location:** Bow Lake Elementary School, SeaTac Activity Room

DATES	DAYS	TIME	GRADES	FEE
Dec. 26–28 (3)	W–F	6 AM–6 PM	K–5	\$81*
Dec. 31–Jan. 4 (4)	M,W,Th,F	6 AM–6 PM	K–5	\$108*
Daily	M–F	6 AM–6 PM	K–5	\$35/day*

\* This is our early bird rate. Rate will increase by \$10 after December 17.

## WINTER FUTSAL (BOYS AND GIRLS BORN IN 2006–2012)

Soccer, only better! We are very excited to offer our Winter Futsal program featuring weekday (Monday or Wednesday) skills practices and Futsal game days on Fridays. Futsal is soccer played on a gymnasium floor, a smaller area utilizing out of bounds lines instead of walls. This promotes better ball control skills as well as passing on the ground. Futsal rewards players concentrating on their first touch and decision making. It is a great way for your young soccer player to amp up his or her game. Registration closes November 26, 2018. Uniforms are optional. Please bring athletic shoes for the gym floor (no cleats), shin guards, and a water bottle.

**Location:** Chinook Middle School, Gymnasium

DATES	DAYS	TIME	AGES	FEE
Dec. 3–Jan. 25 <sup>1</sup>	M or W <sup>2</sup>	5:30–7:30 PM	6–12	\$50

<sup>1</sup> No sessions between December 24 and January 4.

<sup>2</sup> Games on Fridays

## DROP IN CHESS NIGHT

Thursdays, 6–9 PM • SeaTac Community Center  
Open to all ages!

This is a free drop in opportunity for players of all levels to come and play some games. There will be one oversized chessboard open to play on and some boards that can be checked out. Bring your board and get your game on. Checkmate!

# Teen Programs



## TnT (TWEEN & TEEN) WINTER BREAK CAMP 2018

Our TnT camp is exploding with fun, active trips and activities to make this a winter break to remember. TnT camp goes off site most days. Some days we will do bigger trips, like Tag Zone or Dave & Busters, or we might stay at Valley Ridge for cooking and crafts.

**Location:** Valley Ridge Community Center, Teen Room

DATES	DAYS	TIME	GRADES	FEES
Dec. 26–28 (3)	W–F	7:30 AM–6 PM	6–8	\$66*
Dec. 31–Jan. 4 (4)	M,W,Th,F	7:30 AM–6 PM	6–8	\$88*
Daily	M–F	7:30 AM–6 PM	6–8	\$30/day

\* This is our early bird rate. Rate will increase by \$10 after December 17.

## EXTENDED CARE FOR TNT WINTER BREAK CAMP (BEFORE CAMP)

We have an extended care option for participants of our TnT Winter Break Camp. This will be held at Bow Lake Elementary, in conjunction with our Youth Winter Break Camp. Teens must sign up for the entire week and must follow youth camp policies while on site (sorry no phones or electronics).

DATES	DAYS	TIME	GRADES	FEES
Dec. 26–28 (3)	W–F	6–7:30 AM	6–8	\$15
Dec. 31–Jan. 4 (4)	M,W,Th,F	6–7:30 AM	6–8	\$20

**TEEN CENTER PARTNERS**



**King County Library Systems**

Rachel, the Teen Services Librarian holds a book circle twice a month and by participating, the teens can have a snack and a book to add to their personal library. The librarian also connects the student to special events and resources available at Valley View Library.



**SeaTac United**

Provides Castle Orange, this includes chess instruction, equipment, tournaments and a chance to compete at the state chess tournament. Castle orange follows the Chess4life curriculum. They teach students how to improve in chess and important life skills. The SeaTac teens periodically play matches against other high school chess teams.



**YMCA**

Provides afterschool tutoring at Tyee High School. They also assist in serving hot meals to the participants of the afterschool programs.



**Des Moines Area Food Bank**

Bridget educates the community about nutrition and gardening. She brings the On the Grow Garden Truck to the Teen Center for students to fertilize, plant, and harvest from the garden. She also leads fun cooking projects the students can eat, and craft projects they can take home.

**Recreation Scholarships Program**

This program is to provide financial assistance to teen residents of SeaTac for recreational classes and camp activities. Please call us at 206.973.4680 for more information.

**Teen Volunteer Hours**

Do you need volunteer hours for school or want to build your resume? Come help out at our Young Adult Socials. If you enjoy working with kids, volunteer as a referee for youth soccer or volunteer as a chess coach. Don't worry if you have no experience, we will provide training. Contact us at 206.973.4680 for information.

**How Old Are You?**

Teen Programs are for students in grades 7-12. Student ID is required for most activities. Call the Teen Program at 206.973.4680 for more information.

**Other Classes Available to Teens**

Check specific class info for age requirements. Total Body Fitness, Belly Dancing, Zumba, Yoga, Karate, Archery, Fencing, Rapier Sword, Cooking, Piano Lessons



**TEEN CENTER**

Our Teen Center has something for everyone. Meet with friends, play some Playstation 4, Kinect, ping pong, or board games. You can also work on homework, or just hang out. We have special activities such as crafts, cooking projects and competitions. Transportation is available on a limited basis. Call the SeaTac Community Center at 206.973.4680 for details.

