City of SeaTac
2017 - 2018 Guide to Human Services Providers

Apprenticeship and Non-traditional Employment for Women (ANEW) **206-381-1384**
Provides employment navigation, training and support services for anyone who would like to earn a family wage career in the construction trades.

Auburn Youth Resources
Street Outreach **253.350.2802**
Locate, establish contact with and provide cased management services to homeless and runaway youth. Provides shelter for ages 18-24. Drop-in M-F, 7-9 PM

Crisis Clinic
Community Info Help Line **Call: 2.1.1**
24-Hour Crisis Line **206.461.3222**
Website **www.crisisclinic.org**
Teen Link **www.866.teenlink or 1.866.833.6546**

Catholic Community Services
Emergency Assistance **253.850.2523**
Provides emergency financial assistance to support basic needs, including shelter, rent, utilities and local transportation and food. Fridays 10 AM - 12 PM

Catholic Community Services
Volunteer (Chore) Services **206.328.5787**
Provides chore services to low income seniors and adults with disabilities to help them live independently; includes house and yard work, transportation and respite care.

Child Care Resources **206.329.1011**
Provides child care information and referral services to parents; provides technical assistance and workshops to licensed child care providers.

Children's Therapy Center **253.854.5660**
Provides therapy services for ages birth to eighteen with developmental delays and disabilities.

Domestic Abuse Women's Network (DAWN)
24-hour Crisis Line, Shelter Services, Advocacy, and Children's Programs **425.656.7867**
Provides a confidential phone line to answer calls 24-hrs, 7 days a week for victims of domestic violence in crisis and needing immediate resources. Provides confidential shelter and advocacy services for victims and their children as well as education for the community and schools.

Des Moines Area Food Bank **206.878.2660**
22225 Ninth Ave. South, Des Moines
Provides food bank services, referrals, school weekend backpacks, monthly cooking classes and summer meals for kids.
Mondays, Wednesdays and Fridays 9 - 11:45 AM
3rd Tuesday of every month from 6 - 8 PM
3rd Tuesday of every month from 5 – 6:30 PM Dinner

HealthPoint
Primary Medical & Natural Medicine **206.277.7200**
Midway Dental **206.870.3600**
Provides health and dental services to low-income, uninsured and other City residents on a sliding scale fee. Medicaid/Medicare/Private insurance accepted.

Highline Area Food Bank
18300 Fourth Ave. S., Burien **206.433.9900**
Provides food bank services and referrals.
Tuesdays from 12:30 PM to 2:30 PM
Thursdays from 10 AM to 12:30 PM
2nd Tuesday of every month 5:30 PM to 7:00 PM

Hospitality House
Women's Shelter Program **206.242.1860**
Provides a nine-bed shelter for homeless women including case management, food, social/life skills, employment support and advocacy.

Institute for Family Development
Parents and Children Together **253.874.3630**
Provides in-home family counseling to improve parenting skills, child behavior and overall family functioning.

King Co. Bar Association **English 206.267.7090**
Housing Justice Project **Spanish 206.267.7091**
Walk-in clinic located in King County Superior Courthouses providing free legal assistance to low income residential tenants facing eviction **Monday – Friday: 8:00 - 10:30 AM**
Monday: 3:45 – 5:00 PM/ Downtown Courthouse

King County Bar Pro Bono Services Neighborhood Legal Clinics **206.267.7070**
Provides 30 minutes of free legal advice with attorneys regarding civil issues at one of 39 clinics throughout King County. Clinics in both general and specialty areas are available.

King County Sexual Assault Resource Center
Sexual Assault Services **1.888.998.6423**
Provides crisis intervention, information, therapy and advocacy to victims of sexual assault all ages; 24-hour crisis line; prevention and education services. Services provided in English & Spanish.

SeaTac Police Community Service Officers
Officer Mechee Burnett 206.973.4917 – Officer Sana Wight 206.973.4915
Call 206.973.4815 or dial 2-1-1 for more information

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Literacy Source/ELL Services 206.782.2050
Provides learner centered instruction to adults in English literacy and basic life skills. Pre-registration not required.

Lutheran Community Services NW 206.816.3250
Family Resource Center
Provides a variety of family and community building activities (education, information, resources and support) to refugees, immigrants and the general public.

Multi-Service Center
Emergency & Transitional Housing 2.1.1
Provides support services and housing to homeless families and individuals in crisis.

Emergency Assistance Program 253.893.0024
Provides emergency financial assistance for rent and utility assistance to residents.
Tuesdays 9:30 AM - Noon

Energy Assistance Program
"24/7" Appointment line 253.517.2263
Provides emergency financial assistance to low-income households to pay energy bills.

Navos – Lake Burien Campus
Outpatient Counseling Services 206.248.8226
Provides counseling services to families in crisis in the home, school or other community location.

Puget Sound Regional Fire Authority
FD CARES Program Message only 253.856.2263
The Fire Department Community Assistance, Referrals and Education Services program, referred to as FD CARES, is a fire agency-based community injury and illness prevention program.

SafeFutures Youth Center - Comprehensive Case Management 206.938.9606 ext. 106
At-RiskYouth (ages 12-19) receive case management and explore career and create an individual academic plan for long-term engagement in school.

City of SeaTac
Domestic Violence Prevention/Cases 206.973.4634
Provides case management, advocacy, referrals, and support to survivors of abuse and education about domestic violence.

City of SeaTac Recreation Scholarship
SeaTac City Hall 206.973.4815
Provides fee assistance for Parks and Recreation programs in brochure to income eligible residents.

City of SeaTac Minor Home Repair
SeaTac City Hall 206.973.4815
Provides a variety of home repair services to low and moderate-income homeowners in SeaTac

King Co. Major Home 206.263.9095
Repair Program
Provides major home repair for the City's low and moderate-income residents on a grant and/or loan basis.

Somali Youth & Family Club
Early Learning & Case Management 206.246.5443
Provides case management and early learning support to families

Sound Generations
Meals-on-Wheels 206.448.5767
Delivery of nutritious meals on a regular basis to eligible home-bound residents over the age of 60.

Sound Generations
Volunteer Transportation 206.448.5740
Volunteer drivers provide round-trip transportation to the seniors 60 years & older to medical and other essential appointments.

Sound Mental Health – PATH 206-444-7800
Provides outreach and case management for homeless adults and families, and those at risk of homelessness, who struggle in accessing shelter, housing, primary care, mental health and/or substance use disorder treatment, basic needs, and employment.

SW Youth & Family Services/New Futures
Child and Family Support Services 206.901.0180
Provides family support and after-school programs at Windsor Heights Apartments in SeaTac.

Tukwila Pantry
3118 South 140th Street 206.431.8293
Provides food bank services and referrals.
Tuesdays -Thursday & Saturday 12:30 - 2:30 PM
Tuesday Dinner 5:30 - 6:30 PM

YMCA Matt Griffin
Youth Programs 206.244.5880
Provides individuals and families access to nutrition, healthy activities, kindergarten readiness and after school programs.

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