

Public Health Seattle & K.C.

Health Clinic White Center	206.296.4646
Public Health Nurse Referral	206.205.1656
Children w/ Special Needs	206.296.4610
Seattle Indian Hlth Board	206.324.9360
Social Security (Medicare/SSI)	800.772.1213
Tobacco Quit Line	877.270.7867
Valley Medical Center	425.228.3450
Vision USA	800.766.4466
Visiting Nurse Services	425.228.1984
WA State Prescrip. Drug Prog. Discount Card	800.913.4146

Housing

Habitat for Humanity	206.292.5240
HomeSight	888.749.4663
Katherine's House	253.856.7716
King County Housing Authority	206.574.1100
King County Housing Repair	206.296.7640
King County Weatherization	206.214.1240
Landlord/Tenant Hotline	206.694.6767
Minor Home Repair SeaTac	206.973.4815
Rental Assistance– Catholic Community Services	253.893.0024
Tenant's Union	206.723.0500
Senior Housing Assistance	888.450.7424
Solid Ground	866.297.4300
Vision House	425.228.6356
Washington Home Ownership	800.317.2918
Way Back Inn	206.682.7382
YWCA	425.226.1266

Information/Referral

The Arc of King County	206.364.8384
Chinese Information/Service	206.624.5633
Community Information Line	206.461.3200
El Centro de La Raza	206.329.9442
International Rescue Comm	206.623.2105
New Connections	253.856.9200
Public Health Seattle/K.C.	206.296.4600
Senior Information	800.972.9900
Ukrainian Community Ctr	425.430.8229
U.S. Citizenship & Immigration	800.375.5283

Interpreter Services

AT&T Language Line	800.874.9426
Language Line Services	800.528.5888
Red Cross Language Bank	206.726.3554
Refugee Federation Service	253.852.5150

Legal Services

Columbia Legal Services	206.464.5911
El Centro de La Raza Legal	206.957.4634
Housing Justice (English) (Espanol)	206.267.7091
K.C. Dispute Resolution Ctr	206.443.9603
King County Public Defense	206.296.7662
Neighborhood Legal Clinics	206.267.7070
NW Immigrants' Rights	206.587.4009
NW Justice Center	888.201.1012
NW Women's Law Center	206.621.7691
Office of Support Enforcement	206.341.7008
Protection Order Program	206.205.7406
Self Help Plus	206.267.7080
Victim Assistance Unit	206.205.7411

Mental Health/Counseling

Asian Counseling Services	206.695.7511
Catholic Community Services	206.328.5007
Children's Home Society	253.854.0700
Divorce Lifeline	206.694.5757
Family Services	425.226.1253
Navos Mental Health Solutions	206.241.0990
In-Home Mental Health	800.548.0558
Lutheran Counseling Network	425.271.9711
L.C.S International Counseling	206.816.3253
Northwest Counseling Institute	425.658.8408
Seattle Indian Health Board	206.324.9360
Seattle Mental Health	206.302.2200
Valley Cities Counseling	425.271.0986

Seniors

AARP	888.687.2277
Adult Protective Services	206.341.7660
Senior Nutrition Program	253.474.1200
Copes	206.341.7750
ElderHealth/Connection	206.528.5315
Evergreen Home Health	800.548.0558
Geriatric Reg. Assessment Team	206.923.6300
Golden Care at Valley	206.226.4653
Hopelink– Transportation Svc	425.943.6789
SeaTac Senior Center	206.973.4680
Senior Information	888.435.3377
Senior Rights Assistance	206.448.5720
Senior Services/Shuttles	206.727.6262
Social Security Administration	800.772.1213
Volunteer Chore	888.649.6850
VOA Senior Companion Program	206.329.0515

2009/2010 Resource Guide to Human Services



"Creating a Better Community"

City of SeaTac
Human
Services



For More Information, please
call City of SeaTac Human
Services Office at: 206.973.4815

chscluter@ci.seatac.wa.us

Alcohol/ Drug Abuse

Alcoholics Anonymous	206.587.2838
Al-Anon	206.625.0000
Consejo	206.461.4880
NAR-Anon	206.626.7171
South K.C. Recovery Ctr	253.854.6513
Residence 12	425-823-8844
Seattle Indian Hlth Board	206.324.9360
United Indians of All Tribes	206.285.4425
Vision House (single men)	425.228.6356