**Location:** Valley Ridge Community Center/Teen Center

GRADES	DAYS	DATES	TIME	FEE
7-12	M-Th	Ongoing	Afterschool-5 PM	None
7-12	F	Ongoing	Afterschool-3 PM	None

**YOUNG ADULT SOCIALS**

The City of SeaTac, in collaboration with the local cities of Tukwila and Burien offers monthly socials for teens eligible for the Specialized Recreation program. The cost for bowling nights is \$7. The cost for other activities is \$6 per event. Food or snacks provided.

DATES	LOCATION	THEME	TIME
Oct. 5	Tukwila Community Center	Game Night	5-7 PM
Nov. 2	Hi-Line Lanes	Bowling	5-6:30 PM
Dec. 7	Burien Community Center	Holiday Movie in Pajamas	5-7 PM
Jan. 11	Hi-Line Lanes	Bowling	5-6:30 PM



# Adult Programs

## ADULT FITNESS

### TOTAL BODY FITNESS

Join the fun of working all your major muscle groups for toning and strengthening, plus get in your cardio workout all in one hour. Set for every age and fitness level, you'll experience invigorating music with easy to follow choreography. The class uses a variety of equipment and athletic moves to help improve your overall fitness and requires minimal coordination or experience.

**Instructor:** Teresa Kuzmer

**Location:** SeaTac Community Center, Gym

DATES (CLASSES)	DAYS	TIME	AGES	FEE
Nov. 6–Jan. 31 (24)*	T/Th	5:30–6:30 PM	16+	\$69
Nov. 6–29 (8)*	T/Th	5:30–6:30 PM	16+	\$36
Dec. 4–27 (7)*	T/Th	5:30–6:30 PM	16+	\$31.50
Jan. 3–31 (9)*	T/Th	5:30–6:30 PM	16+	\$40.50

\*No class November 22, December 25 or January 1 due to holiday closures.

### ZUMBA

Ditch the workout... join the party!

The Zumba program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a kind fitness program that will blow you away.

**Instructor:** Lynne Deines

**Location:** SeaTac Community Center, Gym

DATES (CLASSES)	DAYS	TIME	AGES	FEE
Nov. 5–Jan. 30 (21)*	M/W	5:45–6:45 PM	16+	\$63
Nov. 5–28 (7)*	M/W	5:45–6:45 PM	16+	\$31.50
Dec. 3–19 (6)*	M/W	5:45–6:45 PM	16+	\$27
Jan. 2–30 (8)*	M/W	5:45–6:45 PM	16+	\$36

\*No class November 12, December 24, 26, 31 and January 21 due to holiday closures.

### TOTAL BODY FITNESS/ ZUMBA COMBINATION REGISTRATION

This registration allows you to participate in both Zumba on Mondays and Wednesdays and Total Body Fitness on Tuesdays and Thursdays.

DATES (CLASSES)	DAYS	TIME	AGES	FEE
Nov. 5–Jan. 31 (45)*	M–Th	5:30–6:45 PM	16+	\$108

\*No class November 12 & 22, December 24–26 & 31, January 1 & 21 due to holiday closures.



### HATHA YOGA

The consistent practice of Hatha Yoga's various disciplines will add clarity, vitality, and focus to your life. The postures (asanas) and deep breathing (pranayams) in yoga help to combat stress, strain and fatigue. Students are encouraged to bring their own mats and a small blanket.

**Instructor:** Sandra Gomez

**Location:** SeaTac Community Center

DATES	DAY	TIME	AGES	FEE
Nov. 3–26	Sa	8:30–10 AM	16+	Punch Pass

#### Punch Pass Options:

- 5 visits~\$35 (Good for 3 months from date of purchase)
- 10 visits~\$70 (Good for 6 months from date of purchase)
- 20 visits~\$140 (Good for 6 months from date of purchase)
- Single class drop-in fee~\$8

### YOGA WITH JENNIFER–GENTLE CLASS (APPROPRIATE FOR SENIORS)

This class is a combination of gentle energetic movement and strength moves for the whole body. Jennifer adjusts her teaching so that it is appropriate to the students that are present and the energy they bring to the class. This Hatha yoga practice uses bodily postures (asanas), breathing techniques (pranayama), and meditation techniques (dyana) with the goal of bringing about a sound, healthy body and a clear, peaceful mind. Minimum of five participants.

**Instructor:** Jennifer Spofford

**Location:** SeaTac Community Center, Room 107

DATES (CLASSES)	DAYS	TIME	AGES	FEE
Nov. 14–Jan. 30 (19)*	M/W	10–11 AM	16+	\$190

\*No class December 24 & 26, and January 21.

### YOGA WITH JENNIFER— CREATIVE ENERGETIC STRENGTHENING CLASS

This class will flow slowly through sun salutations and postures designed to build internal heat slowly and gently. In this class Jennifer infuses kundalini techniques with Middle Eastern dance, and strength moves which concentrate on the core and back. Meditation (dyana) and breathing techniques (pranayama) are taught to promote relaxation. Class concludes with restorative yoga postures which settle the body and mind. Minimum of five participants.

**Instructor:** Jennifer Spofford

**Location:** SeaTac Community Center, Room 107

DATES (CLASSES)	DAY	TIME	AGES	FEE
Nov. 13–Jan. 29 (10)*	T	5:30–6:30 PM	16+	\$100

\*No class December 25 and January 1 due to holiday closures.

