

# City of SeaTac

## Healthy Communities Workshop

June 30, 2015  
5:00 PM

City Hall  
Council Chambers

**CALL TO ORDER:** Deputy Mayor (DM) Tony Anderson called the meeting to order at 5:00 p.m.

**COUNCIL PRESENT:** DM Tony Anderson, Councilmembers (CMs) Kathryn Campbell, Terry Anderson, and Dave Bush. Absent (excused): Mayor Mia Gregerson and CMs Ladenburg and Fernald.

**ADMINISTRATIVE STAFF PRESENT:** City Manager Todd Cutts, City Attorney Mirante Bartolo, City Clerk Kristina Gregg, Assistant City Manager (ACM) Gwen Voelpel, Principal Planner Steve Pilcher, Economic Development (ED) Manager Jeff Robinson, Human Services (HS) Program Manager Colleen Brandt-Schluter, and Senior Planner Kate Kaehny.

**OTHER PARTICIPANTS PRESENT:** Healthy Community Planning, LLC - Kara Martin, King County (KC) - Kirsten Wyses and Cheryl Markum, Healthy KC Coalition - Val Thomas-Matson, Seattle Children's Hospital - Victoria Garcia, Global to Local - Adam Taylor, Matt Griffin YMCA - JD Hill, Forterra - Becca Meredith, Lutheran Community Services (LCS) - Zac Eskenazi, Des Moines Area Food Bank (DMAFB) - Kris Van Gasken, YMCA of Greater Seattle - Nathan Phillips, Public Health Seattle KC - Julie West.

### WELCOME AND INTRODUCTIONS

Ms. Brandt-Schluter reviewed the agenda for this workshop regarding food security.

Healthy Community Planning representative Kara Martin presented the City Council Communities Goal and the purpose of the workshop: build multi-sector partnerships, develop lasting self-sustaining solutions, and create opportunity through policies, funding priorities and everyday work.

KC Public Health representative Kirsten Wyses presented the food security and demographic data for SeaTac and KC, including map of healthy and unhealthy establishments with the percent of obese adults. SeaTac is in the higher percent of obese compared to other areas in KC. The number of SeaTac youth on free and reduced price lunch is about twice the amount of the rest of KC.

### COUNTY LEVEL STRATEGIES AND RESOURCES AT WORK

Ms. Martin presented food security efforts and initiatives at the county level and in the SeaTac community. She also detailed the KC Local Food Economy Initiative.

Ms. Wyses reviewed a partnership of the Seattle Foundation, KC and others called Communities of Opportunity. The goal is to improve outcomes in communities with much to gain.

Healthy KC Coalition representative Val Thomas-Matson presented Partnerships to Improve Community Health (PICH).

Seattle Children's Hospital representative Victoria Garcia reviewed the PICH grant stating that there is targeted funding for the South Seattle & South KC area as well as place-based communities of SeaTac and Kent.

### IMPLEMENTING AT THE COMMUNITY LEVEL: SEATAC COLLECTIVE IMPACT/INNOVATIVE APPROACHES

DMAFB representative Kris Van Gasken reviewed the services the food bank provides.

SeaTac Senior Planner Kaheny reviewed the policies the City has been working on: Communities Putting Prevention to Work (CPPW) grant, major Comprehensive Plan (CP) update, and PICH grant.

Global to Local representative Adam Taylor, representing the Food Innovation Network, explained the purpose of the network. The goal is finding self-sufficiency in the community around a food economy and also improving access to food along the way.

YMCA Executive Director JD Hill introduced YMCA Regional Executive Nathan Phillips who shared services provided at the YMCA, in the community, and with food system partners.

LCS representative Zac Eskenazi presented services provided at the Angle Lake Family Resource Center (ALFRC) regarding nutrition education. He detailed a recent program called First Foods – a nutrition program to improve the long-term health of underserved families by focusing on the nutritional needs of infants/young children in a culturally appropriate, low-cost and effective way.

### **DISCUSSION / QUESTIONS AND ANSWERS**

Ms. Brandt-Schluter reminded Council the reason for using this format to present information is to show how much everyone is working together.

Discussion ensued regarding the services provided by the various groups.

Mr. Cutts thanked everyone for their efforts and encouraged everyone to consider ways to market as one comprehensive program for the end user.

Discussion also ensued regarding how the different groups are reaching out to inform people about their services.

Ms. Brandt-Schluter questioned how the City can support the various approaches. The following responses were provided: continue funding human services at the current level and increase if possible, be a partner in carrying the message, and land use, consider what is being put on the ground in SeaTac.

**ADJOURNED:** DM A. Anderson adjourned the retreat at 6:28 p.m.