Children and Youth Services

Auburn Youth Resources	253-939-2202
Big Brothers/Big Sisters	206.763.9060
Child Care Resources	253.852.3080
Children's Hospital Resource Center	206.987.2201
Children's Home Society	253.850.2582
Children's Therapy Center	253.854.5660
Fed Way Boys & Girls Club	253.681.6510
Highline School District	206.433.0111
Highline YMCA	206.244.5880
KidReach	206.662.0998
Missing Children	800.543.5678
New Futures	206.901.0180
Parents/Children Tgthr	253.874.3630
Teen Link	206.461.4922
SeaTac Parks & Recreation	206.973.4680

Clothing and Furniture

Helping Hands	425.687.8365
Hope Chest	425.204.8885
Renton Clothing Bank	425.271.5091
WA Women's Employment	253.859.3718

Domestic Violence/Child Abuse

Abused Deaf Women Crisis Line	206.236.3134
Asian/Pac Isl Women & Family Safety Ctr	206.467.9976
CHAYA	206.325.0325
D.A.W.N	206.656.7867
Domestic Violence Hotline	800.562.5624
End Harm Reports of Abuse	800.562.5624
Family Services	425.226.1253
K.C. Coalition Against DV	206.568.5454
K.C. Sexual Assault Rsrc Ctr	888.998.6423
K.C. Victim Notification	877.425.8463
New Beginnings	206.522.9472
Protection Order Program	206.205.7406
Refugee Women's Alliance	206.721.0243
City of SeaTac Prosecutor	206.973.4632
YWCA South K.C.	425.226.1266

Disability Services

Canine Companions	206.361.0199
The ARC of King County	206.364.1613
Community Services for the Blind	800.458.4888
Deaf Blind Service Center	206.323.9178
Disabled Parking Permits	425.228.5640
Division of Developmental Disabilities	206.568.5700
ElderHealth/Connection	425.227.8767
Hearing Speech/Deafness Ctr	425.226.6111
Volunteer Chore Services	888.649.6850
Wheelchairs (Free)	800.246.6010

Emergency Shelter

Catholic Community Services	206.854.0077
Emergency Intake Hotline	253.850.2523
ARISE Men's Shelter	253.520.4365
Hospitality House	206.242.1860
Multi-Service Center	206.854.3437

**Employment/Education/English
as a Second Language**

Apprenticeship & Non-Traditional Employment for Women	425.235.2212
Asian Counseling and Referral	425.284.0017
Center for Career Alternatives	206.322.9080
Employment Security	800.318.6022
EvenStart	425.204.2243
K.C. Work Training	206.296.5220
Multi-Service Employment	253.838.6810
Puget Sound Training Center	425.656.5950
Refugee Federation Service	253.859.3718
Somali Community Services	206.335.3704
Ukrainian Community Ctr	425.430.8229
WA State Apprentice Coordinator	206.835.1027
Washington Women in Need	425.451.8838
WA Women's Employment Edu.	253.859.3718
WorkSource	206.205.3500
Youth Source	206.205.3510
YWCA Homeless Intervention	253.850.2181
YWCA Youth Options	206.205.3138

Food

Dept. of Social & Health Services (Food Stamps)	206.341.7434
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Emergency Feeding Program	206.329.0300
Family Food Hotline	888.436.6392
Food Wkr Hotline/Pub Hlth	206.296.4791
Friendly Kitchen	425.255.6106
1800 Innex NE, Renton	
Thursday 5:30pm	
Des Moines Area Food Bank	206.878.2660
22225 9th Ave S., Des Moines	
Monday, Wednesday, Friday 9:00am-11:45 pm	
3rd Tuesday of Month 6:00pm-8:00pm	
Highline Area Food Bank	206.433.9900
18300 4th Ave S., Burien	
Tuesday 10:00am-12:00pm	
Thursday 12:00pm-2:00pm	
2nd Tuesday of Month 5:30pm-7:30pm	
Meals on Wheels	206.448.5768
Salvation Army White Center	206.767.3150
WIC	206.296.4700

Health/Medical/Dental

Basic Health Plan of WA	800.660.9840
Ctr for Multi-Cultural Health	206.461.6910
Community Health Access	800.756.5437
HealthPoint SeaTac	206.277.7200
Dental- Kent	253.796.4071
D.S.H.S -Medicaid	206.341.7434
Family Help Line	800.932.4673
Highline Medial Center	206.244.9970
HIV/STD Hotline	800.932.4673
Homeless Health Care	206.296.5091
NW Medical Team Mobile	
Dental Care	425.226.1027
Partnership for Prescriptions	877.923.6679
Planned Parenthood of Kent	253.854.2343
Youth Health Center	206.244.0180