### BEGINNING BELLY DANCE

Learn the art of belly dancing, including its history and culture. Beginners will concentrate on learning and combining basic moves and zill patterns. Learn to increase balance, flexibility, and gain self-confidence. Bring your yoga mat.

**Instructor:** Marjhama (Petey Dunlap)

**Location:** SeaTac Community Center, Room 106

DATES (CLASSES)	DAY	TIME	AGES	FEE
Nov. 6–Jan 29 (11)*	T	5–6:30 PM	15+	\$44
Nov. 6–27 (4)	T	5–6:30 PM	15+	\$20
Dec. 4–18 (3)*	T	5–6:30 PM	15+	\$15
Jan. 8–29 (4)*	T	5–6:30 PM	15+	\$20

\*No class December 25 and January 1 due to holiday closures.



### INTERMEDIATE/ADVANCE BELLY DANCE

The class is perfect for students adding layering, shimmys, and more complex step combinations and developing choreography for group and solo routines. Students wishing additional challenges and fun can join the Oasis Student Troupe Community Performances. Learn to increase core control, balance, and flexibility and just have fun. Bring your yoga mat.

**Instructor:** Marjhama (Petey Dunlap)

**Location:** SeaTac Community Center, Room 106

DATES (CLASSES)	DAY	TIME	AGES	FEE
Nov. 6–Jan 29 (11)*	T	6:30–8 PM	15+	\$44
Nov. 6–27 (4)	T	6:30–8 PM	15+	\$20
Dec. 4–18 (3)*	T	6:30–8 PM	15+	\$15
Jan. 8–29 (4)*	T	6:30–8 PM	15+	\$20

\*No class December 25 and January 1 due to holiday closures.



### ARCHERY FOR EVERYONE

This is an open range with a dedicated instructor. All levels of archers welcome. Bow's, arrows and safety equipment for beginners will be provided. The emphasis will be on good form and safety in a relaxed environment. Instructor held punch card available for the fee of \$70 for 10 classes.

**Instructor:** Chris Konker

**Location:** SeaTac Community Center, Gymnasium

DATES (CLASSES)	DAY	TIME	AGE	FEE
Nov. 1–Jan. 31 (13)*	Th	7–9:15 PM	15+	\$65
Nov. 1–29 (4)*	Th	7–9:15 PM	15+	\$26
Dec. 6–27 (4)	Th	7–9:15 PM	15+	\$26
Jan. 3–31 (5)	Th	7–9:15 PM	15+	\$32.50

### DROP IN ARCHERY

The range is open on an as available basis, dependent on the number enrolled in the class. Compound bows are allowed using standard target points only. \$8 drop-in fee per archer.

### RAPIER SWORD COMBAT

Learn the centuries-old art of rapier combat. Over the course of the instruction you will develop the skills and discipline necessary to compete in the forms of single sword, sword and dagger, and more. Drop-in fee is \$6.

**Instructor:** Jason Prendergast

**Location:** SeaTac Community Center, Room 105

DATES	DAY	TIME	AGE	FEE
Nov. 7–Jan. 30	W	7–9 PM	12+	\$50

### NW PICKLEBALL TRAINING

Training is in group and individual sessions. Check our online catalog at <https://secure.rec1.com/WA/city-of-seatac/catalog> for more information and dates of upcoming classes. Interested in private lessons, contact instructor Tom Grubb at [NWPBtrain@gmail.com](mailto:NWPBtrain@gmail.com) to arrange a time. Tom is a IPTPA Certified Trainer who has specialized training for beginners, advanced beginners and 4.0–4.5 rated players.

### SWIMMING AT MATT GRIFFIN YMCA

SeaTac residents may swim at the YMCA by purchasing a punch card for \$5. Punch cards can be purchased at the SeaTac Community Center by showing proof of residency (valid driver's license and a recent utility bill.) Each punch card has ten punches for lap swim, 12 punches for water aerobics or eight to participate in open swim. Limit of six punch cards per household per year. For more information call SeaTac Parks and Recreation at 206.973.4680.



## ADULT RECREATION

### PRIVATE PIANO LESSONS

Individual 30-minute lessons catered to each student's level. Lessons will emphasize musical theory, physical technique and different styles (classically based, but also including jazz and ethnic music). All ages and skill levels welcome. Instruction times are to be arranged with the instructor, generally Wednesday or Thursday afternoons.

**Instructor:** Kevin Johnson

**Location:** SeaTac Community Center

DATES (CLASSES)	DAY	TIME	AGE	FEE
Nov. 7–Jan. 30 (13)	W or Th	TBD	6+	\$260

### COMMUNITY COOKING NIGHTS

The Food Innovation Network and the City of SeaTac will be collaborating to provide cooking classes from cultures around the world. These classes will be taught by a variety of instructors from different nations of the world. Minimum of 5, maximum of 12 participants.

**Location:** SeaTac Community Center, Kitchen

DATES (CLASSES)	DAY	TIME	AGES	FEE
Oct. 2–23 (4)	T	6–8 PM	15+ (or 10+ w/adult)	\$80

### DROP IN CHESS NIGHT

Thursdays, 6–9 PM • SeaTac Community Center

Open to all ages!

This is a free drop in opportunity for players of all levels to come and play some games. There will be one oversized chessboard open to play on and some boards that can be checked out. Bring your board and get your game on. Checkmate!

### BOULDERING

This free two-hour session instructed by local climber Jeff Smoot will provide an introduction to bouldering (a sub-sport of rock climbing). Topics covered will include bouldering techniques and safety. This is an outdoor class so please dress appropriate for the weather.

**Instructor:** Jeff Smoot

**Location:** SeaTac Community Center,  
Boulder in Neighborhood Park

DATE (CLASS)	DAY	TIME	AGE	FEE
Nov. 3 (1)	Sa	9–11 AM	8+	None



# Senior Programs

## ■ Handy Reference Guide

### SeaTac Senior Program

13735 24th Avenue South, SeaTac, Washington 98168

## ■ Phone Numbers

### 206.973.4690—Senior Desk

Senior desk is staffed by volunteers. Please call this number for general information about the Senior Program, such as the lunch menu, foot care appointments, or a ride to lunch. This number is also the number to call to speak with Senior Program staff.

### 206.973.4680—SeaTac Community Center

Please call this number to register for a trip or class, or to inquire about your status on a trip.

## ■ Hours of Operation

The doors of the Senior Program open at 8:30 AM and close at 4 PM Monday through Friday. If you are participating in programs outside of these hours, it is best to park in the north lot of the community center.

## ■ Participation

Independent individuals, 55 years of age or older, are eligible for participation at the SeaTac Senior Program. This includes programs, drop in activities, and trips. Individuals, 55 years of age or older, requiring assistance to use the restrooms, who have issues with roaming, or who need respite care or adult day care services are welcome to participate but need to have a caregiver present while at the Senior Program. The Senior Program does not provide care giving services.

Visits from adult family homes and assisted living facilities are encouraged but require advance notice and accompanying staff.

Meals on Wheels and our lunch program operate with Federal guidelines which set the age of eligibility at 60, though there are some exceptions.

If you have any questions, please feel free to contact staff at 206.973.4690.

## ■ Subscribe to SeaTac Senior Flyer Online!

One of the features of the City website is the ability to subscribe to publications and receive notices about upcoming events, meetings, etc. It's very easy to subscribe and you can unsubscribe at any time. To subscribe:

On any page of the City's website ([www.seatacwa.gov](http://www.seatacwa.gov)) click on "How Do I..." Then, under "Sign up for..." choose "eNotifications." That will open the page where you can subscribe to receive notifications for City Calendar or News items. In the News section check the box next to "Senior Newsletter" in order to receive information about our classes and programs. After signing up, you will receive an email. Follow the link in the email in order to activate your subscription.

## SENIOR BALANCE CLASS

We will be offering a four-week balance class that will include a PowerPoint informational session as well as time spent learning exercises and techniques to strengthen your body and improve your balance. Please call to register in advance. Please wear good walking shoes and comfortable fitting clothes.

**Instructor:** Tiffany Siu, DPT (Highline Physical Therapy)

DATES (CLASSES)	DAY	TIME	AGE	FEE
Sept. 26-Oct. 17 (4)	W	9 AM	55+	\$5

## MEDICARE OPEN ENROLLMENT

Unbiased Medicare Information from the Washington State Insurance Commissioner's Office.

That enrollment date is coming soon. This class will help you compare information to help make that yearly Medicare decision.

**Presented by:** Steve Lewis, Statewide Health Insurance Benefits Advisor (SHIBA)

DATE	DAY	TIME	AGE	FEE
Oct. 17	W	12:30 PM	55+	None

## WEATHER-PROOF WALKING

The gym is currently open for walking on Mondays, Wednesdays and Fridays from 8:45–9:45 AM.

## WEIGHT ROOM

The SeaTac Community Center has a terrific weight room with cardiovascular equipment, weight machines, free weights, exercise balls and a variety of other equipment.

**Drop in one time use:** \$2.75 (Senior resident)

**Drop in one time use:** \$3.75 (Senior non-resident)

**Monthly Pass:** \$20 (Senior resident)

**Monthly Pass:** \$25 (Senior non-resident)

**Fitness Maximizer:** \$10 per month, concurrent with enrollment in a fitness class.

## WEIGHT ROOM PASS

SeaTac residents who are 55 years of age or older, can obtain a weight room pass at no cost. The pass is good on Tuesday and Thursday mornings, 9–11 AM. To obtain a pass, see Senior Program staff with a current driver's license or WA State issued identification card and a utility bill.

## SWIMMING AT MATT GRIFFIN YMCA

SeaTac residents may swim at the YMCA by purchasing a punch card for \$5. Punch cards can be purchased at the SeaTac Community Center by showing proof of residency (valid driver's license and a recent utility bill.) Each punch card has ten punches for lap swim, 12 punches for water aerobics or eight to participate in open swim. Limit of six punch cards per household per year. For more information call SeaTac Parks, Community Programs & Services at 206.973.4680.

**DRIVER SAFETY**

Brush up on your driver safety skills in this one day classroom workshop. AARP members receive a discounted rate of \$15.

**Instructor:** Marty Hill, AARP Instructor

**Location:** SeaTac Community Center

DATE	DAY	TIME	AGE	FEE
Nov. 8	Th	9 AM-4:30 PM	55+	\$15/\$20

**ALZHEIMER'S ASSOCIATION CAREGIVER SUPPORT GROUP**

Caring for someone with memory loss? Alzheimer's Association caregiver support groups provide a consistent and caring place for people to learn, share and gain emotional support from others who are also on a unique journey of providing care to a person with memory loss. Meetings for unpaid care partners, family members and friends will be held the 3rd Thursday of each month. For more information, contact group facilitator Gerry Crouch at 206.632.3985.

**Location:** SeaTac Community Center

**Upcoming Meeting Dates:** October 18, November 15, December 20, and January 17

DATE	DAY	TIME	AGE	FEE
See above	Th	1-2:30 PM	All	None

**FREE LEGAL ADVICE**

Mary Henderson, Attorney at Law, will be here once a month to answer legal questions for seniors. These include issues regarding wills, Power of Attorney, Elder Law, Landlord-tenant issues and the Vulnerable Adult Protective Act. Thirty minute afternoon appointments are available on the first Thursday of each month. For an appointment please call the senior desk at 206.973.4690. By appointment only. Upcoming dates are October 4, November 1, December 6, and January 3.

**STATEWIDE HEALTH INSURANCE BENEFITS ADVISOR**

Questions about Medicare? Looking for options for help with prescription costs? Under 65, planning early retirement and not eligible for Medicare? Looking for long-term care options or concerned about fraud? Our Statewide Health Insurance Benefits Advisor volunteer can help. If you want unbiased information about options for health insurance and related matters. Call 206.973.4690 to make an appointment for the third Thursday of each month.

**HOLIDAY BAZAAR VENDOR REGISTRATION**

This year's annual holiday bazaar will be held on Saturday, November 10. Vendors may register for a space without a table and provide your own, or we will provide a table for an additional \$5. Space fills quickly so be sure to register early. If you have questions or would like to receive a vendor application packet, please contact Linda at 206.973.4686.

DATE	DAY	TIME	AGE	FEE
Nov. 10	Sa	9 AM-3 PM	Open	\$40/\$45



**DROP-IN ACTIVITIES**

The Senior Program has several fun opportunities to play cards and games. Both our card room and lobby provide great venues for cards and games. Our groups are friendly and newcomers and beginners are always welcome. For more information, call the Senior Program at 206.973.4690.

- BUNKO** – 2nd Wednesday, 5 PM
- CANASTA** – Tuesdays, 12:30-3 PM
- COMPUTER LAB** – Monday-Friday, 9 AM-4 PM
- CRIBBAGE & COFFEE** – Fridays, 9:30 AM
- MAH JONGG** – Thursdays, 9:30-11:30 PM
- NINTENDO WII** – Fridays, 9 AM-3 PM
- PINOCHLE** – Wednesdays, 12:30 PM
- WOODCARVING** – Wednesdays, 10 AM-Noon



## SENIOR TRIPS

### TACOMA HOLIDAY FOOD AND GIFT FESTIVAL

Kick off the holiday season a little early with a visit to the largest holiday show in the west. With over 550 booths filled with gifts, crafts, gourmet food, and more, there's sure to be something for everyone on your list. Enjoy the live entertainment and holiday cooking demonstrations when you need a break from the shopping. Be prepared for a lot of walking. Fee includes transportation and admission. Lunch at the show is on your own.

DATE	DAY	TIME	AGE	FEE
Oct. 18	Th	9:30 AM	55+	\$18

### SEATTLE PREMIUM OUTLETS

We'll head to Tulalip to shop 'til we drop at one of our area's hottest shopping destinations. Get a head start on your holiday shopping or just treat yourself! We will have lunch at Golden Corral in Marysville. Fee includes transportation only. Lunch is on your own.

DATE	DAY	TIME	AGE	FEE
Oct. 29	M	9 AM	55+	\$7

### GARDEN D'LIGHTS AT THE BELLEVUE BOTANICAL GARDENS

Each winter the beautiful Bellevue Botanical Gardens transform into a wonderland of sparkling lights. We'll enjoy an early dinner at Crossroads Mall before the lights. Fee includes transportation only. Dinner is on your own and admission is free. There is a lot of walking on this trip on different surfaces and terrain.

DATE	DAY	TIME	AGE	FEE
Nov. 27	T	2 PM	55+	\$7

### Trip Registration Policy

- Registration for SeaTac Senior residents opens one day prior to general registration.
- Early registration for SeaTac residents will be available on Tuesday, October 2 starting at 9 AM.
- Early registration can be done in person or over the phone. Individuals will be placed on a sign-in list and registered based on their placement on the list. Individuals who phone will be called back when it is their turn to register.
- Full payment is required upon trip enrollment.
- Individuals may only register for themselves or household members.
- Registration for non-residents opens on Wednesday, October 3.
- Individuals with health concerns, mobility impairments, no credit cards, or who are out of town during registration time, may call staff at 206.973.4686.
- Trip times subject to change. Individuals will be notified of any changes when reminder calls are made.
- Individuals who require special accommodations should notify staff at time of registration. For more information please call 206.973.4686.

### Trip Pickups

All participants will need to be able to arrange for their own transportation to and from the community center for trips. Individuals who require transportation are encouraged to work with METRO ACCESS Services by calling 206.205.5000, the Hyde Shuttle at 206.727.6262 or see staff for assistance.

### Trip Cancellations

We are not able to process refunds or credits for cancellations made less than two business days (Mon.–Fri.) before a trip. Cancellations of trips involving already purchased tickets are not refunded, regardless of notice, unless someone buys your ticket. There is a non refundable \$5 processing fee for all participant requested refunds.

### Trip Registration

Once you register for a trip, please check your receipt to ensure you registered for the trips you were interested in. Mistakes can sometimes happen and are difficult to remedy the day of the trip.

### Wait Lists

Our trips have been filling up very quickly. We always recommend getting on the wait list if a trip is filled. There is no fee involved to be on the wait list. We do our best to ensure those interested get on the trips. When we are able, we sometimes can add an extra van or even an extra day for a trip. If you're not on the wait list, we don't know you are interested.

### Fragrance Free Trips

In consideration of fellow trip participants, we ask that individuals refrain from using perfumes and cologne while on a trip. Dueling fragrances can be overwhelming to individuals with allergies and sensitivities.

**SEATTLE MEN'S CHORUS AT TACOMA'S RIALTO THEATRE**

The renowned Seattle Men's Chorus presents "Jingle All The Way," a holiday celebration filled with your favorite classics and carols, sensational show-stoppers and, as always, the Men's Chorus' signature humor. Fee includes transportation and admission.

DATE	DAY	TIME	AGE	FEE
Dec. 8	Sa	1:30 PM	55+	\$45



Credit: John Pai/Seattle Men's Chorus

**JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT**

Seattle Musical Theatre brings to life this unforgettable musical, celebrating its 50th anniversary in 2018! This lively reimagining of the biblical story of Joseph, his brothers, and his famous coat of many colors tells the story through catchy songs in a variety of musical styles. Fee includes transportation and admission.

DATE	DAY	TIME	AGE	FEE
Dec. 16	Su	12:30 PM	55+	\$35

**MUSEUM OF HISTORY AND INDUSTRY (MOHAI)**

Explore the Puget Sound tradition of innovation and imagination at MOHAI. After taking time to see the exhibits on our own and stop in for lunch at the museum café, we'll receive a short docent-led tour of the Grand Atrium and learn about some of Seattle's most iconic artifacts. Fee includes admission to the museum and transportation. Lunch is on your own.

DATE	DAY	TIME	AGE	FEE
Jan. 14	M	9:30AM	55+	\$25



**FOODIE MYSTERY TRIP**

Bring your sweet tooth and your sense of adventure! We'll discover some culinary delights hiding in our own backyard, but you'll just have to wait until the trip to solve the mystery of where to find them. Fee includes transportation. We will have lunch on this trip, which will be on your own.

DATE	DAY	TIME	AGE	FEE
Jan. 28	M	9:30 AM	55+	\$14

**CASINO TRIPS**

Join us for a day of fun and a chance to win big! Whether it's the slot machines, gaming tables, card games, or just the delicious food that keeps you coming back, our casino trips are sure to keep you entertained. Please remember to bring valid picture ID and your player's card with you. Fee includes transportation only.

**RED WIND CASINO**

Please remember to bring valid picture identification and your players club card with you.

DATE	DAY	TIME	AGE	FEE
Nov. 19	M	8:30 AM	55+	\$8

**LUCKY EAGLE CASINO**

Please remember to bring valid picture identification and your players club card with you.

DATE	DAY	TIME	AGE	FEE
Jan. 8	T	8:30 AM	55+	\$8



## SEATAC SENIOR CAFÉ

Join us for a delicious meal served Tuesday-Friday in our banquet room at the SeaTac Community Center. The meals are tasty, the atmosphere lovely and you'll be sure to find the company friendly and welcoming. The suggested donation for lunch is \$4 for those over 60 years of age. For individuals under 60, the cost is \$6. Menus are published in the SeaTac Senior Flyer. Lunch is served at 11:45 AM and is available on a first come, first served basis. The senior van provides transportation to lunch.

## GROUP LUNCH RESERVATIONS

We love to have groups join us for lunch. In order to be able to accommodate groups of 5 or more individuals, the following guidelines apply:

- Reservations must be made in advance by calling 206.973.4686.
- Your reservation cannot be confirmed unless you speak directly with a Senior Program staff member.
- Groups of ten or more will need to make arrangements for advance payment of any lunch donation.
- A 10 day notice is required for group reservations.

## SALAD BAR

Each Tuesday, Thursday and Friday we offer a salad bar featuring delicious items. It is available before lunch from 11:15–11:40 AM unless there is a special event, entree salad or more than 70 people. Single serve salads are served during flu season.

## NEED A RIDE TO LUNCH? HERE ARE SOME OPTIONS...

**SeaTac Residents:** The SeaTac senior van provides lunch pick-ups each day there is a lunch. See staff for details. Reservations are required by 9 AM of the morning you need a ride. 206.973.4690.

**SeaTac & Tukwila:** The Hyde Shuttle provides transportation in and about SeaTac and Tukwila. 206.727.6262.

**Greater Burien Area:** Senior Services operates a transportation shuttle that will now bring individuals from the Burien area to the SeaTac Senior Program for lunch. There is no charge for the service. 206.727.6262.

**ACCESS:** Metro's ACCESS program also provides transportation. An application is required. 206.205.5000.

## MEALS ON WHEELS

The City of SeaTac delivers Meals on Wheels to eligible persons living in SeaTac who are homebound and 60+ years of age. For more information, call the Senior Program staff at 206.973.4680.

# Registration Information

## CONTACT US

### Parks, Community Programs & Services Department

SeaTac Community Center: 206.973.4680  
13735 24th Avenue S.  
SeaTac, WA 98168

Senior Program: 206.973.4690

Parks Administration: 206.973.4670

Parks Maintenance: 206.973.4770

Parks, Community Programs & Services: [www.seatacwa.gov/parks](http://www.seatacwa.gov/parks)

## ONLINE REGISTRATION

Online registration available at <https://secure.rec1.com/WA/city-of-seatac>. There will be a \$1 convenience fee added to each transaction for all online registrations.

## BY MAIL

### Send form and payment to:

SeaTac Community Center  
13735 24th Ave. S., SeaTac, WA 98168

Registration form can be found online at: <http://www.seatacwa.gov/Modules/ShowDocument.aspx?documentid=134>

## WALK IN

### SeaTac Community Center

13735 24th Ave. S., SeaTac, WA 98168

Monday–Thursday, 8:30 AM–8:30 PM; Friday, 8:30 AM–4:30 PM;

Saturday, 8:30 AM–4 PM

## REGISTRATION

Registration will be on a first come, first served basis. Please register early before classes are filled. **CLASSES WITH INSUFFICIENT NUMBER OF REGISTRANTS WILL BE CANCELLED.** Decisions to cancel classes will be made one week prior to the start of class.

Registration will be accepted during business hours, Monday–Thursday between 8:30 AM and 8:30 PM, Friday between 8:30 AM and 4:30 PM and Saturday from 8:30 AM until 4 PM. Please register at least one week prior to the first day of class.

Mail-in registrants are advised to call to confirm that your registration has been received. Your cancelled check is your receipt. If the class has been filled prior to receiving your registration form, we will call you. Be sure to provide a daytime phone number on the registration form.

Payment must be made at the time of registration. Make checks payable to "City of SeaTac." MasterCard and Visa are accepted. Participants under 18 years of age must have parental consent.

**■ Non-Discrimination Policy**

The City of SeaTac does not discriminate on the basis of race, sex, color, religion, national origin, age, disability, or veteran status in the provision of services, in programs or activities, or employment opportunities and benefits. Inquiries concerning the Americans With Disabilities Act of 1990, and requests for reasonable accommodation should be directed to City Hall 206.973.4800/TDD:973.4808. Mail in inquires to should be directed to: City of SeaTac, Human Resources Department, 4800 S. 188th St., SeaTac, WA 98188.

**■ Satisfaction Guaranteed**

At the City of SeaTac Parks, Community Programs & Services Department, we are committed to providing the public with high quality recreation programs. Our residents and patrons are important to us and we feel they deserve quality at all times. We are so confident that our recreation classes are high quality that we are backing them with a Satisfaction Guaranteed Policy. If you are not satisfied you can repeat that class at no charge, receive full credit that can be applied to any recreation class or receive a full refund. Refund request must be made within five business days of last class. Policy DOES NOT apply to excursions, adult sport leagues, preschool, camps and special events.

**■ Inclement Weather**

During a severe weather event, our programs and/or the SeaTac Community Center may close. If you are unsure about the weather, please call to confirm your activity.

**■ Retail Sales Taxes**

Retail sales tax will be added to applicable recreation programs.

**■ Refunds**

You will receive a 100% refund if insufficient enrollment forces the cancellation of a class. Allow approximately three weeks for refund if enrollment fee was paid by check, cash or money order.

Classes cancelled due to inclement weather, or instructor cancellation will result in a credit to your family account.

Refunds for medical reasons will be pro-rated, if written verification from medical personnel is provided.

**■ Cancellations**

In case of bad weather in which games or activities may be cancelled, participants or team representatives may call Parks, Community Programs & Services at 206.973.4680. Weather dependent cancellation decisions are made 2-3 hours prior to activity.

Cancellation decisions for specific programs are made one week prior to the start of the first class. Cancellations by registrants beyond this date will not be accepted.

Cancellation of specific programs may be necessary due to insufficient enrollment. The staff reserves the right to consolidate, postpone, reschedule or cancel any program due to lack of enrollment.

**■ Photos of Participants**

Occasionally, Parks, Community Programs & Services staff takes photos and/or video during our programs. If you wish not to have yours or your children's photo/video taken in conjunction with our programs please notify any recreation staff member or your class instructor. Photos/video taken during Parks & Recreation activities are used in the promotion of future City programs.

# SeaTac Community Center

**SEATAC COMMUNITY CENTER HOURS**

Monday-Thursday .....	8:30 AM-9:30 PM
Friday .....	8:30 AM-5 PM
Saturday .....	8:30 AM-4 PM
Sunday .....	Closed

**SENIOR CENTER HOURS**

Monday-Friday .....	8:30 AM-4 PM
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**HOLIDAY CLOSURES**

November 12 .....	Veteran's Day
November 22 & 23 .....	Thanksgiving Holiday
December 25 .....	Christmas Day
January 1 .....	New Year's Day
January 21 .....	Martin Luther King Jr. Day

**DROP-IN ACTIVITY FEES**

ACTIVITY	ADULT	SENIOR <sup>1</sup>
Archery .....	\$8 .....	\$8
Open Badminton (Weekdays) .....	\$3.75 .....	\$2.75
Open Badminton (Saturdays) .....	\$6.50 .....	\$6.50
Open Pickleball .....	\$3.75 .....	\$2.75
Indoor Flying .....	\$3.75 .....	\$2.75

	RESIDENT <sup>1</sup>	NON RES	SENIOR <sup>2</sup>
Adult Class Drop-In (when available) .....	\$6 .....	\$8 .....	\$6
Weight Room <sup>3</sup> .....	\$5 .....	\$6 .....	n/a
Weight Room Senior <sup>2</sup> .....	\$2.75 .....	\$3.75 .....	n/a
Weight Room (monthly pass) <sup>3</sup> .....	\$25 .....	\$30 .....	n/a
Weight Room (monthly pass) Senior <sup>2</sup> ..	\$20 .....	\$25 .....	n/a
Shower only <sup>4</sup> (towels not provided) ....	\$3 .....	\$3 .....	\$3

<sup>1</sup> Resident of SeaTac.

<sup>2</sup> Senior citizen must be at least 55 years old.

<sup>3</sup> Participants for the weight/cardiovascular room must be at least 16 years of age.

<sup>4</sup> Shower charge only if not participating in activity.

**DROP IN GYM ACTIVITIES**

Archery.....	Th .....	6:45-9:15 PM
Badminton .....	M .....	7-9:15 PM
	Sa .....	Noon-4 PM
Indoor Flying Time.....	M .....	2-5 PM
	F .....	Noon-3 PM
Pickleball.....	T .....	10 AM-1 PM
	Th .....	10 AM-3 PM
Total Body Fitness .....	T/Th .....	5:30-6:30 PM
Zumba.....	M/W .....	5:45-6:45 PM

## PARKS

### ANGLE LAKE PARK

19408 International Blvd. • boat launch, fishing, open recreation area, stage, picnic shelters/barbecue areas, restrooms, swimming, playground equipment, water spray park, nature trail

### BOW LAKE PARK

5040 S. 178th St. • open space

### DES MOINES CREEK PARK

2151 S. 200th St. • paved pedestrian and biking trail, trailhead parking

### GRANDVIEW OFF-LEASH DOG PARK

3600 S. 228th St. • fencing, trails, benches, kiosk, waste receptacles, open areas, sani-cans

### HIGHLINE SEATAC BOTANICAL GARDEN

13735 - 24th Ave. S. (south of community center parking lot) • walking path, water feature, variety of plant species, community garden

### MCMICKEN HEIGHTS PARK

S. 166th St. & 40th Ave. S. • tennis courts, open area, playground equipment, pickleball court



### NEIGHBORHOOD PARK

13735 24th Ave. S. (at SeaTac Community Center) • half court basketball, playground equipment, swings, climbing bolder, skate park

### NORTH SEATAC PARK

S. 128th St. & 20th Ave. S. • baseball/ soccer/softball fields, open area, restrooms, playground equipment, picnic shelter, outdoor basketball, paved walking trails, community center, BMX track, disk golf

### RIVERTON HEIGHTS PARK

3011 S. 148th St. • half-court basketball, walking paths, play equipment, tables and benches, parking

### SUNSET PLAYFIELDS

13659 - 18th Ave. S. • baseball/soccer/ softball fields, restrooms, tennis courts, paved walking trails, picnic area

## VALLEY RIDGE PARK

4644 S. 188th St. • synthetic turf baseball/ soccer/softball fields, tennis courts, community center, skate park, playground equipment, hockey court, basketball courts, 1/2 mile paved walking path, restrooms

## PROGRAM FACILITIES

- **Bow Lake Elementary School/ SeaTac Activity Room**  
18237 42nd Ave. S.
- **SeaTac Community Center**  
13735 - 24th Ave. S.
- **Valley Ridge Community Center**  
4644 S. 188th St.

### ■ Facility and Picnic Shelter Rentals

**Phone:** 206.973.4680

**Email:** [facilityrental@seatacwa.gov](mailto:facilityrental@seatacwa.gov)

**Website:** [www.seatacwa.gov/facilityrentals](http://www.seatacwa.gov/facilityrentals)

- **SEATAC COMMUNITY CENTER**  
Banquet Room, Gymnasium, Multi-Purpose Rooms
- **VALLEY RIDGE COMMUNITY CENTER**  
Multi-Purpose Room with Kitchen
- **ANGLE LAKE PARK**  
Picnic Shelters, Stage
- **NORTH SEATAC PARK**  
Picnic Shelter

### ■ Sport Field Rentals

- **VALLEY RIDGE FIELDS**  
Synthetic turf  
206.973.4680
- **SUNSET and NORTH SEATAC PARK**  
206.973.4770

### FIELD CONDITIONS:

206.973.4679

Recorded Message

### WEBSITE:

[www.seatacwa.gov/sportfields](http://www.seatacwa.gov/sportfields)





## TREE LIGHTING & FESTIVE FUN

THURSDAY, DECEMBER 6  
SEATAC COMMUNITY CENTER

- |              |                                 |
|--------------|---------------------------------|
| 5:00–6:15 PM | Holiday crafts for kids         |
| 5:30–6:15 PM | Pictures with Santa             |
| 5:30–6:15 PM | Entertainment                   |
| 6:30–7:00 PM | ABC...123 Preschool Performance |
| 7:00 PM      | Tree Lighting with Santa        |

Celebrate the beginning of the holiday season with your friends, family and community.